
Brief Report on World Environment Day and World Bicycle Day celebrated on 11th June 2022 at Integral University, Lucknow

2 messages

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Fri, Jun 17, 2022 at 10:02 AM

Dear All,

On the occasion of **World Environment Day** (5th June 2022) and **World Bicycle Day** (3rd June 2022) the Department of Environmental Science in association with Integral University Sports Academy (IUSA), conducted a number of activities in the university campus on 11th June 2022. These events are part of Azadi Ka Amrut Mahotsav being celebrated at university and are in accordance with instructions from UGC as well as Uttar Pradesh Government.

Important events Conducted were:

1. **Bicycle Run** (promoting **World Bicycle Day**'s theme "**Ride for a Cause: Be Fit Go Green**")
2. **Plantation Drive** (promoting **World Environment Day**'s theme "**Only One Earth**")
3. **Online Quiz Competition** (For sensitizing the participants towards our Earth and its Environment).

These events promoted awareness amongst the students and faculty members towards the importance of the Environment and Human Health. It is an established fact that cycling has immense health benefits for all. Cycling being an affordable, sustainable and environment-friendly means of transport keeps us healthy and fit. This year's theme for World Bicycle Day is "**Ride for a Cause: Be Fit Go Green**", which goes hand in hand with the Environment Day celebration, which was observed with the theme '**Only One Earth**'. World Environment Day is observed globally for public outreach which sheds light on the importance of nature and its conservation and focuses on living sustainably in harmony with nature.

Above mentioned events were parts of Integral University's commitment to "Goa Declaration-PACT2030" to which Integral University is a signatory and striving hard towards achieving "Sustainable Development Goals.

There were more than 70 students and faculty members who actively participated in the Bicycle Run that took place around the sports ground and Plantation Drive, which was held inside the university premises, where saplings were planted adjacent to the canteen. More than 100 students and faculty members participated in the Quiz competition, which was conducted online on 10th June 2022.

Our Guests for the event were Prof. Abdul Rahman Khan, Controller of Examinations, Prof. Syed Aqeel Ahmad, Head, Dept. of Civil Engineering and Mr. S. Z. N. Abbasi, Deputy Registrar Examinations. They all enthusiastically participated in Bicycle Ride and also in plantation of saplings along with faculty members and students from various departments.

The program was jointly convened by Prof. Monowar Alam Khalid, Dean Students' Welfare and Head of the Department of Environmental Science along with Dr Mohd. Zafar, Director, Integral University Sports Academy (IUSA). Faculty coordinators who actively participated in making this event a grand success were Dr Riyazuudeen Khan, Ms Mohsina Khan and Mr Mohd Usama from Department of Environmental Science and Ms. Sitara Sahani from Integral University Sports Academy (IUSA).

Winners of the Online Quiz Competition were as follows:

- FIRST : Mohammad Tabish (B-Tech CSE)
- SECOND : Upasna Pandey (M. Sc Biochemistry)
- THIRD : Mohd. Areeb (M. Sc Medical Microbiology)
- Consolation : Afzal Khan (B. Pharm)

The programme ended with a pledge by all to follow healthy life style practices and save trees.

Glimpses of the Event:





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Fri, Jul 15, 2022 at 11:36 AM

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