



INTEGRAL UNIVERSITY, LUCKNOW

Center for Career Guidance & Development

Creating Possibilities.....Enabling Growth

Event Report: Seminar On “Women’s Health” By Dr. Priyanka Gupta Manglik

Tuesday, 14th May 2024

The Centre for Career Guidance and Development (CCG&D)-Integral University, organized a seminar on Tuesday, 14th May 2024. It was aimed at B. Tech / B.Com / BCA / MCA /B. Sc (Nursing) / ANM/ GNM - 2024 and 2025 Batch (Final / Pre Final year) (Only For Female Candidates). The session was conducted by **Dr. Priyanka Gupta Manglik (MBBS, DNB (Obstetrics and Gynecology))**. The focus of the seminar was on female health including some common problems occurring in day to day life. 60 participants attended the workshop and were benefited by it.

The workshop aimed to equip students with the necessary knowledge and prevention of issues related to Menstrual Health, PCOS and STD. They were educated on the Signs/Symptoms to identify the issue with guidance on taking necessary precautions which could save them from these diseases.

Dr. Manglik's expertise and knowledge as a Gynecologist educated all the female participants including students and faculty members. Which helped them to gain valuable information related to health issues faced by most of the females in today's environment. She also provided information on home remedies like meditation, yoga, practicing personal hygiene which can be adopted as precautionary measures to fight against the issues related to Menstruation, PCOS and STD.

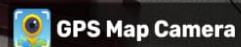
CCG&D ensured a seamless and productive event for the female participants which was efficiently coordinated by- **Mohammad Shahnawaz, CCG&D**. The seminar created awareness amongst all, so that they could lead a healthy life without facing any challenge. Post the seminar **Dr. Priyanka Gupta Manglik** opened One on One consultation with the participants to solve in the queries related to their health.

Various such sessions will be conducted by CCG&D in the future for the female students and staff members to create necessary awareness amongst all.

Glimpses of the session:



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Lat 26.957841°
Long 81.000062°
14/05/24 11:57 AM GMT +05:30





Dr. Priyanka Gupta Manglik making a Presentation