



Ref.No.: IIAHSR/DO/PT/Workshop/2023/200

Dated: 24/11/2023

NOTICE

All the faculty members of Physiotherapy are hereby notified that a meeting is scheduled to be held on 24th November 2023, in the HoD office at 12:20 PM. The agenda of the meeting is to organize the workshop in the month of November, session 2023-24 (Odd Semester).

You are requested to please make it convenient to attend the same.

Dr. A. M. H. Inam
Incharge DQAC

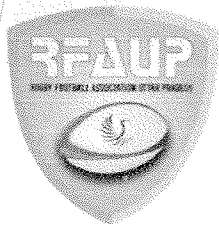
Prof. (Dr.) Abdur Raheem Khan
Head, Physiotherapy

Head
Deptt. of Physiotherapy
Integral University, Lucknow

Prof. (Dr.) Ashfaque Khan
Director (IIAHSR)

Prof. (Dr.) Ashfaque Khan
Director
Integral Institute of Allied Health
Science Research
Integral University, Lucknow

CC to:
All Concern



RUGBY FOOTBALL ASSOCIATION UTTAR PRADESH

Affiliated to Indian Rugby Football Union (IRFU), Uttar Pradesh Olympic Association (UPOA)

6th November 2023

To,
Dr. Syed Nadeem Akhtar,
Pro Chancellor
Integral University, Kursi Road
Lucknow, Uttar Pradesh - 226025

Sub: Training & Education Program - FAIR (First Aid in Rugby) Course at Integral University during the Khelo India Women's Rugby League (aka Asmita Women League)

Dear Sir / Madam,

It gives us immense pleasure to inform you that, IRFU in conjunction with the Rugby Football Association of Uttar Pradesh (RFAUP) under aegis of Sport Authority of India, Khelo India and Ministry of Youth Affairs & Sports, Government of India is hosting the Khelo India Women's Rugby League (aka Asmita Women League), the tournament will be featuring Girls teams in Senior, Junior (U18) and Sub-junior (U14) categories from different districts of Uttar Pradesh. The tournament will be held on Tuesday 28th & Wednesday 29th November 2023 at Guru Gobind Singh Sports College (Athletic Stadium), Lucknow, Uttar Pradesh.

The Khelo India Women's League (aka Asmita Women League) is an initiative to foster women participation in sports and is a flagship program under the Ministry of Youth Affairs & Sports, Government of India.

To celebrate this occasion, we would like to organized a Training & Education Program – FAIR (First Aid in Rugby) in your esteemed University where 10-15 BPT & MPT students of Integral University can attend this course. This course will be help them to attain Rugby Specific First Aid knowledge which will be a great asset for them.

The course will be a day long (6-8 hours) course which will include theory and practical sessions. To facilitate this course, we would require a classroom with projector to run the course with AV's and accomodation of World Rugby Qualified Educator/Trainer who will be conducting the program. **The course can be conducted on 26th Nov 2023 OR 27th Nov 2023 in adjoin with Khelo India Women's Rugby League (aka Asmita Women League).**

We will be highly obliged if you can allow us to host this course in your esteemed University along with the requested facilities as a goodwill gesture towards the Khelo India Women's Rugby League (aka Asmita Women League). If you require any further information, please feel free to get in touch with us.

Thank you for your kind support towards the sport.

Yours sincerely,

Mr. Amit Kumar Dey

Vice President,
Rugby Football Association of Uttar Pradesh



Dr. Ashfaq
Please arrange to host this training program & let our Physiotherapy students benefit from it.
Nadeem
21/11/2023

President : Rajesh Chand Pal
Email : sportsrajesh519@gmail.com
Mb: 9451152172

Vice President : Amit Kumar Dey
Email : amitdeyomoorugby@gmail.com
Mb: 9874757649 / 9455718056

Secretary : Mujibullah Khan
Email : mujib91@gmail.com
Mb: 9335234976

Rugby Football Association Uttar Pradesh

Add.: 12/167, L.G.F, Skyline Apartment, Picnic Spot Road, Vikas Nagar, Lucknow-226022

Email : uprugby00@gmail.com

Mob: +91 9455718056



INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY

Ref.No.: IIAHSR/DO/PT/Workshop/2023/200(1)

Dated: 24/11/2023

MINUTES OF THE MEETING

A meeting was held on 24th November 2023, regarding the organization of 3- Day Workshop in the month of November 2023. The agenda of the meeting was regarding the nomination, selection and arrangement of Workshop Guest Speaker.

MEMBER ATTENDED: The following members attended the meeting

1.	Prof. (Dr.) Ashfaq Khan	Professor, Director IIAHSR
2.	Prof. (Dr.) Abdur Raheem Khan	Professor, Head Physiotherapy
3.	Dr. Neeraj Maurya (PT)	Associate Professor
4.	Dr. Mohd Javed Iqbal (PT)	Associate Professor
5.	Dr. A. M. H. Inam (PT)	Associate Professor
6.	Dr. Ammar Faisal Khan (PT)	Assistant Professor
7.	Dr. Namrata Suri (PT)	Assistant Professor
8.	Dr. Shaikh Shohaim Mohd (PT)	Assistant Professor
9.	Dr. Sadiya Begum (PT)	Assistant Professor
10.	Dr. Taufish Ahmad (PT)	Assistant Professor
11.	Dr. Aafreen (PT)	Assistant Professor
12.	Dr. Hera Naeem (PT)	Assistant Professor
13.	Dr. Saher Ansari (PT)	Lecturer
14.	Dr. Zohra Akhtar (PT)	Lecturer
15.	Dr. Salma Iftekhara (PT)	Lecturer

DECISIONS: The following aspects were discussed and according following decisions were taken:

1. The Workshop date was proposed on 27th-29th November 2023, by HoD, timing would be from 09:30 AM. To 5 PM.
2. The name of the guest faculty proposed for the lecture will be Dr. Abdul Wahid Abdul Latif Khan Pathan, Chief Instructor, Rugby Association of India.
3. Welcome speech will be given by Dr. Namrata Suri (PT).
4. Vote of thanks will be given by Prof. (Dr.) Ashfaq Khan (PT).
5. All students from BPT & MPT final year would be allowed to attend workshop.

The Meeting concluded with the vote of thanks.

Date	Start Time	End Time	Location	Prepared by	Verified by
24.11.2023	12.20 PM	1.00 PM	Head, Room	Haider Ali	Dr. Javed Iqbal

Dr. A.M.H. Inam
Incharge DQAC

Prof. (Dr.) Abdur Raheem Khan
Head, Physiotherapy

Prof. (Dr.) Ashfaq Khan
Director (IIAHSR)

Prof. (Dr.) Ashfaq Khan
Director

Integral Institute of Allied Health
Science Research
Integral University, Lucknow

CC to:

1. All Concerned faculty members
2. Office copy

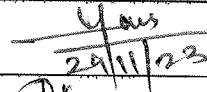
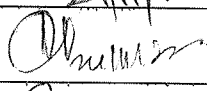
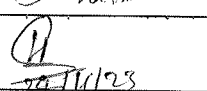
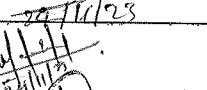

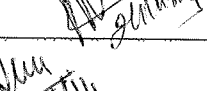
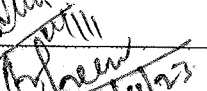
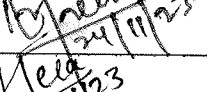
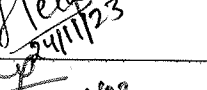
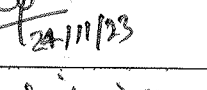
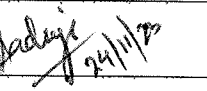
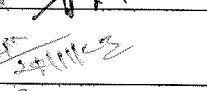
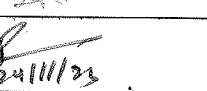
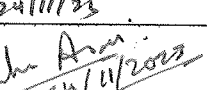
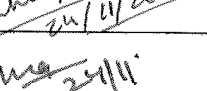
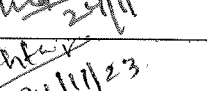
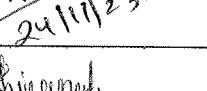



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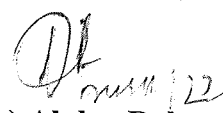
INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY

Dated: 24/11/2023

ATTENDANCE SHEETS MINUTES OF MEETING FOR WORKSHOP				
Date	Start Time	End Time	Location	Verified by
24.11.2023	12.20 PM	1.00 PM	Head, Room	Dr. Javed Iqbal
S.N.	Name of the Attendee members	Designation	Signature with Date	
1.	Prof. (Dr.) Ashfaq Khan	Professor, Director IIAHSR	 24/11/23	
2.	Prof. (Dr.) Abdur Raheem Khan	Professor, Head Physiotherapy	 24/11/23	
3.	Dr. Neeraj Maurya (PT)	Associate Professor	 24/11/23	
4.	Dr. Mohd Javed Iqbal (PT)	Associate Professor	 24/11/23	
5.	Dr. A. M. H. Inam (PT)	Associate Professor	 24/11/23	
6.	Dr. Namrata Suri (PT)	Assistant Professor	 24/11/23	
7.	Dr. Aafreen (PT)	Assistant Professor	 24/11/23	
8.	Dr. Hera Naeem (PT)	Assistant Professor	 24/11/23	
9.	Dr. Ammar Faisal Khan (PT)	Assistant Professor	 24/11/23	
10.	Dr. Sadiya Begum (PT)	Assistant Professor	 24/11/23	
11.	Dr. Tausif Ahmad (PT)	Assistant Professor	 24/11/23	
12.	Dr. Shaikh Shohaim Mohd (PT)	Assistant Professor	 24/11/23	
13.	Dr. Saher Ansari (PT)	Lecturer	 24/11/23	
14.	Dr. Salma Iftekhhar (PT)	Lecturer	 24/11/23	
15.	Dr. Zohra Akhtar (PT)	Lecturer	 24/11/23	
16.	Mr. Shivanad	MPT Sports (Students)	 24/11/23	
17.	Miss. Naila Zhaeen	BPT final Year Student	 24/11/23	


Dr. A.M.H. Inam
Incharge DQAC


Prof. (Dr.) Abdur Raheem Khan
Head, Physiotherapy

Deptt. of Physiotherapy
Integral University, Lucknow



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INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY

Ref.No.: IIAHSR/DO/PT/Workshop/2023/200(2)

Dated: 25/11/2023

To,

Dean, IIMSR

Integral University

Lucknow.

(Through Proper Channel)

Subject: Approval of workshop in the Department of Physiotherapy, reg.

Mam,

With due respect we would like to state that we are going to organizing workshop on **"First AID in RUGBY (FAIR) by Dr. Abdul Wahid Abdul Latif Khan Pathan, Chief Instructor, Rugby Association of India, through offline mode from 27th to 29th November 2023, at the Department of Physiotherapy.**

This event will help the students to enhance the clinical skills. Kindly allow to conduct the workshop and sanction the remuneration amount as per the, IIAHSR, Faculty of Medicine & Health Sciences, Integral University rules.

The Details are as follow:

Name of the resource person: Dr. Abdul Wahid Abdul Latif Khan Pathan

Designation: Chief Instructor, Rugby Association of India.

Date of the Workshop: 27th to 29th November 2023

Venue: Physiotherapy, OPD

Timing: 9 AM to 5 PM

I request you to kindly give your approval in this regard.

Thanking you in anticipation.

Prof. (Dr.) Abdur Raheem Khan
Head, Physiotherapy

Deptt. of Physiotherapy
Integral University, Lucknow.

Prof. (Dr.) Ashfaque Khan
Director (IIAHSR)

Prof. (Dr.) Ashfaque Khan
Director
Integral Institute of Allied Health
Science Research
Integral University, Lucknow



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INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY

Ref.No.: IIAHSR/DO/PT/Workshop/2023/2003)

Dated: 25/11/2023

From,

Prof. (Dr.) Abdur Raheem Khan
Department Physiotherapy
Integral University, Lucknow

To,

Dr. Abdul Wahid Abdul Latif Khan Pathan
Chief Instructor, Rugby Association of India.
Mumbai.

Subject: Invitation as a resource person for workshop on “First AID in RUGBY (FAIR)” on 27th to 29th November 2023.


Sir,


We are pleased to inform you that Department of Physiotherapy, Integral Institute of Allied Health Science & Research (IIAHSR), Integral University, Lucknow, would you like to invite as a resource person for workshop on “First AID in RUGBY (FAIR)” by Dr. Abdul Wahid Abdul Latif Khan Pathan, Chief Instructor, Rugby Association of India, on 27th to 29th November 2023, at 09:00 AM onward.

The remuneration & TA/DA will be as per the IIAHSR, Faculty of Medicine & Health Sciences, Integral University rules.

Please consider this letter as a humble invitation and kindly revert back with a positive response. It would be deeply appreciated.

Thanking you.


Prof. (Dr.) Abdur Raheem Khan
Head, Physiotherapy
Deptt. of Physiotherapy
Integral University, Lucknow


Prof. (Dr.) Ashfaque Khan
Director (IIAHSR)
Integral Institute of Allied Health
Science Research
Integral University, Lucknow




Ref.No.: IIAHSR/DO/PT/Workshop/2023/200(4)

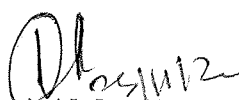
Dated: 25/11/2023


NOTICE

All the students of Physiotherapy Bachelor of Physiotherapy Final Year and Master of Physiotherapy Sports Specialization are here by informed that the workshop is to be scheduled on 27th to 29th November 2023., from 09:00 AM onwards, on **“First AID in RUGBY (FAIR)”** by Dr. Abdul Wahid Abdul Latif Khan Pathan, Chief Instructor, Rugby Association of India

All are students are requested to attend the same.


Dr. A.M.H. Inam
Incharge DQAC


Prof. (Dr.) Abdur Raheem Khan
Head, Physiotherapy
Head
Deptt. of Physiotherapy
Integral University, Lucknow


Prof. (Dr.) Ashfaque Khan
Director (IIAHSR)
Prof. (Dr.) Ashfaque Khan
Director
Integral Institute of Allied Health
Science Research
Integral University, Lucknow

Copy To,

1. Executive Director-IIMSR, IIAHSR, IINSR-For Kind Information
2. Dean/ Director IIMSR- For Kind Information
3. Medical Superintendent, IIMSR- For Kind Information
4. Dy. Medical Superintendent, IIMSR- For Kind Information
5. Director, IIAHSR
6. All HOD, IIMSR
7. All Faculty Members Physiotherapy
8. Notice Board
9. Office Copy



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INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY

Ref.No.: IIAHSR/DO/PT/Workshop/2023/200(6)

Dated: 25/11/2023

From,

Prof. (Dr.) Abdur Raheem Khan
Department Physiotherapy
Integral University, Lucknow

To,

Amit Kumar Dey
Vice President,
Rugby Football, Association of Uttar Pradesh.
Lucknow


Subject: Acceptance letter on workshop on “First AID in RUGBY (FAIR)” on 27th November 2023.

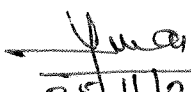
Sir,

We are pleased to inform you that Department of Physiotherapy, Integral Institute of Allied Health Science & Research (IIAHSR), Integral University, Lucknow, would you like to host the workshop on “First AID in RUGBY (FAIR)” on 27th November 2023, at 09:00 AM onward.

Please consider this letter as a humble acceptance and kindly revert back with a positive response. It would be deeply appreciated.

Thanking you.


Prof. (Dr.) Abdur Raheem Khan
Head, Physiotherapy
Head
Deptt. of Physiotherapy
Integral University, Lucknow


Prof. (Dr.) Ashfaq Khan
Director (IIAHSR)
Prof. (Dr.) Ashfaq Khan
Director
Integral Institute of Allied Health
Science Research
Integral University, Lucknow



INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY

Ref. No: IIAHSR/DO/ PT/Workshop/2023/200(5)

Date: 25/11/2022

To,

Executive Director

IIMSR/IIAHSR/IINSR

Integral University, Lucknow

(Through Proper Chanel)

Sub: Approval for staying in guest house for Resource Person.

Respected Sir,

This is to inform you that the workshop is going to be organizing in the Department of Physiotherapy, scheduled from 27th November to 29th November 2022. In this context it's my humble submission to you kindly provide the guest house (for 2 person morning breakfast and Lunch on 27.11.2023) for resource person as per the given schedule.

S.No.	Name of Examiner	Arrival Date & Time	Departure Date & Time	Stay Duration
1.	Dr. Abdul Wahid Abdul Latif Khan Pathan, Chief Instructor, Rugby Association of India	26.11.2023 10PM IUL	27.11.2023 6 PM	One day
2.	Assistant of Dr. Abdul Wahid Abdul Latif Khan Pathan, Chief Instructor, Rugby Association of India			

Kindly give your approval for staying in guest house.

Thanking you in anticipation.


25/11/23
Prof. (Dr.) Ashfaq Khan

Director, IIAHSR

Prof. (Dr.) Ashfaq Khan
Director
Integral Institute of Allied Health
Science Research
Integral University, Lucknow



INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY

Date: 27/11/2023

Attendance Sheets of workshop on "First AID in RUGBY (FAIR)" on 27th to 29th November 2023.

Date	Start Time	Venue		Location	
27.11.2023	9.00 AM	Physiotherapy, OPD		2 nd Floor, Phase-3, Medical Block	
S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/ Semester	Signature with Date
1.	Ashu Kushwaha	1700101107	MPT	2 nd Year	Ashu
2.	Shivanand	1700101861	MPT	2 nd year	Shivanand
3.	Junaid Shahzad	1700100451	MPT	2 nd year	Junaid
4.	Sumbul	1800101709	MPT	1 st year	Sumbul
5.	Atiya Shamsheer	1800103005	MPT	1 st year	Atiya
6.	Km. Tripti Chaurasia	1800101913	MPT	1 st year	Tripti
7.	Rizwan Anzeeri	1800101194	MPT	1 st year	Rizwan
8.	Praveen Singh	1700102011	MPT	1 st year	Praveen
9.	Naila Zahen	2000102050	BPT	4 th year	Naila
10.	Kirti Sah	2000101367	BPT	4 th year	Kirti
11.	Mohd. Faiz	2000102746	BPT	4 th yr	Mohd. Faiz
12.	Khan Faizal	2000101283	BPT	4 th year	Khan Faizal
13.	Zeba Khatoon	2000100726	BPT	4 th year	Zeba
14.	Umra Nizam	2000103424	BPT	4 th year	Umra
15.	Noorul Haqar	2000100334	BPT	4 th yr	Noorul
16.	Rashu Yadav	2000101574	BPT	4 th yr	Rashu
17.	Abu Ubaid	2000100620	BPT	4 th yr	Abu
18.	Mohammad Omar	2000101728	BPT	4 th year	Mohammad
19.	KRISHNA CHANDRA	2000101493	BPT	4 th year	KRISHNA
20.	Deepak K. Sharma	2000100223	BPT	4 th year	Deepak
21.	Anmol Singh	2000101244	"	"	Anmol
22.	Manish Gupta	2000102749	"	"	Manish
23.	Himanshu	2000104975	"	"	Himanshu
24.	Ramachandra	"	"	"	Ramachandra
25.	Mohd. Haroon	2000100389	"	"	Mohd. Haroon



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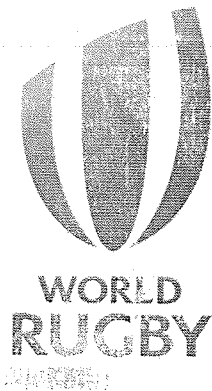
DEPARTMENT OF PHYSIOTHERAPY

Date: 28/11/2023

Attendance Sheets of workshop on "First AID in RUGBY (FAIR)" on 27th to 29th November 2023.

Date	Start Time	Venue		Location	
28.11.2023	9.00 AM	Physiotherapy, OPD		2 nd Floor, Phase-3, Medical Block	
S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/ Semester	Signature with Date
1.	Jaberiya Khatun	2000101112	BPT	4 th / 1 st	Jaberiya
2.	Falak Rahmaan	2000100698	BPT	4 th / 1 st	Falak
3.	Iqra Ayaz Siddiqui	2000103059	BPT	1 st	Iqra
4.	Ayasha Nafeek	2000101374	BPT	1 st	Ayasha
5.	Arzoo Tabassum	2000101954	BPT	1 st	Arzoo
6.	Sadia Qaisar	2000100936	BPT	1 st	Sadia Qaisar
7.	MD Arshad	2000100612	BPT	1 st	MD Arshad
8.	Parteen Benu	2100100741	BPT	4 th / 3 rd	Parteen
9.	Arti Yadav	2100100787	BPT	4 th / 3 rd	Arti
10.	Parabhu	2100100700	1 st	1 st	Parabhu
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2/3



This is to certify that

pragyan pal

has successfully completed the course:

First Aid in Rugby (L1)

on this day

2023-07-06

This certificate accredits the holder as a medic and is valid for three years from date of award.

Mark Harrington

Chief Player Welfare and Rugby Services Officer, World
Rugby

Dr Éanna Falvey

Chief Medical Officer, World
Rugby



Ref. No. IIAHSR/DO/PT/Workshop/2023/

Date: 30.11.2023

Brief Report on the Workshop on

"First aid in Rugby"

Organized by Department of Physiotherapy, Integral Institute of Allied Health Science & Research, Integral University, Lucknow on 27th to 29th November 2023

The Department of Physiotherapy (IIAHSR) organized an educational and interactive 'Workshop' from 27th to 29th November 2023. The Guest speaker was Dr Abdul Wahid Chief Indian Physiotherapist of Indian Rugby. He has completed his Bachelor from Rajiv Gandhi University of Health Sciences & MSc in Advancing Physiotherapy from Coventry University, London, U.K. He has also done Diploma in An Osteopathic Approach to the TMJ & Headaches.

The programme geared up with the warm welcome of Dr. Abdul Wahid by Prof. (Dr.) Ashfaq Khan, Director, IIAHSR and Prof. (Dr.) Abdur Raheem Khan, Head Physiotherapy and the session started in the presence of the faculty member and students. He explained about the awareness of first aid on field management in rugby, and explains about the principles of first aid which includes the general principles of sports first aid. He demonstrated different first aid techniques to students with their proper application.



Y. M. A.
30/11/2023

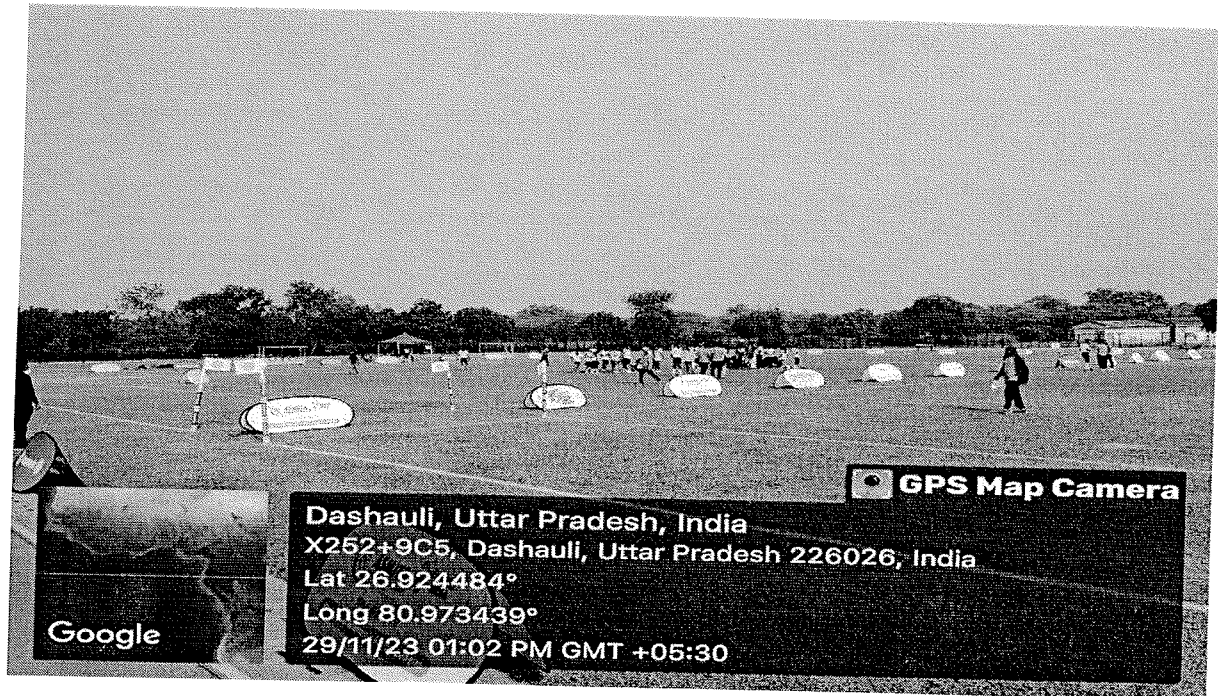



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INTEGRAL UNIVERSITY, LUCKNOW


DEPARTMENT OF PHYSIOTHERAPY

After his lecture the students were given time to interact with him. Students felt that the session was more informative and interactive. The event was concluded with a vote of thanks by Prof. (Dr.) Abdur Raheem Khan, Head Physiotherapy. The program was actively supported by all the members of the department. 35 students participated in the workshop.




Dr. A.M.H. Inam
Incharge DQAC


Prof. (Dr.) Abdur Raheem Khan
Head, Physiotherapy


Prof. (Dr.) Ashfaq Khan
Director (IIAHSR)

Prof. (Dr.) Ashfaq Khan
Director
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