

Event Report on

**Tips on Personality Transformation and Art of Communication**

**Thursday, March 23, 2023**

The Centre for Career Guidance and Development (CCG&D), Integral University, organized a session on guidelines for personality transformation and art of communication for undergraduate students of Biotechnology, Food technology, Computer Science & Engineering, Electronics & Communication Engineering, Electrical Engineering, Mechanical Engineering and post graduate students of Computer Application. **Mr. Surendra Saini, with more than 11 years of experience as PD / PI, Grammar and GD trainer**, commenced the session with the fundamentals of introducing oneself. He went over acceptable handshakes and farewell gestures when meeting new people, as well as frequent English grammar errors people commonly make when introducing themselves, particularly in an interview. The workshop was attended by more than 60 students.

**Ms. Ashna Ahmed, with 7 years of experience in Education and in Public Speaking**, spoke about the finer points of the English Language, which might be useful in both a person's personal and professional life. She emphasised the point that even if one doesn't remember grammar rules, he or she can still speak proper English if they practise it every day, either with friends and family or by themselves in front of a mirror. **The American Academy for Language's Managing Director, Ms. Deepa Sharma**, outlined the key considerations to keep in mind when giving a public presentation, doing an interview, or meeting individuals with higher positions or titles.

The event was coordinated by Ms. Huma Iqbal from CCG&D. After the presentation, the students posed a variety of questions to the team of specialists. Overall, the workshop encouraged students to keep honing their communication abilities via continual practise; also, they should endeavour to get over their shyness and lack of confidence to give their personalities a completely new dimension.

Glimpses of the session:



Top Left: Ms. Deepa Sharma, Managing Director American Academy making a presentation



Top Right: Mr. Surendra Saini, Personality Development Trainer making a presentation