

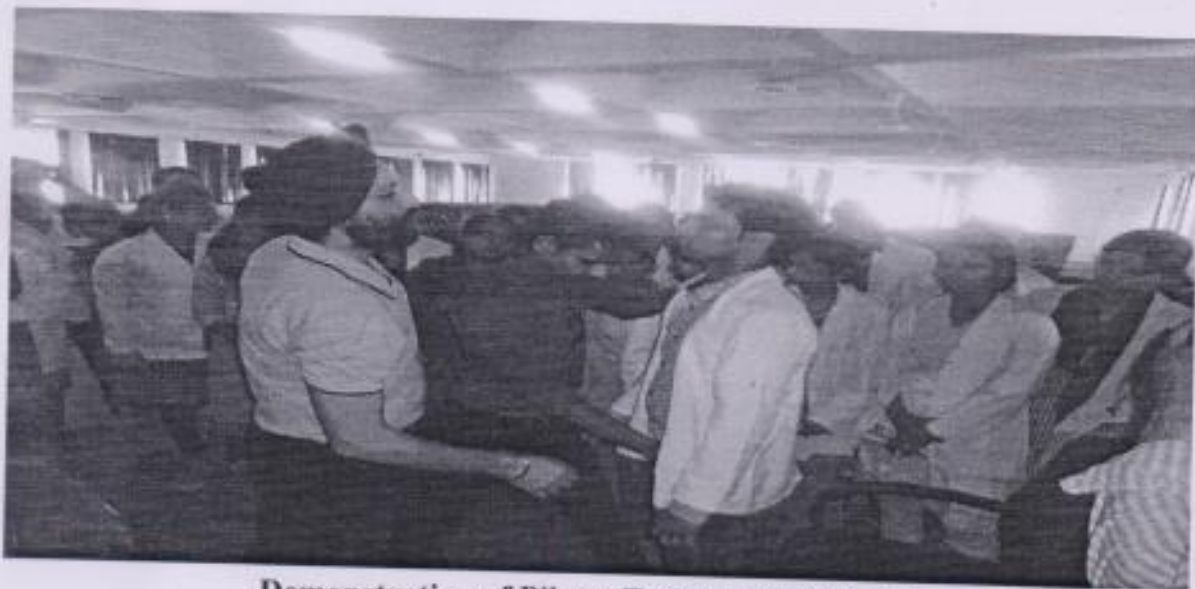
**Integral University, Lucknow**  
**Department of Physical Medicine & Rehabilitation**  
**(Physiotherapy)**

Workshop Report

A series of workshops on the occasion of **World Physiotherapy Week 2014** was conducted by the department of Physiotherapy, Integral University, Lucknow in collaboration with Era's Lucknow Medical College & Hospital on 5<sup>th</sup> September 2014 to 8<sup>th</sup> September 2014.

A short workshop on Pilates was conducted by **Dr. Ganeshan**. He provided hands on demonstrations on various techniques of Pilates.

Students from Bachelor of Physiotherapy (BPT) interns and Master of Physiotherapy (MPT) were present at the workshop. Dr. Ashfaque Khan (PT), department of PMR Physiotherapy, IIMS&R expressed his gratitude to the speaker.



**Demonstration of Pilates Technique of Models**

*4/11/14*  
*09/09/14*  
**(Dr. Ashfaque Khan)**  
Incharge, PMR (Physiotherapy)  
Head  
Deptt. of Physiotherapy