INTEGRAL UNIVERSITY, LUCKNOW

INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

DEPARTMENT OF PHYSIOTHERAPY

Ref. No: IUL/IIAHS&R/PT/Webinar/Notice/2020/129

Date: 24/08/2020

## **Notice**

As per the curriculum of Physiotherapy for enhancement and upgradation of knowledge, department of Physiotherapy is going to organize a webinar in September 2020 on the occasion of World Physiotherapy Week. In this regard a meeting is to be scheduled on the 25<sup>th</sup> August 2020 for the session 2020-21. All the faculty members are hereby, informed to be available in the HoD office at 11:30AM. Kindly attend the meeting with social distancing.

(Dr. Ashfaque Khan)
DHead, Physiotherapy
Lintegral University, Lucknow.

CC to:

1. All faculty members of Physiotherapy

2. Notice Board

## INTEGRAL UNIVERSITY, LUCKNOW INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH DEPARTMENT OF PHYSIOTHERAPY

Ref. No: IUL/IIAHS&R/PT/Webinar/Minutes/2020/130

Date: 25/08/2020

## MINUTES OF MEETING FOR WEBINAR

Department of Physiotherapy is going to organize a webinar in the month of September 2020, on the occasion of World Physiotherapy Week. In this regard a meeting was held on  $25^{th}$  August 2020 in the HoD office at 11:30AM.

The following members are attended the meeting:

- 1. Dr. Ashfaque Khan Chairperson
- 2. Dr. Abdur Raheem Khan
- 3. Dr. A.M.H.Inam
- 4. Dr. Mohd. Javed Iqbal
- 5. Dr. Neeraj Maurya 🏄
- 6. Dr. Ammar Faisal Khan 🗸
- 7. Dr. Namrata Suri
- 8. Dr. Shaikh Shohaim Mohd
- 9. Dr. Sadiya Begum

Following aspects were discussed and planned regarding participating in the Webinar 2020:

- 1. The Webinar date is proposed on 10<sup>th</sup> September, 2020 at 11:30AM to 12:30PM on the occasion of World Physiotherapy Week by the Head, Physiotherapy
- 2. The Resource person proposed for the webinar is **Dr. Himanshu Mathur (PT)**, Asst. Professor, Department of Physiotherapy, Jaipur National University, Chief Physiotherapist & Director, Jaipur Rehab.
- 3. The nomination was given by Dr. Ashfaque Khan.
- 4. The topic of presentation confirmation from speaker & faculty members was "UNVEILING LOW BACK PAIN-DIFFERENTIAL DIAGNOSIS, MANUAL THERAPY WITH DISCUSSION OF EVIDENCES".
- 5. Dr. Neeraj Maurya, Dr. Ammar Faisal Khan, Dr. Shaikh Shohaim Online contact for any query
- 6. Dr. Sadiya Begum Online welcome speech
- 7. Dr. Mohd. Javed Iqbal and Dr. A. M. H. Inam Moderator
- 8. The team of faculty members will be formed and allotted different tasks with respect to the Webinar.
- 9. Dr. Ashfaque Khan Vote of thanks

Dr. Ashfaque Khan (PT)

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## INTEGRAL UNIVERSITY, LUCKNOW INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH DEPARTMENT OF PHYSIOTHERAPY

Ref. No: IUL/IIAHS&R/PT/Webinar/Approval/2020/131

Date: 03/09/2020

To,

The Dean IIMS&R Integral University, Lucknow

### (Through Proper Channel)

Subject: Request for approval of webinar, 09th and 10th September 2020 from the department of Physiotherapy.

### Respected Sir,

With due respect we would like to state that we wish to organize a webinar, on "KEY SKILLS FOR LABOUR PREPARATION" on 09th September 2020 (06:00PM to 07:00PM) by Dr. Shagufta Parveen (PT) Co-Founder, The Birth Home Midwifery Care & Birth Center, Director & Founder, Herwellness, India's best Maternity services provider chain, Director (Women's Health), International Health Fitness Association IHFA and "UNVEILING LOW BACK PAIN-DIFFERENTIAL DIAGNOSIS, MANUAL THERAPY WITH DISCUSSION OF EVIDENCES" on 10th September 2020 (11:30AM to 12:30PM) by Dr. Himanshu Mathur (PT), Asst. Professor, Department of Physiotherapy, Jaipur National University Chief Physiotherapist, Chief Physiotherapist & Director, Jaipur Rehab.

So, I seek your kind permission for allowing us to conduct the said Webinar.

Thanking you in anticipation.

Dr. Ashfaque Khan (PT) Head, Physiotherapy

Col. (Dr.) Mukul Kumar Saxena

Director, MATIS&R

# INTEGRAL UNIVERSITY, LUCKNOW DEPARTMENT OF PHYSIOTHERAPY

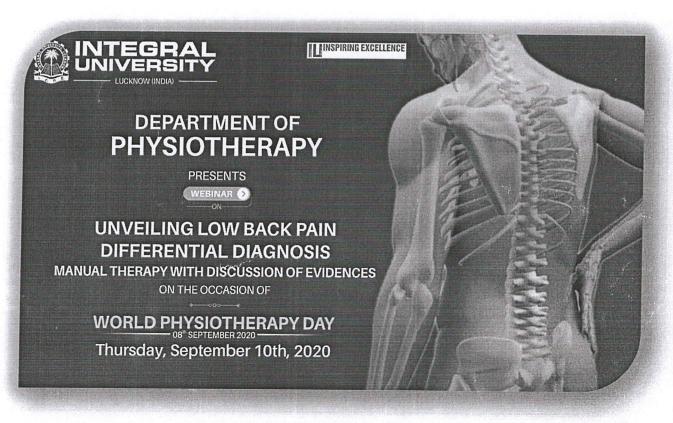


<u>Speaker</u> (Dr. Himanshu Mathur, PT)

## REPORT ON WEBINAR

A Webinar on the topic "UNVEILING LOW BACK PAIN-DIFFERENTIAL DIAGNOSIS, MANUAL THERAPY WITH DISCUSSION OF EVIDENCES" was conducted by the department of Physiotherapy, Integral University, Lucknow on 10<sup>th</sup> September 2020 on the occasion of World Physiotherapy Week.

Dr. Himanshu Mathur (PT), Asst. Professor, Department of Physiotherapy, Jaipur National University, Chief Physiotherapist & Director, Jaipur Rehab. was the invited resource person.



He explained the importance of assessment for better diagnosis in Low Back Pain. He also focused on the proper positioning and correct alignment of the body. He elaborated the differential diagnosis and manual therapy techniques used in the conditions related to low back pain.

This webinar was conducted at the Youtube Channel of Integral University. (Link: <a href="https://youtu.be/Lh2ZFadegP4">https://youtu.be/Lh2ZFadegP4</a>) which is still available. The total people registered were 150 approx.

The students from Bachelor of Physiotherapy (BPT), Interns and Master of Physiotherapy (MPT) and many others attended the webinar. Dr. Ashfaque Khan (PT), HoD department of physiotherapy expressed his gratitude to the speaker.

(Dr. Ashfaque Khan, PT) Head, Physiotherapy

Dated: 10/09/2020

List of participants attending the Webinar on Unveiling Low Back Pain Differencial Diagnosis, Manual Therapy with discussion of Evidences on 10th September 2020

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## UNVEILING LOW BACK PAIN-DIFFERENTIAL DIAGNOSIS MANUAL THERAPY WITH DISCUSSION OF EVIDENCES

ON THE OCCASION OF

## WORLD PHYSIOTHERAPY DAY

08th SEPTEMBER 2020



11:30 am to -12:30 pm (IST) Thursday, September 10<sup>th</sup>, 2020

#### **SPEAKER**

### ORGANIZED BY



Dr. Himanshu Mathur (PT)

Asst. Professor Department of Physiotherapy, Jaipur National University, Chief Physiotherapist & Director, Jaipur Rehab.



Dr. Ashfaque Khan

Head Physiotherapy Integral University, Lucknow Mobile No.: 9648110592, 9415777198

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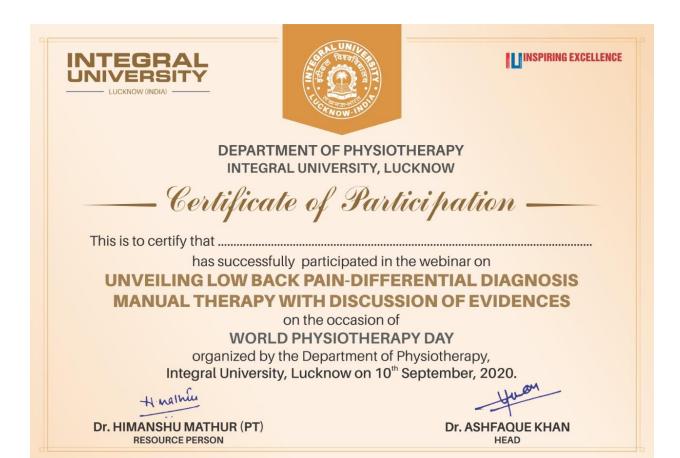
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