

NATIONAL YOUTH DAY

11th - 12th January

INTERNATIONAL NATIONAL YOUTH DAY

YOUTH IS HAPPY BECAUSE IT HAS THE CAPACITY TO SEE BEAUTY. ANYONE WHO KEEPS THE ABILITY TO SEE BEAUTY NEVER GROWS OLD.

YOUTH WITH NATIONAL YOUTH DAY

शुद्धीय युवा दिवस

"Youth in itself is a talent but this talent perishes with time."
 "Youth is the gift given to all by nature, value it and use it wisely. "YOUNG PEOPLE NEED MODELS TO FOLLOW AND NOT CRITICS AROUND THEM

NAILA ZAHEEN. BPT 1ST YEAR

BACHELOR OF PHYSIOTHERAPY

FIRST YEAR Youth Call For Green Environment

LISTEN TO THE HEART IN THE CLASH OF HEART AND MIND.

"The duty of the youth is to change corruption."

We Are The Nation, The Change!

NATIONAL YOUTH DAY

National Youth Day is celebrated on January 12 every year to mark the birth anniversary of Swami Vivekananda -- a "great Indian youth icon".

"Swami Vivekananda accorded great importance to youth power towards nation-building and universal brotherhood. Swami Ji considered education to be a continuous process in which all aspects of life, such as physical, intellectual, emotional, mortal and spiritual should be imbibed. His contribution to the creation of a new modern India is incredible."

"Strength is Life, Weakness is Death."
 Expansion is Life, Contraction is Death."
 Love is Life, Hatred is Death."
 -Swami Vivekananda

You have to grow from the inside out. None can teach you, none can make you spiritual. There is no other teacher but your own soul.

DATE	LOCATION	NATIONAL YOUTH DAY
12 Jan 2021	INTEGRAL UNIVERSITY, KURSI ROAD, LUCKNOW	Md Shadab B.pt 1st year

NATIONAL YOUTH DAY 2021

STRENGTH IS LIFE. WEAKNESS IS DEATH.

ALL THE POWERS IN THE UNIVERSE ARE ALREADY OUR. IT IS WE WHO HAVE PUT OUR HANDS BEFORE OUR EYES AND CRY THAT IT IS DARK

Take up an idea, make that one idea your life, think of it, dream of it, let the brain, muscle, nerve, every part of your body be full of that idea and just leave every other idea alone. This is the way to success.

Submitted by - ANJALI YADAV, BPTH FINAL YEAR (INTEGRAL UNIVERSITY)

SWAMI VIVEKANANDA'S WORK
 Vivekananda was 'Orator of divine right & messenger of Indian wisdom to the western world.'

On 11 September 1893 in Chicago he stunned the world with his great spiritual knowledge.

HE WAS FOUNDER OF 'RAMKRISHNA MISSION', RAMKRISHNA MATH, VEDANTA SOCIETY OF NEW YORK.

His spiritual teachings reflect very beautifully in his books. Some of his famous books include Bhakti Yoga, Raja Yoga, Karma Yoga, The East & The West, Pearls of wisdom, Jnana Yoga, My India, The India Eternal, Practical Vedanta. He also wrote many poems and songs.

WHAT WE ARE WHAT OUR THOUGHTS HAVE MADE US: SO TAKE CARE ABOUT WHAT YOU THINK WORDS ARE SECONDARY, THOUGHTS LIVE; THEY TRAVEL FAR. -SWAMI VIVEKANANDA

AN introduction
 Swamivivekananda 12 January 1863-4 July 1902
 Earlier Narendranath datta was an Indian Hindu monk. Son of Vishwanath datta & bhuvaneshwari devi, was born in Calcutta.

HE WAS CHIEF DISCIPLE OF INDIAN MYSTIC RAMKRISHNA PARAMHANSA. HE WAS A KEY FIGURE IN THE INTRODUCTION OF THE INDIAN PHILOSOPHIES OF VEDANTA & YOGA TO WESTERN WORLD AND CREDITED WITH RAISING INTERFAITH AWARENESS. HE IS PERHAPS BEST KNOWN FOR HIS SPEECH WHICH BEGAN WITH THE WORDS "SISTERS & BROTHERS OF AMERICA..." IN WHICH HE INTRODUCED VEDANTA AT THE PARLIAMENT OF THE WORLD. IN INDIA HE IS REGARDED AS PATRIOTIC SAINT & HIS BIRTHDAY IS CELEBRATED AS 'NATIONAL YOUTH DAY'.

Swamivivekananda had tremendous intellect, his unique contribution always enlighten and awakens. He was great spiritual leader and social reformer.

This simple real life story is a glimpse of that the work is hard beyond issues of community, caste, creed, gender & nationality.

Arise! Awake! And stop not until the goal is reached.

Protecting and mobilizing youth in COVID-19 response

Change Our World

"Youth Engagement for Global Action"

"Youth is the gift given to all by nature, value it and use it wisely."

Arise! Awake! and stop not until the goal is reached.

You are the creator of your own destiny
 SWAMI VIVEKANANDA

SYED SHAQUIB AFTAB
 BPT 1ST YEAR 2020-21

"When the real history of India will be unearthed, it will be proved that, as in matters of religion, so in fine arts, India is the primal Guru of the whole world."

- Swami Vivekananda

Arise, awake and donot stop until the goal is reached.

SATTWIK DUTTA
 2ND YEAR

NATIONAL YOUTH DAY
 12th January

YOUTH LIFE IS THE MOST PRECIOUS LIFE. THIS IS THE TIME TO DECIDE YOUR FUTURE - WHILE YOU POSSESS THE ENERGY OF YOUTH, NOT WHEN YOU ARE WORN OUT AND 'JODDED' BUT IN THE FRESHNESS AND VIGOUR OF YOUTH. TALK TO YOURSELF ONCE IN A DAY... OTHERWISE, YOU MAY MISS MEETING AN EXCELLENT PERSON IN THIS WORLD.

- Swami Vivekananda

STRONG SPIRIT STRONG MIND

dogmatism intolerance superstition priest craft

- PROMOTES TEACHINGS OF SPIRITUAL VEDANTA
- VARIOUS SOCIAL WORK FOR YOUTH
- MOTIVATION AND IDEAL ROLE MODEL OF YOUTH

Mayla Suhail
 BPT 1st year 2020-21