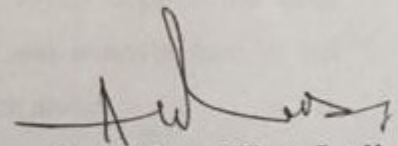


Notice

INTEGRAL UNIVERSITY, LUCKNOW Faculty of Education

Department of Education is organizing a Guest Lecture on the topic "*Stress Management for Educators*" on 27th Jan, 2018 at 9:30 AM in the Educational Technology Lab, Dept. of Education. The Guest speaker is Dr. Soni Kewalramani, Assistant Professor Deptt. of Education, Amity University, Lucknow.

Date: - 25-01-2018



Dr. Adnan Khan Lodi
Head, Deptt. of Education
Integral University, Lucknow

Head
Department of Education
Integral University, Lucknow

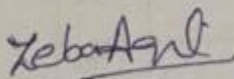
**Integral University, Lucknow
Faculty of Education
Report on Guest Lecture**

A guest lecture on the topic "Stress Management Techniques for Educators" was organised by Faculty of Education on Jan, 27, 2018 at 10:30 AM. The lecture was delivered in the Central auditorium at Hall no .4.



Dr. Soni Kewalramani
Assistant Professor, Department of Psychology,
Amity University, Lucknow.

The speaker was Dr Soni Kewalramani, Assistant Professor, Department of Psychology, Amity University, Lucknow, an eminent psychologist who covered the topic of stress in a very comprehensive manner and enlightened the students about its positive and negative impact. As She is a qualified Hypnotherapists, she conducted two stress relieving exercises also which became the most influential part of her lecture. Overall the audience was overwhelmed by her control over the subject and gave an excellent feedback also.



Dr. Zeba Aqil
Associate Professor
Faculty of Education
Integral University, Lucknow

Faculty of Education
Integral University, Lucknow
Guest Lecture

(Attendance sheet of students-B.Ed./M.Ed.)
Session 2017-18

Date: 27-01-2018

Time: 10:30 PM

Sl.no	Name	Course	Signature
1	Pina Kameen	B. Ed.	
2	सरा कानुगी	B. Ed.	
3	IFFAT ALVI	B. Ed.	IFFAT
4	Fauz Akbar	B. Ed.	Fauz
5	Anugkya Mitra	M. Ed.	Anugkya
6	Farah deeba Tajari	B. Ed.	Farah
7	Saama Afsreen Siddiqui	B. Ed.	Saama
8	Sana Amin	B. Ed.	Sana
9	Sakshi Ahmad Rishiqi	B. Ed.	Sakshi
10	Sakshi Singh	B. Ed.	Sakshi
11	Lojo Ansari	B. Ed.	Lojo
12	Aunmish Tiwari	B. Ed.	Aunmish
13	Fareeh Bano	B. Ed.	Fareeh
14	RUPA RAWAT	B. Ed.	RUPA
15	Zeba Jamal	M. Ed.	Zeba
16	Ruqaiya Khatoun	B. Ed.	Ruqaiya
17	EKTA KHARE	B. Ed.	EKTA
18	Saumya Verma	B. Ed.	Saumya
19	ERAN SIDDIQUI	B. Ed.	ERAN
20	Sandhya yadav	L. Ed.	Sandhya
21	Tushar Chakrasia	M. Ed.	Tushar
22	Anreen Khan	M. Ed.	Anreen
23	Saama Singh	B. Ed.	Saama
24	RUCHITA CHANDRA	M. Ed.	RUCHITA
25	Rojan Habi	B. Ed.	Rojan
26	RUMI JAIDI	M. Ed.	RUMI
27	Saumya Apyal	B. Ed.	Saumya
28	Mohd Afzal	M. Ed.	Mohd Afzal
29	Naziya Kalam	B. Ed.	Naziya
30	Shruti Dhimoli	B. Ed.	Shruti
31	Samra Ahmad	M. Ed.	Samra
32	Rukhsana	M. Ed.	Rukhsana
33	TASKARON	M. Ed.	TASKARON
34	Shahina Katoon	B. Ed.	Shahina

Zeba Afzil

Name & sign of Convener

Head Ak Lodi

27.1.2018

Head
Department of Education
Integral University, Lucknow

**Faculty of Education
Integral University, Lucknow**

Guest Lecture

(Attendance sheet of staff members)

Session 2017-18

Date: 27-01-2018

Time: 10:30 AM

Sl.no	Name	Designation	Signature
1	Dr. E Ahmad	A.P.	E Ahmad
2	Dr. Geelita Nidhi	Asst. Prof. (Ja)	Geelita
3	Dr. SMITA SRIVASTAVA	Asst. Prof.	Smita
4	Zeba Ajil	Associate Professor	Zeba Ajil
5	Divya Panjwani	Lecturer	Divya
6	Shabia Subuhi	Lecturer	Shabia Subuhi
7	Huma Naz	Lecturer	Huma Naz
8	Dr. Azkiya Waris	Asst Prof	Azkiya Waris
9	Dr. Faizia Qamar	Asst. Prof.	Faizia
10	Prof Md Ali Imam	Professor	Md Ali Imam
11	Mr. VIVEK ROGERS	LECTURER	Vivek Rogers
12			
13			
14			
15			
16			
17			
18			

Zeba Ajil

AKLODI

Head
Department of Education
Integral University, Lucknow