



**Integral University, Lucknow**  
**Integral Institute of Allied Health Sciences & Research**  
**College of Nursing Department**

Ref. No.: IUL/IIAHS&R/PT/GL/Approval/ 2020/13

Dated: 01/04/2020

To,

**The Principal,**  
Integral Institute of Nursing & Research  
Integral University,  
Lucknow

**(Through Proper Channel)**

**Subject:** Regarding approval for conducting Health checkup camps.

Respected Sir,

With due respect I would like to state that we would like to organize Health checkup camps which is scheduled to be held on 07<sup>th</sup> April 2020 at 10:00 am onwards. Kindly Permit to organize Health checkup camps by the nursing students.

I request you to kindly give your approval in this regard.

Thanking you in anticipation.

*AS*  
01/04/2020  
**Mr. Farzand Ali**  
**Principal**  
College of Nursing

**PRINCIPAL**  
Integral College of Nursing



# INTEGRAL UNIVERSITY

INTEGRAL INSTITUTE OF NURSING SCIENCES & RESEARCH

## REPORT ON HEALTH CAMP

The department of Nursing has organized a health camp in Sansarpur village on 7<sup>th</sup> April 2020. The event was under guidance of departmental premises by the Director IIAHS&R Dr. Ashfaque Khan, Principal IINS&R Mr. Farzand Ali, Vice Principal Soni Verma, all faculty members. The students of all first year session B.Sc. nursing, participated in this health camp.

All the students of first year of INTEGRAL INSTITUTE OF NURSING SCIENCES & RESEARCH organized (A free medical health check up camp) for below line people living in rural area of Sansarpur village on 7<sup>th</sup> April 2020. The objective of the camp was to take ECG, to measure B.P., Spo<sub>2</sub>, temperature and other health factors.

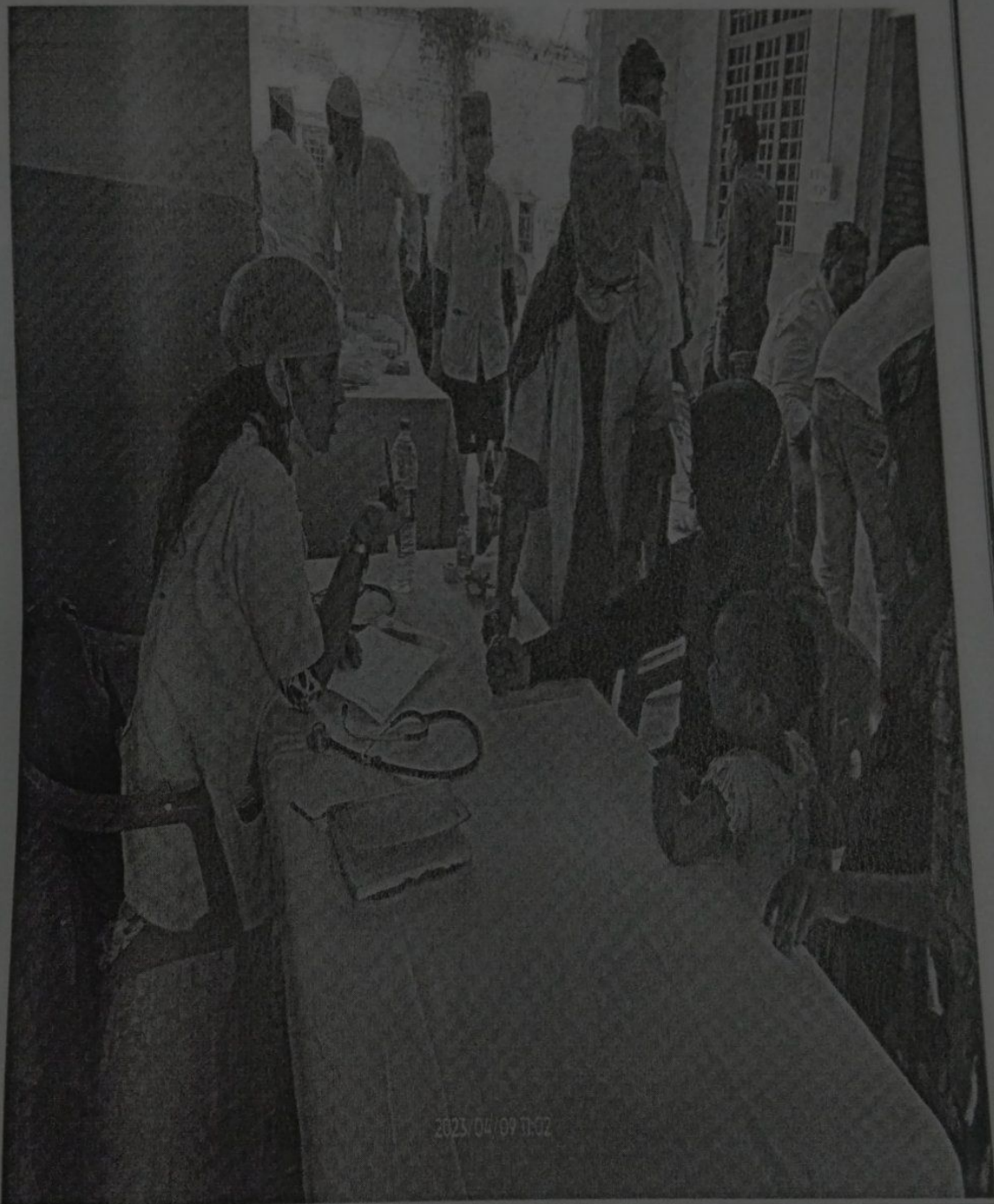
The physical examination along with ECG, to measure B.P., Spo<sub>2</sub>, temperature tests were done. Approximately 42 people participated in the camp for their health check up. The BSc. students successfully done their ECG check up on 12 channels ECG equipments. They also measured B.P., Spo<sub>2</sub>, temperature, continuous passive movements and provided reports generated by different medical equipment. Every person coming for the camp had been registered by the registration committee.

All the BSc students were divided according to task assigned in medical check up. The registration of patient was followed by B.P. measurement in the B.P. report systolic and diastolic pressure readings were mentioned according to the B.P. apparatus reading. The

quantity of oxygen present in the blood and rate of heart were measured by pulse oxymeter equipment . In the camp the multipara monitor which measure temperature of the body and electrocardiograph equipment were also kept.After doing all thew check ups a feedback counter was there to take feedbacks of various patients . In the feedback people appreciated the students and INTEGRAL INSTITUTE OF NURSING SCIENCES & RESEARCH . And the organizer of the camp as it spread awareness about the illness and preventing various diseases which poor people generally neglect .

Also, during the report the special thanks was rendered to all the parents for entrusting the college & sending their child to continue the clinical experience in Non-covid areas of the hospital during challenging times of COVID-19 pandemic.

Principal  
Integral Institute of Nursing  
970922-226026



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## INTERACTIVE SESSION

### Event Details:

Its a high impact event by **The Department of Nursing** in **INTEGRAL INSTITUTE OF NURSING SCIENCES & RESEARCH**, IINS&R topics are mentioned below:

World Health Day Event		
Main Topic	SubTopic	Objectives
Introduction	Introduction of Health camp	What is helath check ups?
Objectives	Components of a good health	Includes nutrition , excoercise , healthy diet , mental health , physical activity , body composition.
	Importance of regular health check ups	To detect medical issues , , but also to identify risk factors and illness before to start to cause problems .

*Mr. Farzand Ali*  
Principal  
IINS&R

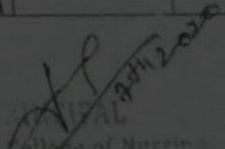
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**INTEGRAL UNIVERSITY LUCKNOW**  
**INTEGRAL INSTITUTE OF NURSING SCIENCES & RESEARCH**  
**Health Checkup Campus**

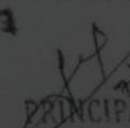
7<sup>th</sup> April - 2020

**List of the Student for Attending the Health Checkup Campus**

Name of Student	<del>Signature</del> SIGNATURE	<del>Programme</del> Programme	S.No.	Name of Student	Programme	Signature
Aarshika Khatun	Aarshika Khatun	BSc 1 <sup>st</sup> year	18.	Ayushi Mishra	BSc 1 <sup>st</sup> yr	Ayushi
Abhilasha Dahi	Abhilasha	"	19.	Ayushi Maurya	"	Ayushi
Aditya Kumar	Aditya	"	20.	Baidamati	"	Baidamati
Aditya Singh	Aditya	"	21.	Belaal Raza	"	Belaal
Aisha Rahat	Aisha	"	22.	Biki Kumar	"	Biki
Akhilesh Yadav	Akhilesh	"	23.	Bipasha	"	Bipasha
Alfiya Siddiqui	Alfiya	"	24.	Amaira Khan	"	Amaira
Anas Khan	Anas	"	25.	Duggesh Singh	"	Duggesh
Aniket Prasad	Aniket	"	26.	Brom Bano	"	Brom
Anisha Maurya	Anisha	"	27.	Palak Talwar	"	Palak
Anushka Joshi	Anushka	"	28.	Chavina Singh	"	Chavina
Aruna Alam	Aruna	"	29.	Prusa Khatun	"	Prusa
Aman Ali	Aman	"	30.	Furkan Ali	"	Furkan
Aryau Tiwari	Aryau	"	31.	Jinish Khan	"	Jinish
Ashina Bano	Ashina	"	32.	Jyoti Yadav	"	Jyoti
Asif Mukhtar	Asif	"	33.	Jyoti Yadav	"	Jyoti
Asiya Khatun	Asiya	"	34.	Kaishna Pal	"	Kaishna

  
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Sl. No.	Name	BSc	1st Year	Roll No.	Age	Year	Signature
35	Kulsum Jabbar	BSc	1st Year	55	Nitish Kumar Yadav	BSc 1st year	Nitish
36	Maharaj	"	"	56	Pratikha Yadav	"	Pratikha
37	M. Anish Kumar	"	"	57	Rohiya Khan	"	Rohiya
38	Maharaj Khan	"	"	58	Rakhi Yadav	"	Rakhi
39	Md. Sikandar	"	"	59	Rehan Alam	"	Rehan
40	Md. Zahid Hussain	"	"	60	Rishabh Kumar Gupta	"	Rishabh
41	Md. Nafes Ali	"	"	61	Rubina Khan	"	Rubina
42	Mohammad Dawood	"	"	62	Sadiya Bano	"	Sadiya
43	Mohammad Hadeed	"	"	63	Saimulab Anis	"	Saimulab
44	Mohammad Karim	"	"	64	Sakshi Tiwari	"	Sakshi
45	Mohammad Saif	"	"	65	Sami Ezzaz	"	Sami
46	Mohd. Amanullah	"	"	66	Sana Zainab	"	Sana
47	Mohd. Kashif	"	"	67	Sansita Chakraborty	"	Sansita
48	Mohd. Saif	"	"	68	Savita Gupta	"	Savita
49	Mohit Kumar	"	"	69	Sabeera Bano	"	Sabeera
50	Abideen Alam	"	"	70	Selva Anjum	"	Selva
51	Nargis Khan	"	"	71	Shahida Khan	"	Shahida
52	Neha Bano	"	"	72	Sohail	"	Sohail
53	Neha Patel	"	"	73	Sohail	"	Sohail
54	Neha Verma	"	"	74	Sohail Alam	"	Sohail

  
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