

Objective

To work in an environment which encourages me to succeed and grow professionally where I can utilize my skills and knowledge appropriately to teach and share my experience and knowledge theoretically as well as practical knowledge as well.

Organized and dependable candidate successful at managing multiple priorities with a positive attitude. Willingness to take on added responsibilities to meet team goals.

To seek and maintain full-time position that offers professional challenges utilizing interpersonal skills, excellent time management and problem-solving skills.

Hardworking and passionate job seeker with strong organizational skills eager to secure entry-level lecturer position. Ready to help team as well as my students to achieve their goals.

Experience

- Rajan Eye Care** 10/06/2019-10/09/2019

OPTOMETRIST

I completed my 3months internship as an optometrist in rajan eye care hospital chennai.

I interviewed and examine patient with full range of vision problems and consulted medical charts for the diagnosis.

Referred patients with pathological condition to an ophthalmologist for additional examination.

Have the experience to diagnose amd manage the respective cases.

Leveraged full field of optometric instruments and equipments to determine patients visual acuity,amplitude of accommodation and refractive state of the eyes and many other parameters..

- Trinity Optics Chennai** 11/09/2019-12/12/2019

OPTOMETRIST

I have worked as an optometrist for 3 months in Trinity optics chennai.

Prescribed refractive error corrections such that spectacles as well as contact lenses.

Conducted timeframe inventory of eyeglasses frame and prescription contact lenses and maintained stocklevels and submitted orders to the vendors

Demonstrated respect, friendliness and help wherever needed to the patient.

Contact

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Personal Details

- Date of Birth : 15/11/1998
- Nationality : Indian
- Marital Status : Single

Skills

Vision therapy	100%
Eyeglasses prscription	100%
Disorder diagnosis	100%
Eyeglasses alignment	100%
Team work	100%
Counseling patients	100%

Language

- English
- Hindi
- Punjabi
- Tamil

Interests

- I like to travel to new places
- Baking
- Singing
- Dancing
- Learning new languages
- Learning new concepts and applying them in daily basis

- Indian Vision Institute Chennai 12/12/2019-12/01/2021

OPTOMETRIST

I worked as an optometrist for 1 months as an intern in Indian Vision Institute, chennai.

I went for several camps in rural areas nearby and prescribed them with refractive correction and counselled them for cataract surgery.

Made them go through the schemes for cataract surgery and for eyeglasses for old and low financial people and kids.

- Srm Hospital Chennai 14/01/2020-15/04/2020

OPTOMETRIST

Worked as an optometrist intern with ophthalmologist in SRM hospital chennai for 3 months.

Done full optometric workup, low vision workup, contact lens workup and binocular vision workup.

- Integral University
Currently working as Lecturer in Paramedical Sciences (Optometry) since February 2023 to Current.

Education

- Lucknow Public School

10th And 12th

- Srm Medical College And Research Centre 15/07/2020

B.Optom

- Bharati Vidyapeeth University 01/12/2022

M.Optom

Projects

- The impact of spectacle scratches on visual performance optometry
- Functional vision and motor skill assessment and efficacy of vision therapy in badminton, basketball and lawn tennis players. optometry

Ritvika Raj Verma