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To make registration, Kindly fill the
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Registration Fee

Till 1st June 2017:
Registration fee: Rs. 800
After 1st June 2017 & Spot
Registration fee: Rs. 1000
Payment Option: Cash/NEFT/Draft
Bank Details
Name of Bank: Punjab National Bank
A/C Name: National Symposium
on Sleep 2017
A/C Number: 4786000100015987
IFSC Code: PUNB0478600
Branch: Dasauli, Integral University



Integral University

Integral Institute of Medical Sciences & Research, Lucknow

National Symposium cum

Workshop On Sleep, 17th June 2017

Organized by Department of Physiology & Department of Medicine, IIMS&R
under the aegis of Human Resource Development Centre, Integral University, Lucknow



Organizing Partner



Midland Hospital & Research centre, Lucknow

Welcome Letter

Dear Friends,

It gives us immense pleasure to invite you on behalf of the organizing committee to the National Symposium cum workshop on Sleep on 17th June 2017. The symposium aims to gather galaxies of experts having vast experience in sleep disorder. The symposium covers the latest update on sleep in the form of scientific deliberation. In addition to this, program also gives a golden opportunity to interact with learned experts & gain latest hands on experience on sleep. We anticipate your proactive participation in making this program a grand success & fruitful. We assure you a memorable scientific feast at symposium.

KEY SPEAKERS



**Dr. Tripat
Deep Singh**

International Sleep Expert
Singapore



Prof. B.P. Singh

Lucknow



**Prof. Jyoti
Dwivedi**

Dehradun



**Prof. Anuj
Maheshwari**

Lucknow



Prof. Nursing Verma

Lucknow



Prof. S.C. Tiwari

Lucknow



Organizing Chairperson

Dr Seema Singh
Prof & Head
Deptt. of Physiology,
IIMS&R, IU, LKO
Mo. 9451993425



Organizing Secretary

Dr N R Gupta
Assist. Prof.
Deptt. of Medicine,
IIMS&R, IU, LKO
Mo. 8052704623



Symposium Secretariat

Department of Physiology & Department of Medicine, IIMS&R, Integral University

Email: sleepupdateiimsr2017@gmail.com

SCIENTIFIC PROGRAM SCHEDULE : 17 JUNE 2017

Registration	8:30am to 9:30am		
Inauguration	9:30 am to 10:30 am		
High tea	10:30 am to 11:00 am		
Session	Speakers	Chairperson	Topic
Session 1 11:00 am-11:20 am 11:20 am-11:40 am Panel Discussion 11:40 am-11:50 am	Dr. Tripat Deep Singh (TDS) Prof Nar Singh Verma (NSV)	Prof Sunita Tiwari Prof Ashok Chandra Dr. Vivek Agrawal	- Newer Diagnostic Modalities for the study of sleep (By TDS) - Aberration of sleep Physiology in Present day context & its implication (By NSV)
Session 2 11:50 am-12:10pm 12:10 pm-12:30 pm Panel Discussion 12:30 pm-12:40 pm	Prof. B P Singh Prof. Anuj Maheshwari	Prof. Jalees Fatima Dr. R P Elhance Dr. Archana Ghildiyal	- Overview of sleep disorders special emphasis on OSA (By BPS) - Sleep & Metabolic Syndrome (By AM)
Session3 12:40 pm-1:00pm 1:00 pm-1:20 pm Panel Discussion 1:20 pm-1:30 pm Lunch	Prof. Jyoti Diwedi Prof. S.C. Tiwari 1:30 pm to 2:30 pm	Prof. Sudhir Malhotra Prof. Aleem Siddiqui Dr. Anurag Agrawal Prof. Salil Kr. Srivastava	- Sleep less sleep & stress disorder (By JD) - Newer Armamentarium of drugs for sleep disorder (By ZH)
Poster Session	1:30 pm to 2:30 pm	Co-ordinators Prof. Rubeena Bano Dr. S M A Waseem	
Session4 Workshop 11:30 am to 4:30 pm	Resource Persons Prof. B P Singh Dr. Prabhat Singh	Co-ordinators Prof. Charu Singh Dr. Arvind Kumar	
Valedictory function Prize/Certificate Distribution	4:30 pm-5:00 pm		
High tea	At 5:00 pm		

Special Attraction

Hands on Workshop on Sleep

- ➔ Sleep Study
- ➔ C PAP
- ➔ BI PAP

Poster Competition on Sleep

for UG & PG Students
Contact-9451993425

Essay Competition on sleep

for MBBS, Physiotherapy & M.Sc Students
Contact-9044684353

ORGANIZING COMMITTEE

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Dr. Sana Jamali

Dr. Jai Narayan

Speakers

Prof. B P Singh (Lucknow)

Dr. Tripat Deep Singh (Singapore)

Prof. Narsingh Verma (Lucknow)

Prof. Anuj Maheswari (Lucknow)

Prof. S.C. Tiwari (Lucknow)

Prof. Jyoti Diwedi (Deharadun)

Session Chairperson

Prof. Ashok Chandra

Dr. R P Elhance

Prof. Sunita Tiwari

Prof. Sudhir Mehrotra

Prof. Jalees Fatima

Dr. Vivek Agrawal

Dr. Archana Ghildiyal

Dr. Aleem Siddiqui

Dr. Anurag Agrawal

Prof. Salil Kumar Srivastava

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