

Report of value added course enhancing emotional and social competence of prospective professionals on 27th May 2023 to 12th June 2023

1 message

Communication Cell IUL <communications@iul.ac.in>

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Bcc: faculty@iul.ac.in

**FACULTY OF EDUCATION
REPORT
VALUE ADDED COURSE
ENHANCING EMOTIONAL AND SOCIAL COMPETENCE OF PROSPECTIVE
PROFESSIONALS
(EDV-22-02)
27TH MAY 2023 TO 12TH JUNE 2023**

The Faculty of Education, Integral University, Lucknow has organized an online-Value Added Course on 'Enhancing Emotional and Social Competence of Prospective Professionals' from 27th May 2023 to 12th June 2023. This course was especially framed for all the UG and PG course students of all departments throughout the university. The Course was conducted with the support of authority and faculty members who had smoothly completed all the tasks to make it a complete success. It was conducted in virtual mode through 5 modules over a period of 15 days. Each module includes 5 Hrs Lecture excluding 1 Hrs Quiz.

The value-added course, "Enhancing Emotional and Social Competence of Prospective Professionals"(EDV-22-02) was designed to empower prospective teachers and other professionals with the essential skills and knowledge to cultivate emotional and social competence in their professional lives. This comprehensive program aims to equip participants with the tools necessary to enhance their emotional and Social Competence and positively impact their interactions with students, colleagues, and the overall working environment. The Sustainable Development Goals (SDG) has emphasized on Social and Emotional learning (SEL) as it is an important contributor to positive behavioural change, a necessary condition to achieve greater social cohesion and respect for peace, cultural diversity and human rights.

The Major objective of the course was to develop a deep understanding of their own emotions, strengths, and triggers in the individuals. The course will create a support to cultivate the ability to empathize with Group members and work cohesively. It will also help to equip teachers with strategies to effectively manage their emotions, stress, and conflicts that may arise within their Profession. The course will further support prospective professionals in their personal and professional growth by acquainting themselves with resources and practices that promote self-care and manage work-life, leading to a blissful work environment. A wide range of topics were imparted by various resource persons.

Resource Persons (Integral University, Lucknow)	Content
Dr. Noorain Anas Assistant Professor Department of Education	MODULE I-Fundamentals of Emotional Intelligence <ul style="list-style-type: none"> • Nature and Significance • Theories of Emotional Intelligence, Goleman's Theory, James-Lange Theory • Models of emotional intelligence: Ability, Trait, and Mixed
Ms. Manisha Singh Assistant Professor	MODULE II-Emotional Competence and Group Process <ul style="list-style-type: none"> • Emotional competence framework

Department of Education	<ul style="list-style-type: none"> • Social Facilitation, Social Loafing, Group Interaction • Group Dynamics, Group Morale, Group polarization
Dr. Bushra Sumaiya Assistant Professor Department of Education	MODULE III-<i>Building Blocks of Emotional Intelligence</i> <ul style="list-style-type: none"> • Self-Awareness, Self-Management • Relationship Management, Mental hygiene • Management of burnout and attrition
Dr. Shagufta Nazneen Ansari Assistant Professor Department of Education	MODULE IV-<i>Social Competence (21st Century Skills)</i> <ul style="list-style-type: none"> • Introduction to 21st-Century skills and its relevance in the workplace • Factors of 21st Century Skills - Communication, Collaboration and Teamwork, Mentoring • Critical thinking, Positiveness, Flexibility, Creativity
Dr. Sania Kulsum Assistant Professor Department of Education	MODULE V-<i>Human Ecology and Happiness</i> <ul style="list-style-type: none"> • Definition and factors of happiness • Key indicators of happiness, Happiness Index • Happiness curriculum

The course was open to all the students of UG, PG and Ph.D. level studying in Integral University. The program was declared open by head of the Department in the inaugural session held on 27th May 2023. The duration of the course was 30 hrs, which commenced from 27th May 2023 till 12th June 2023 through online mode on the platform of Integral Learning Initiative – Learning Management System (ILI-LMS) and Google Meet. The course was conducted from Monday to Saturday for 2 hrs each day.

This interactive session was held on Google meet for the Lectures and ILI-LMS platform for quiz tests, assignments, and learning materials. 88 students were enrolled in the Program from various courses from which 64 students qualified for the award of certificate. The Participants were actively involved with dedication and hard work and completed their assigned tasks on time. Based on their quiz test, feedback for every unit, attendance, general feedback, and 50% was the qualifying criteria for the participants to be successfully eligible for the award of e-certificates uploaded on LMS only (through auto generation mode). The Program ended with the vote of thanks by the coordinator.

Program Convener:

Prof. (Dr.) A. K. Lodi

Head, Department of Education

Integral University, Lucknow.

Program Coordinators:

1. Dr. E. Ahmad, Associate Professor, Integral University, Lucknow.

2. Dr. Shagufta Nazneen Ansari, Assistant Professor, Dept. of Education, Integral University, Lucknow.

Glimpse of the Program:

Thanks

Prof. (Dr.) A. K. Lodi

Head, Deptt. of Education

Integral University, Lucknow