



INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW


DEPARTMENT OF PHYSIOTHERAPY


Ref. No.: IIAHSR/PT/EA/2024/105

Dated: 20/08/2024

NOTICE

A meeting regarding the planning of Extension Activities for Session 2024-25 (Odd Sem) is scheduled to be held on 21st August 2024. All the faculty members are thereby informed to attend the meeting in the HoD office at 12:30 PM.

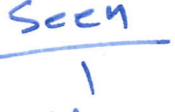

Dr. Neeraj Kumar Maurya (PT)
In-charge DQAC, Physiotherapy


Prof. (Dr.) Abdur Raheem Khan
Head, Physiotherapy

Deptt. of Physiotherapy
Integral University, Lucknow

CC to:

1. Director, IIAHSR
2. All the faculty members of Physiotherapy
3. Office copy


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4/8/24
20/08/24

Prof. (Dr.) Ashfaq Khan
Director
Integral Institute of Allied Health
Science & Research
Integral University, Lucknow



INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY

Ref. No.: IIAHSR/PT/EA/2024/ 105A

Dated: 22/08/2024

MINUTES OF MEETING

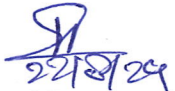
A meeting regarding Extension Activity for the session 2024-25 (Odd Semester) was scheduled on **21th August 2024**. The agenda of the meeting was planning, objectives, and logistics for each activity.

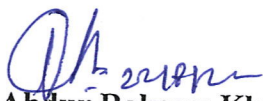
The following aspects were discussed and accordingly decisions were taken:

Activity	Date	Location	Coordinator	Students	Remarks
Plantation Drive	23-09-2024	Sansarpur	Dr Ammar Faisal Khan, Dr Zohra Akhtar	BPT 1 st , 2 nd Year & MPT 1 st Year	2 buses required
Camp 1: Health Outreach and Wellness	29-09-2024 (Tentative)	Sahara State, Jankipuram	Dr Neeraj Kumar Maurya & Dr Aafreen	BPT 4 th Year, Interns, MPT 1 st & 2 nd Year	1 bus required
Rally for Social Awareness of Physiotherapy	22-10-2024	Nearby communities of Integral University	Dr Mohd Javed, Dr Taufish Ahmad, Dr Hera Naeem	BPT 3 rd , 4 th Year	--
Camp 2: Health Awareness	30-10-2024 (Tentative)	Family Court, Kaiserbagh	Dr AMH Inam & Dr Mohd Zafra Akhtar	BPT 4 th Year, Interns, MPT 1 st & 2 nd Year	1 bus required
Camp 3: Health & Wellness	06-11-2024	Behta	Dr Mohd Ahmad & Dr Farhan Khan	BPT 4 th Yr, Interns, MPT 1 st & 2 nd	1 bus required

All proposed activities were reviewed in detail. To secure necessary permissions and permits were asked. All students from Bachelor of Physiotherapy and Master of Physiotherapy would be allowed to register for these activities.

Prof (Dr) Abdur Raheem Khan thanked all participants for their contributions and concluded the meeting.

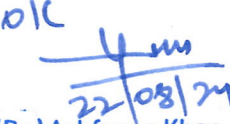

Dr. Neeraj Kumar Maurya (PT)
 Incharge DQAC, Physiotherapy


Prof. (Dr.) Abdur Raheem Khan
 Head, Physiotherapy

CC to:

1. All Concerned
2. Office copy

Deptt. of Physiotherapy
 Integral University, Lucknow


Prof. (Dr.) Ashfaq Khan
 Director
 Integral Institute of Allied Health
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 Integral University, Lucknow

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INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY

Ref. No.: IIAHSR/PT/EA/2024/ 105B

Dated: 12/09/2024

Ref. No.: IIAHSR/DOA/2024/90

To,
Executive Director
IIMSR, IIAHSR & IINSR
Integral University
Lucknow.

*frwd - to HoD - Community Medicine
for collaboratively organizing the
activities.*

S. f. Akhter

(Through Dean, Faculty of Medicine and Health Sciences)

12. 09-2024

*copy to:
DMS.*

Subject: Approval of Extension Activities for the session 2024-25 (Odd Semester) to be scheduled by Department of Physiotherapy.

Respected Sir,

With due respect we are writing to seek your approval for the extension activities planned by the Physiotherapy Department for Session 2024-25 odd semester. We have outlined a series of initiatives aimed at enhancing our department's engagement with both the academic and local communities. These activities are designed to enrich the educational experience of our students and contribute positively to public health awareness. The proposed activities are as follows:

Activity	Date	Location	Coordinator	Students	Remarks
Plantation Drive	23- 09-2024	Sansarpur	Dr Ammar Faisal Khan, Dr Zohra Akhtar	BPT 1 st , 2 nd Year & MPT 1 st Year	2 buses required
Camp 1: Health Outreach and Wellness	29-09-2024 (Tentative)	Sahara State, Jankipuram	Dr Neeraj Kumar Maurya & Dr Aafreen	BPT 4 th Year, Interns, MPT 1 st & 2 nd Year	1 bus required
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Camp 2: Health Awareness	30-10-2024 (Tentative)	Family Court, Kaiserbagh	Dr AMH Inam & Dr Mohd Zafra Akhtar	BPT 4 th Year, Interns, MPT 1 st & 2 nd Year	1 bus required
Camp 3: Health & Wellness	06-11-2024	Behta	Dr Mohd Ahmad & Dr Farhan Khan	BPT 4 th Yr, Interns, MPT 1 st & 2 nd	1 bus required

Kindly request your approval to proceed with the planning and execution of these activities. I request you to kindly give your approval in this regard.

Thanking you in anticipation.

Prof. (Dr.) Abdur Raheem Khan
Head, Physiotherapy

Deptt. of Physiotherapy
Integral University, Lucknow

Prof. (Dr.) Ashfaque Khan

Director, IIAHSR

Integral Institute of Allied Health
Science & Research
Integral University, Lucknow



INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH
INTEGRAL UNIVERSITY, LUCKNOW
DEPARTMENT OF PHYSIOTHERAPY

Ref. No.: IIAHSR/PT/EA/2024/105C

Dated: 19/09/2024

To,
In-charge & Program Officer
National Service Scheme (NSS)
Integral University,
Lucknow.

(Through Proper Channel)

Subject: Approval of Extension Activities for the session 2024-25 (Odd Semester) to be scheduled by Department of Physiotherapy.

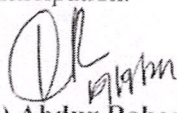
Dear Sir,


I am writing to seek approval for a series of extension activities planned by the Department of Physiotherapy for Odd Semester of the 2024-25 academic year. We aim to promote health awareness and community engagement through these activities, which are outlined below:

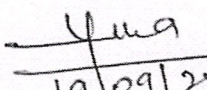
Activity	Date	Location	Coordinator	Students
Plantation Drive	23-09-2024	Sansarpur	Dr Ammar Faisal Khan, Dr Zohra Akhtar	BPT 1 st , 2 nd Year & MPT 1 st Year
Camp 1: Health Outreach and Wellness	29-09-2024 (Tentative)	Sahara State, Jankipuram	Dr Neeraj Kumar Maurya & Dr Aafreen	BPT 4 th Year, Interns, MPT 1 st & 2 nd Year
Rally for Social Awareness of Physiotherapy	22-10-2024	Nearby communities of Integral University	Dr Mohd Javed, Dr Taufish Ahmad, Dr Hera Naeem	BPT 3 rd , 4 th Year
Camp 2: Health Awareness	30-10-2024 (Tentative)	Family Court, Kaiserbagh	Dr AMH Inam & Dr Mohd Zafra Akhtar	BPT 4 th Year, Interns, MPT 1 st & 2 nd Year
Camp 3: Health & Wellness	06-11-2024	Behta	Dr Mohd Ahmad & Dr Farhan Khan	BPT 4 th Yr, Interns, MPT 1 st & 2 nd

We believe that these activities will significantly contribute to community health and foster a spirit of service among our students. We request your approval to proceed with these activities under the NSS framework.

Thanking you in anticipation.


Prof. (Dr.) Abdur Raheem Khan
Head, Physiotherapy
Department of Physiotherapy
Integral University, Lucknow

APPROVED
19/09/24



Prof. (Dr.) Ashfaque Khan
Director, IIAHSR

Prof. (Dr.) Ashfaque Khan
Director
Integral Institute of Allied Health
Science & Research
Integral University, Lucknow

Kursi Road, Lucknow - 226026 (U.P.) India
Phone: +91 63900 11283 / 84 / 85 / Ext. 6918

Website: www.iul.ac.in
E-mail: headbpt@iul.ac.in

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[integralunilko](https://www.instagram.com/integralunilko) [integralunilko_official](https://www.youtube.com/channel/UC...)

Integral University, Lucknow

Department of Physiotherapy

in Collaboration with

Department of Community Medicine, IIMSR

are Organising

Plantation Drive



Tuesday, 01st October, 2024
Sansarpur, Lucknow

Organising Secretary

Prof. (Dr.) ABDUR RAHEEM KHAN

Head

Department of Physiotherapy
Integral University, Lucknow

Organising Chairpersons

Dr. SYED BELAL HASSAN

Assoc. Prof. & Dy. Med. Superintendent
Integral Institute of Medical Sciences & Research
Faculty of Medicine & Health Sciences
Integral University, Lucknow

Prof. (Dr.) ASHFAQUE KHAN

Director

Integral Institute of Allied Health Sciences & Research
Integral University, Lucknow

Coordinators

Dr. Ammar Faisal Khan | Dr. Zohra Akhtar

Participants

BPT 1st & 2nd Year & MPT 1st Year Students

Head
Department of Physiotherapy
Integral University, Lucknow

Prof. (Dr.) Ashfaque Khan
Director
**Integral Institute of Allied Health
Science & Research**
Integral University, Lucknow



INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY

Dated: 01/10/2024

Attendance Sheets for Plantation Drive on 01st October 2024.

Date	Start Time	Location			
01.10.2024	9.30 PM	Sansaarapur, Kursi Road, Lucknow			
S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/ Semester	Signature with Date
1.	Saba fatima	2400103394	B.P.T	1 st 1 st	Saba 01-10-24
2.	Ramsha Khan	2400105011	B.P.T	1 st	Ramsha 01-10-24
3.	Saleha Khatoun	23104490	B.P.T	1 st	Saleha 01-10-24
4.	Ruhi Afsana	2400103420	B.P.T	1 st	Ruhi 1/10/24
5.	Malak Khan	2400100224	B.P.T	1 st	Malak 1/10/24
6.	Sukoon fatima	2400103389	B.P.T	1 st	Sukoon 1/10/24
7.	Shaghi Sultan	2400103403	B.P.T	1 st	Shaghi 1/10/24
8.	Aastha Chaturvedi	2400104940	B.P.T	1 st	Aastha 1/10/24
9.	Naseema Nisar	2400103402	B.P.T	1 st	Naseema 01/10/24
10.	Mariyam Ansari	2400103320	B.P.T	1 st	Mariyam 1/10/24
11.	Ayushi Jaiswal	2400103332	B.P.T	1 st	Ayushi 1/10/24
12.	Pooja Patel	2400104816	B.P.T	1 st	Patel 1/10/24
13.	Angarlin Shah	2400106000	B.P.T	1 st	Shah 1/10/24
14.	Afreen Bano	2402700025	B.P.T	1 st	Afreen 1/10/24
15.	Mohd Saif Khan	2300104461	B.P.T	1 st	Saif 1/10/24
16.	Alma Wasi	2300104392	B.P.T	1 st	Alma 1/10/24
17.	Harshvardhan	2300104374	B.P.T	1 st	Harsh 1/10/24
18.	Ammar Hasan	2300104457	B.P.T	1 st	Ammar 1/10/24
19.	Devesh Singh	2300104386	B.P.T	1 st	Devesh 1/10/24
20.	Shishir Patra	2300103315	B.P.T	1 st	Shishir 1/10/24
21.	Prathar Shukla	2400104711	B.P.T	1 st	Prathar 1/10/24
22.	Amaan Azam	2400103408	B.P.T	1 st	Amaan 1/10/24
23.	Mohd Hamza Shaikh	2400103418	B.P.T	1 st	Hamza 1/10/24
24.	Rashid Zoya	2300104370	B.P.T	2 nd	Rashid 1/10/24
25.	Shazil Khan	2300104445	B.P.T	2 nd	Shazil 1/10/24

Head
Department of Physiotherapy
Integral University, Lucknow

Prof. (Dr.) Ashfaq Khan
Director

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DEPARTMENT OF PHYSIOTHERAPY

S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/ Semester	Signature with Date
26.	Iqraa wari's	2300104496	BPT	2 nd	<u>Iqraa</u> 11/10/24
27.	Aaysha Akhmad	2400103159	BPT	1 st	<u>Aaysha</u> 11/10/24
28.	Eram Naqvi	2400104374	BPT	1 st	<u>Eram</u> 11/10/24
29.	Anurag Kumar	2400103282	BPT	1 st	<u>Anurag</u> 11/10/24
30.	Hammad Khan	2400103400	BPT	1 st	<u>Hammad</u> 11/10/24
31.	Angara Ahmad Angari	2400103415	BPT	1 st	<u>Angara</u>
32.	Ahtasham Khan	2400103407	BPT	1 st	<u>Ahtasham</u>
33.	Sima Afreen	2400103338	BPT	1 st	<u>Sima</u>
34.	Faizam Ahmad	2400103268	BPT	1 st	<u>Faizam</u>
35.	Md. Sanur	2400103293	BPT	1 st	<u>Sanur</u>
36.	Eliq Soghra	2400103262	BPT	1 st	<u>Eliq</u>
37.	Malik Yasir	2400103312	BPT	1 st	<u>Yasir</u>
38.	Fahad Faraz Talib	2400103327	BPT	1 st	<u>Fahad</u>
39.	Abdul Shammi	2400105247	"	"	<u>Abdul Shammi</u>
40.	Md. Abuzar	2400104995	"	"	<u>Md. Abuzar</u>
41.	Md. Aquib	2400103601	"	"	<u>Md. Aquib</u>
42.	Md. Hasan	2300104434	BPT	2 nd	<u>Hasan</u>
43.	Md. Maaz	2300104492	"	"	<u>Maaz</u>
44.	Kateebur Rehman	2300104459	"	"	<u>Kateebur</u>
45.	Amma Karsar	2300104432	"	"	<u>Amma</u>
46.	Zainab Afrooz	2300104505	"	"	<u>Zainab</u>
47.	Morassa	2300104446	"	"	<u>Morassa</u>
48.	MOHD. ASAD	2300104478	"	"	<u>MOHD. ASAD</u>
49.	Kamran Ray	2300104768	"	"	<u>Kamran</u>
50.	Shame Masru	2300104494	"	2 nd	<u>Shame</u>

 Head
Department of Physiotherapy
Integral University, Lucknow


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Director
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DEPARTMENT OF PHYSIOTHERAPY

S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/Semester	Signature with Date
51.	Zainab Khatoun	2300104375	BPT	2 nd	Zainab
52.	Rida Fatima	2300104367	"	"	Rida
53.	Tasnim Sha	2300104419	"	"	Tasnim
54.	Arooba Rehman	2300104372	"	"	Arooba
55.	Huzefa Inteqque	2300104400	"	"	Huzefa
56.	Aunais Nesar	2300104376	"	"	Aunais
57.	Abdur Rouf	2300104422	"	"	Abdur
58.	Yasir Khan	2300104436	"	"	Yasir
59.	Aashyakant Singh	2300104469	"	2 nd	Aashyakant
60.	Saaid Anwar	2300104487	"	"	Saaid
61.	Atif Razi	230010443	"	"	Atif
62.	Anmel Kaur Thara	2300104414	"	"	Anmel
63.	Anshika Maurya	2300104407	"	"	Anshika
64.	Md Teyahul Rahman	2400103406	BPT	"	Md Teyahul
65.	Shobhit Kashyap		"	"	Shobhit
66.	Mohd Akbar	2400103397	BPT	1 st	Akbar
67.	SANA	2300104495	BPT	2 nd	Sana
68.	Saumya	2300104380	BPT	2 nd	Saumya
69.	Ravi Kumar	2400103250	BPT	1 st	Ravi Kumar
70.	Dyush Patel	2400103362	BPT	1 st	Dyush Patel
71.	Pragya Singh	2400103379	BPT	1 st	Pragya
72.	Saloni Pal	2400103378	BPT	1 st	Saloni
73.	Yashika	2400103367	BPT	1 st	Yashika
74.	VISHWAKARMA SUMIT	2400104769	BPT	1 st	Sumit
75.	GHOLAMI GHOUSH	2400103242	BPT	1 st	Gholami

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DEPARTMENT OF PHYSIOTHERAPY

S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/ Semester	Signature with Date
76.	Sarita Devi	230010437	BPTH	2/3	Sarita / 10c
77.	Sumbul Shahnaz	2300104371	BPT	2/3	Sumbul Shahnaz
78.	Shweta Singh	2300104623	BPT	2/3	Shweta
79.	Atiya Ashraf Jahan	2300104481	BPT	2 nd /3 rd	Atiya
80.	Munazza Khan	2300104388	BPT	2 nd /3 rd	Munazza
81.	Tooba Maryam	2300104394	BPT	2 nd /3 rd	Tooba
82.	Mahwish Fatima	2300104460	BPT	2 nd /3 rd	Mahwish
83.	ZARA AHMED	2300104410	BPT	2 nd /3 rd	ZARA
84.	NAUREEN FATIMA FARIDI	2300104408	BPT	2 nd /3 rd	Naureen
85.	Rozy Khatun	2300104406	BPT	2 nd /3 rd	Rozy
86.	Jannat Aliq	2300104411	BPT	2 nd /3 rd	Jannat Aliq
87.	Khushbu Rajapathi	2300104450	BPT	2 nd /3 rd	Khushbu
88.	Madhulika Kumari	2300104403	BPT	2 nd /3 rd	Madhulika Kumari
89.	Shambhavi Anwar	2300104385	BPT	2 nd /3 rd	Shambhavi
90.	Naziya Parveen	2300104398	BPT	2 nd /3 rd	Naziya
91.	Akanksha	2300104423	BPT	2 nd /3 rd	Akanksha
92.	Muskaan Srivastava	2300104399	BPT	2 nd /3 rd	Muskaan
93.	Alfi Khanam	2300104381	BPT	2 nd /3 rd	Alfi
94.	Ashika Awasthi	2300104368	BPT	2 nd /3 rd	Ashika
95.	Garima Pathak	2300104482	BPT	2 nd /3 rd	Garima Pathak
96.	Sahiba Samim	2300104441	BPT	2 nd /3 rd	Sahiba Samim
97.	Edala Elahi	2300104395	BPT	2 nd /3 rd	Edala
98.	Saequa Fatimi	2300104468	BPT	2 nd /3 rd	Saequa
99.	Nashra Tabrez	2300104402	BPT	2 nd /3 rd	Nashra Tabrez
100.	Muskan Khatoon	2300104475	BPTH	2 nd /3 rd	Muskan Khatoon

Head
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Integral University, Lucknow

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S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/ Semester	Signature with Date
101.	Munazza Jamal	2300104498	B.P.Th.	II nd / III rd	Munazza 1-10-24
102.	Mahak Aftab	2300104488	B.P.Th.	II nd / III rd	Mahak
103.	Samreen Khan	2300104486	B.P.Th.	II nd / III rd	Samreen
104.	Saima Nisha	2300104440	B.P.Th.	III rd / III rd	Saima
105.	Murkah Khan	2300104421	B.P.Th.	II nd / III rd	Murkah
106.	Ambender Yadav	2300104484	B.P.Th.	I	Ayendar
107.	Krishna Sharma	2300104608	B.P.Th.	II nd / III rd	Krishna Sharma
108.	Shah Alam Nabi	2300104499	B.P.Th.	2 nd / 3 rd	Shah Alam Nabi
109.	Najmus Saquib	2300104503	DPT	II nd / 3 rd	Saquib
110.	Mosab Ahmad	2300104483	B.P.T	II nd / 3 rd	Mosab Ahmad
111.	Mohammad Ashraf	2300104416	B.P.T	II nd / 3 rd	Mehdi Ashraf
112.	Shaan Khan	2300104426	B.P.T	II nd / 3 rd	Shaan
113.	Mr. Atif Maaz	2300104465	B.P.T	II nd / 3 rd	Atif
114.	Iesteyaq Ahmad	2300104397	B.P.T	II nd / 3 rd	I. Ahmad
115.	Mohd. Laraib Kamil	2300104610	B.P.T	II nd / 3 rd	Laraib
116.	Nadeem Khan	2300104413	B.P.T	II nd / 3 rd	Nadeem
117.	Javed Khan	2300104636	B.P.T	II nd / 3 rd	Javed
118.	Intekhab Alam	2300104346	B.P.T	II nd / 3 rd	Intekhab
119.	Tahir Manzoor Khan	2300104401	B.P.T	II / 3 rd	Tahir
120.	Kahkashan Fatima	2400104425	B.P.T	I st	Fatima
121.	Jannat Sheth	2400104764	B.P.T	I st	Jannat
122.	Saima Parveen	2400105297	B.P.T	I st	Saima Parveen
123.	Sadiya Tabassum	2400104426	B.P.T	I st	Sadiya
124.	Nareen Shams	2400104343	B.P.T	I st	Nareen Shams
125.	Saima Shameen	2400103358	B.P.T	I st	Saima Shamim

Head
Department of Physiotherapy
Integral University, Lucknow

Prof. (Dr.) Ashfaq Khan
Director

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DEPARTMENT OF PHYSIOTHERAPY

S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/ Semester	Signature with Date
126.	Musharrat Iqbal	2400105002	B.P.T	1st/1st sem	Musharrat
127.	Salman Ansari	2400104130	B.P.T	1st/1st sem	Salman Ansari
128.	Mohd. Tariq	2400105971	B.P.T	1st/1st sem	Tariq
129.	Mohd. Arif Khan	2400105480	B.P.T	1st/1st sem	Arif Khan
130.	Abdul Majeed	2400104790	B.P.T	1st/1st sem	Abdul Majeed
131.	Mohd. Arif Aslam	2400103276	B.P.T	1st/1st sem	Arif
132.	Faheem Moiz Khan	2400103419	B.P.T	1st/1st sem	Faheem
133.	Jeehan Arif	2400105273	B.P.T	1st/1st sem	Jeehan
134.	Somindhya Singh	24001053404	B.P.T	1st/1st sem	Somindhya
135.	Mohammed Hashim Mansoori	2400103504	B.P.T	1st/1st sem	Hashim
136.	Abdul Kalam	2400103387	B.P.T	1st/1st sem	Abdul Kalam
137.	Azmar Yadav	2400103268	B.P.T	1st/1st sem	Azmar
138.	Ayush Maurya	2400104996	B.P.T	1st/1st sem	Ayush Maurya
139.	Braveen Kumar	2400103694	B.P.T	1st/1st sem	Braveen Kumar
140.	Bipin Singh	2400103221	B.P.T	1st/1st sem	Bipin
141.	Ahmed Jahangir	2400106020	B.P.T	1st/1st sem	Ahmed
142.	Rahul Modanwal	2400105541	B.P.T	1st/1st sem	Rahul
143.	Vasudev Singh	2400104577	B.P.T	1st/1st sem	Vasudev
144.	Faizan Ahmad	2400103361	B.P.T	1st/1st sem	Faizan Ahmad
145.	Faizan Ashraf Khan	2400103357	B.P.T	1st/1st sem	Faizan
146.	Mohd. Fahad	2400104552	B.P.T	1st/1st sem	Fahad
147.	Mohd. Hafeez Mansoori	2400105147	B.P.T	1st/1st sem	Mohd. Hafeez
148.	Adnan Khan	2400105650	B.P.T	1st/1st sem	Adnan Khan
149.	Md. Saadul Haque	2400104931	B.P.T	1st/1st sem	Md. Saadul Haque
150.	Rishab Agarwal	2400103281	B.P.T	1st/1st sem	Rishab

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S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/ Semester	Signature with Date
151.	Sheikh Simran	2400103417	BPT	1 st	Simran
152.	AYESHA FATMI	2400103383	BPT	1 st	Ayesha Fatmi 103/10/24
153.	Mudansha Shams	2400103384	BPT	1 st	Mudansha
154.	Tooba Mahboob		BPT	1 st	Tooba
155.	Uzma Azim	2400103411	BPT	1 st	Uzma
156.	Umra Fatima	2400105004	BPT	1 st	Umra
157.	Nuzhat Afsar	2400104869	BPT	1 st	Nuzhat
158.	Shaima Siddique	2400105073	BPT	1 st	Shaima
159.	Sweetie Yadav	2400105341	BPT	1 st	Sweetie
160.	Taglima Naz	2400105458	BPT	1 st	Taglima Naz
161.	Ridam Srivastava	2400104709	BPT	1 st	Ridam
162.	Masira Jabeen	2400103399	BPT	1 st	Masira Jabeen
163.	Madiha Khan	2400103395	BPT	1 st	Madiha
164.	Faiza Anwar	2400103274	BPT	1 st	Faiza Anwar
165.	Anha Islam	2400103349	BPT	1 st	Anha
166.	Aliya Halim	2400105014	BPT	1 st	Aliya
167.	Susabhi	2400105404	BPT	1 st	Susabhi
168.	Aiman Khan	2400103251	BPT	1 st	Aiman
169.	Fiza Shahzad	2400105371	BPT	1 st	Fiza
170.	Anna	2400103414	BPT	1 st	Anna
171.	Hifza	2400103316	BPT	1 st	Hifza
172.	Kajal Kumari	2400103325	BPT	1 st	Kajal
173.	Lobaba Zia	2400103409	BPT	1 st	Lobaba Zia
174.	Ayesha Khan	2400103344	BPT	1 st	Ayesha
175.	Avantika	2400103254	BPT	1 st	Avantika

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176.	Tajib Waken	2400103326	BPT	I/IVS	Tajib Waken.
177.	Md. Ezzam	2400103287	BPT	III	Md. Ezzam
178.	Zubair	2400105345	BPT	II/1st	Zubair
179.	Manish Kumar chaurasia	2400103416	BPT	I/1st	Manish
180.	Atharv Nag	2400105021	BPT	1/1st	Atharv
181.	Mohd Rashid	2400105023	BPT	1/1st	Rashid
182.	Md. Sahil	2400103385	BPT	1st/1st	Md. Sahil
183.	Mohammad modni	2400105071	BPT	1st/1st	Mohammad modni
184.	Md Qamrul Huda	2400103390	BPT	1st/1st	Md Qamrul Huda
185.	Mohammad Nazish Khan	2400105144	BPT	1st/1st	Nazish Khan
186.	ALI AFROZ	2400103412	BPT	1st/1st	Ali Afroz
187.	Ahmed Khan	2400102861	BPT	1st/1st	Ahmed Khan
188.	Mohammad Aquib	2400103368	BPT	1st/1st	Aquib
189.	Ajay Alam	2400104391	BPT	1st/1st	Ajay
190.	Mohammad Zaid Bani	2400103323	BPT	1st/1st	Zaid Bani
191.	Saniya Javed	2400103324	BPT	1st/1st	Saniya
192.	Akshita Husib	2400104788	BPT	1st	Akshita Husib
193.	Anjali Dubey	8840820475	BPT	1st	Anjali
194.	Aqsa Mateen	2400105270	BPT	1st/1st	Aqsa Mateen
195.	Nikhil Parween	2400105125	BPT	1st/1st	Nikhil
196.	Deepam Kaushtik	6206547491	BPT	1st	Deepam
197.	Yasmin Ahmed Khan	2400103381	BPT	1st	Yasmin
198.	Sadiya Naushad	2400103359	BPT	1st	Sadiya
199.	Haya Khan	2400105418	BPT	1st	Haya
200.	Naziya Khattar	2400103320	BPT	1st	Naziya

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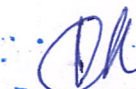
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S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/ Semester	Signature with Date
201.	Gousiya Bano	2400104072	BPT	1st	Gousiya
202.	Isha Rai	2400104760	BPT	1st	Isha Rai
203.	Hadia Hasan	2400105333	BPT	1st	Hadia Hasan
204.	Azifa Khan	2400106097	BPT	1st	Azifa Khan
205.	Alisha Kausar	2400104474	BPT	1st	Alisha
206.	Ganiya Khan	2400103373	BPT	1st	Ganiya Khan
207.	Sayed Tahani	2400103314	BPT	1st	Tahani
208.	EHRAR-UL-HAQUE	2400103376	BPT	1st	Ehrar
209.	TAUSIF RAZA	2400105140	BPT	1st	Tausif Raza
210.	ABDUL SAMAD	2400103598	BPT	1st	ABDUL SAMAD
211.	FAIZAN SHAHAB Sneha Rai	23200104476	BPT	2nd	Sneha
212.	FAIZAN SHAHAB	2400105308	BPT	1st	FAIZAN SHAHAB
213.	Imran Nazim	2400103401	BPT	1st	Imran Nazim
214.	KARAN PRATAP SINGH	2400103921	BPT	1st	K Singh
215.	Mohd. Rameez Sheikh	2400105577	BPT	1st	Rameez
216.	Siraj Ahmad	2400105665	BPT	1st	Siraj Ahmad
217.	Mansur Alam	2400105101	BPT	1st	Mansur Alam
218.	Abdus Samad Ziya	2400105209	BPT	1st	Abdus Samad Ziya
219.	Alok Kumar	2400105274	BPT	1st	Alok
220.	Mohammad Zahid	2400104364	BPT	1st	Zahid
221.	md Anas	2400103405	BPT	1st	md Anas
222.	MOHAMMAD AKIF UNISARI	2400104458	BPT	1st	Akif
223.	NAWAZ AHMAD	2400103343	BPT	1st	Nawaz
224.	MO Ahsab alam	2400104604	BPT	1st	Ahsab
225.	HINA AFTAB	2300104598	BPT	1st	Hina Aftab

HINA AI

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226.	Heena Banu	2300104373	B.P.T	2nd yr	Heena Banu
227.	RYAN KHAN	2300104464	B.P.T	2nd yr	Ryan
228.	Mohd. Adnan Khan	2300104491	B.P.T	2nd yr	Adnan
229.	Sadaf Nazim	2300104439	B.P.T	2nd year	Sadaf Nazim
230.	Shalini Prakash	2300104480	B.P.T	2 nd year	Shalini
231.	Mohd. Rehman	2300104382	B.P.T	2 nd year	Rehman
232.	Mohd. Amir	2300104417	B.P.T	2nd year	Mohd. Amir
233.	Rimsha Ayub	2300104438	B.P.T	2nd year	Rimsha
234.	Kanchan	2300104493	B.P.T	2nd Year	Kanchan
235.	Sonal Khawar	2300104580	B.P.T	2nd yr	Sonal
236.	Tasneem Aulfa	2300104418	B.P.T	2nd yr	Tasneem
237.	Kesar Gupta	2200100690	B.P.T	2nd yr	Kesar
238.	Murka Khan	2300104421	B.P.T	2nd year	Murka Khan
239.	Amit Umay	2300104474	B.P.T	2nd year	Amit Umay
240.	Shaan Khan	2300104426	B.P.T	2nd Year	Shaan Khan
241.	MD Saqeer	2400103293	B.P.T	1 st Year	Saqeer
242.	Mohammad Hassan	2400103380	"	"	Hassan
243.	Mohd Ahsan	2400103397	"	"	Ahsan
244.	Mohammad Sabir	2400103257	"	"	Sabir
245.					
246.					
247.					
248.					
249.					
250.					

Dr. Neeraj Kumar Maurya
Incharge DQAC

Prof. (Dr.) Ashfaq Khan
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Integral Institute of Allied Health
Science & Research

Prof. (Dr.) Abdur Raheem Khan
Head, Physiotherapy



Ref. No.: IIAHSR/PT/EA/2024/105 D

Dated: 03/10/2024

REPORT

The **Department of Physiotherapy, Integral University** organized a **Plantation Drive** on **October 1, 2024**, in the village of **Sansarpur**. The event was part of the extension activity to promote environmental awareness and contribute to the betterment of the local community. The drive aimed to instill the values of ecological responsibility, sustainability, and environmental conservation among the students while simultaneously improving the green cover of the area. The Plantation Drive was coordinated by **Dr. Ammar Faisal Khan** and **Dr. Zohra Akhtar**.

A total of **244 students** from the **BPT 1st and 2nd Year** courses participated in the event. The students were divided into small groups, with each group assigned specific areas within the designated plantation site. Each student was responsible for planting and nurturing the saplings, under the guidance of the faculty and local volunteers.

The activity began with an introductory session by Dr. Ammar Faisal Khan, who highlighted the significance of the drive and the long-term benefits of plantation. Students proceeded with planting saplings of various species, including fruit-bearing trees, flowering plants, and indigenous tree varieties. Students took turns digging, planting, and watering the saplings, while faculty members ensured that proper planting techniques were followed.



The team gathers with the bus to embark on the plantation drive, bringing greenery and sustainability to the community

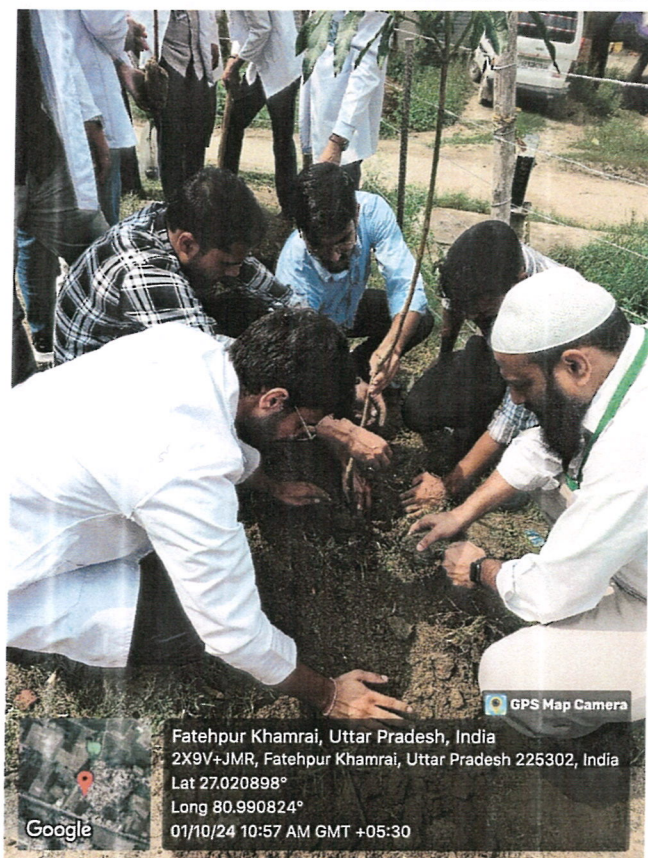
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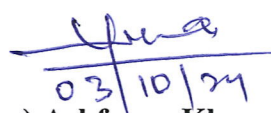
Physiotherapy students actively participating in the Plantation Drive to enhance the green cover of Sansarpur

The students expressed a sense of accomplishment and pride in contributing to the greening of Sansarpur. Many students highlighted how the experience was not only educational but also a refreshing break from their regular academic routine. The hands-on approach allowed them to connect with nature in a meaningful way, reinforcing the importance of sustainable living practices. Positive feedback was also received from the local community, who appreciated the efforts of the students in improving their surroundings.


Dr. Neeraj Kumar Maurya (PT)
In-charge DAQC, Physiotherapy


Prof. (Dr.) Abdur Raheem Khan
Head, Physiotherapy

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Prof. (Dr.) Ashfaque Khan
Director, IIAHSR

Prof. (Dr.) Ashfaque Khan
Director



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This is to certify that

Saba Fatima

(ID No.2400103394

.....) has Participated in **Plantation Drive** at Sansarpur, Lucknow organized by **Department of Physiotherapy**, Integral Institute of Allied Health Sciences & Research, Integral University, Lucknow on **01st October, 2024**.

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This is to certify that Ramsha Khan

(ID No.2400105011) has Participated in **Plantation Drive** at Sansarpur, Lucknow

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This is to certify that Astha Chaturvedi

(ID No. 2400104940) has Participated in **Plantation Drive** at Sansarpur, Lucknow

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This is to certify that Mohd Saif Khan

(ID No. 23001044416) has Participated in *Plantation Drive* at Sansarpur, Lucknow organized by **Department of Physiotherapy**, Integral Institute of Allied Health Sciences & Research, Integral University, Lucknow on **01st October, 2024**.

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This is to certify that Shishir Pathak

(ID No. 2400103315) has Participated in **Plantation Drive** at Sansarpur, Lucknow

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This is to certify that Ilma Wasi

(ID No. 2300104392) has Participated in **Plantation Drive** at Sansarpur, Lucknow

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This is to certify that Rashid Zeya

(ID No. 2300104370) has Participated in **Plantation Drive** at Sansarpur, Lucknow

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This is to certify that Ammar Hasan

(ID No. 2300104457) has Participated in **Plantation Drive** at Sansarpur, Lucknow

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INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

FACULTY OF MEDICINE AND HEALTH SCIENCES

Certificate of Participation

EXTENSION ACTIVITIES

This is to certify that Veerendra Singh

(ID No. 2300104386) has Participated in **Plantation Drive** at Sansarpur, Lucknow

organized by **Department of Physiotherapy**, Integral Institute of Allied Health Sciences &

Research, Integral University, Lucknow on **01st October, 2024.**

INSPIRING EXCELLENCE

Dr. ABDUR RAHEEM KHAN
Professor & Head

Department of Physiotherapy
Integral University, Lucknow

Head
Department of Physiotherapy
Integral University, Lucknow

Prof. (Dr.) ASHFAQ KHAN
Director

Integral Institute of Allied Health Sciences & Research
Integral University, Lucknow

Prof. (Dr.) Ashfaq Khan
Director
Integral Institute of Allied Health Sciences & Research
Integral University, Lucknow

Prof. (Dr.) ABHA CHANDRA
Dean

Integral Institute of Medical Sciences & Research
Faculty of Medicine & Health Sciences
Integral University, Lucknow

Integral University, Lucknow

SYED M. FAUZAN AKHTAR
Executive Director

Integral University, Lucknow



INTEGRAL UNIVERSITY
LUCKNOW-INDIA

NMAC
GRADE A+
ACCREDITED UNIVERSITY

IIAHSR
RATED A
By the Act of U.S. in the Rating Process 2022
and Operating and Regulated Quality Standards

INTEGRAL INSTITUTE OF MEDICAL SCIENCES & RESEARCH
WORLD DIRECTORY OF MEDICAL SCHOOLS LISTED IN

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INTEGRAL HOSPITAL
Committed to Better Health

INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

FACULTY OF MEDICINE AND HEALTH SCIENCES

Certificate of Participation

EXTENSION ACTIVITIES

This is to certify that Eram Naqi

(ID No. 2400104379) has Participated in **Plantation Drive** at Sansarpur, Lucknow

organized by **Department of Physiotherapy**, Integral Institute of Allied Health Sciences & Research, Integral University, Lucknow on **01st October, 2024**.

Dr. ABDUR RAHEEM KHAN
Professor & Head

Department of Physiotherapy
Integral University, Lucknow

Prof. (Dr.) ASHTAQUE KHAN
Director

Integral Institute of Allied Health Sciences & Research
Integral University, Lucknow

Prof. (Dr.) ABHA CHANDRA
Dean

Integral Institute of Medical Sciences & Research
Integral University, Lucknow

SYED M. FAUZAN AKHTAR
Executive Director

Integral University, Lucknow



INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

OFFICE OF THE DIRECTOR

Reference no: IIAHSR/DO /2024/167

Date: 30/09/2024

To,
Transport Incharge
Integral University
Lucknow

Through Proper Channel

Subject: Regarding arrangement of Bus for the Extension activity program which is going to be held at Sansarpur Lucknow

Dear Sir,

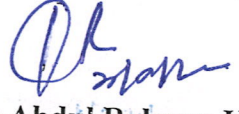
In reference to the letter no. IIAHSR/PT/EA/2024/105B, IIAHSR/DO/2024/90, Dated: 12/09/2024, I would like to request you to kindly arrange the bus for the Extension activities program organized by the Department of Physiotherapy in collaboration with the Department of Community Medicine.

The details of the program are mentioned below:

Activity	Plantation Drive
Area	Sansarpur, Lucknow
Date	1-Oct'24
Time	09:30 AM Onwards
Students	60
Bus Required	2

Mr. Faizan Ahmad, MSW, (Mobile no. 9935666772) Department of Community Medicine.


Prof. (Dr.) Ashfaq Khan
Director
Integral Institute of Allied Health
Science & Research
Integral University, Lucknow


Prof. (Dr.) Abdul Raheem Khan
HOD Physiotherapy
Integral University, Lucknow

1. The Executive Director, IIMSR, IINSR & IIAHSR, for his kindly information
2. The Director IIAHSR
3. The HOD Physiotherapy
4. The Medical Superintendent IIMSR
5. The Deputy Medical Superintendent IIMSR
6. Office file

Fwd: Report on Extension Activities organized by Department of Physiotherapy (Session 2024-25, Odd Semester)

1 message

Aafreen Afrin <aafreen@iul.ac.in>
To: "S.M. abdullah Haider" <smahaider@iul.ac.in>

Wed, Dec 4, 2024 at 2:26 AM

----- Forwarded message -----

From: **Communication Cell IUL** <communications@iul.ac.in>

Date: Tue, 12 Nov 2024 at 2:14 PM

Subject: Report on Extension Activities organized by Department of Physiotherapy (Session 2024-25, Odd Semester)

To:

Dear All,

The **Department of Physiotherapy** has successfully organized a **series of extension activities** during the **Odd Semester of the academic year 2024-25**, aimed at benefiting the community, raising awareness about health and physiotherapy, and providing hands-on learning experiences for students. These activities were actively participated in by **90% of our students**, including those from the **Bachelor of Physiotherapy (BPT)**, **Master of Physiotherapy (MPT)**, and **Interns**, contributing their knowledge and expertise to the success of the events. The extension activities were conducted in **collaboration** with the **Department of Community Medicine, IIMSR**, to ensure a comprehensive and community-oriented approach. Additionally, all activities were officially approved by the **National Service Scheme (NSS)**, reinforcing the alignment of these initiatives with the larger goals of community service and social responsibility.

The extension activities offered a practical learning experience for students, enhancing their clinical skills, patient interaction, and public health awareness. The local communities greatly benefited from the physiotherapy services provided, receiving treatment, educational material, and guidance on improving health and wellness.

These extension activities were carried out under the able guidance and leadership of **Mr. Syed Mohammad Fauzan Akhtar**, Executive Director, IIMSR, IIAHSR & IINSR; **Prof. (Dr.) Abha Chandra**, Dean, IIMSR; **Dr. Syed Belal Hassan**, Director, Integral Hospital & Research Centre; **Prof. (Dr.) Ashfaq Khan**, Director, IIAHSR; and **Prof. (Dr.) Abdur Raheem Khan**, Head of the Department of Physiotherapy. Their supervision and strategic direction were instrumental in the successful execution of these events, ensuring that each activity was aligned with both academic objectives and community service goals.

Below is a summary of the extension activities conducted:

Activity	Date	Location	Faculty Coordinator	Objective	Impact
Health Outreach and Wellness Camp	29-09-2024	Sector-H, Jankipuram	Dr Neeraj Kumar Maurya Dr Aafreen	Offering free physiotherapy consultations, promoting wellness, and raising awareness about common musculoskeletal issues.	Several residents of the locality benefited from physiotherapy services, including assessments, exercise guidance, and pain management techniques.

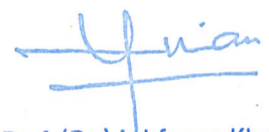
Department of Physiotherapy
Integral University, Lucknow

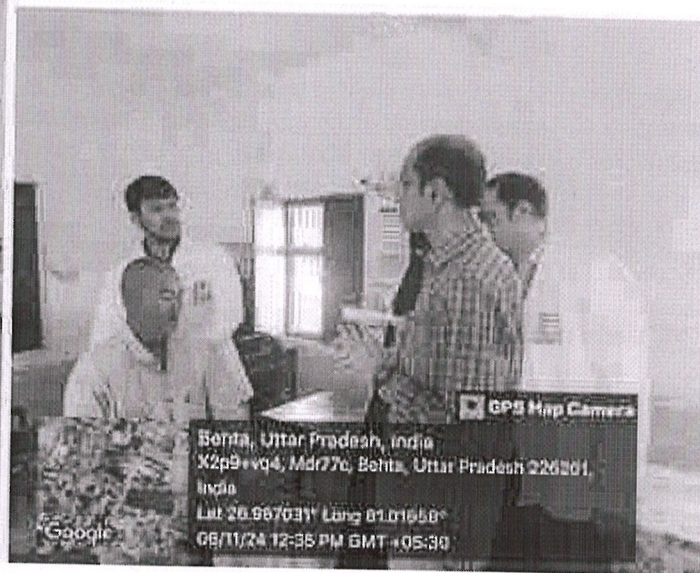
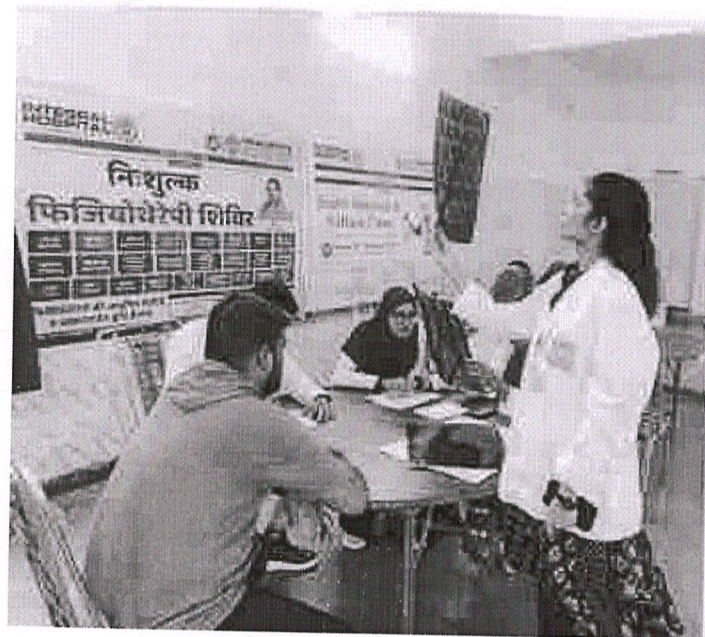
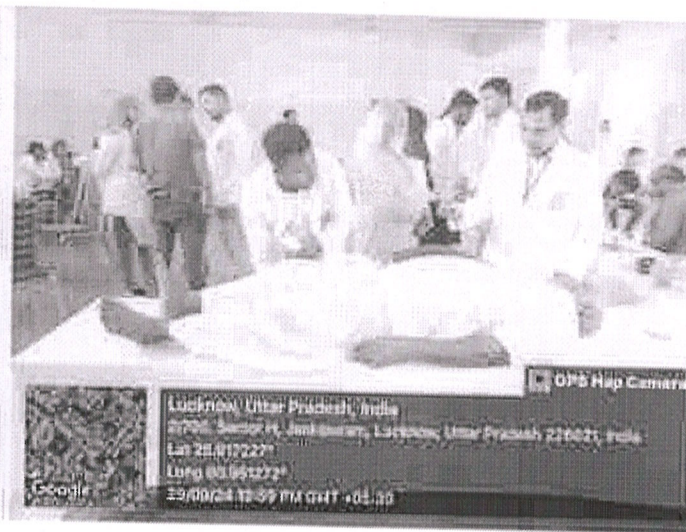
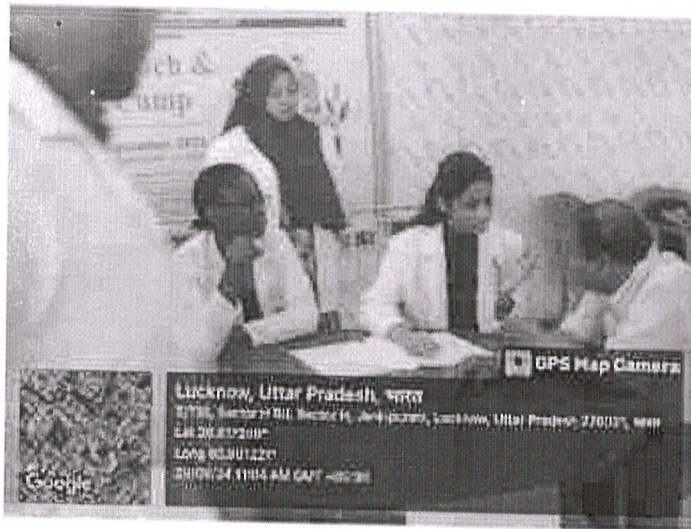
Prof. (Dr.) Ashfaq Khan
Director
Integral Institute of Allied Health
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Plantation Drive	01-10-2024	Sansarpur	Dr Ammar Faisal Khan Dr Zohra Akhtar	Enhancing environmental awareness and promoting sustainable practices. Students and faculty collaborated in planting trees to improve the ecological health of the area.	The initiative not only contributed to environmental health but also raised awareness about the importance of green spaces and their role in physical and mental well-being.
Health Awareness Camp	15-10-2024	Family Court, Kaiserbagh	Dr AMH Inam Dr Mohd Zafra Akhtar	To offer health assessments, particularly focusing on stress management and musculoskeletal pain, which is common in the working population.	Numerous individuals benefited from physiotherapy consultations and learned about preventative measures for common conditions related to work-life balance and physical health.
Rally for Social Awareness of Physiotherapy	22-10-2024	Nearby communities of Integral University	Dr Mohd Javed, Dr Taufish Ahmad Dr Hera Naeem	Spreading awareness about the role of physiotherapy in health care and its benefits in treating various conditions	The rally created significant awareness in the nearby communities about physiotherapy as an essential part of healthcare, helping to dispel common myths and encourage people to seek physiotherapy services.
Health & Wellness Camp	06-11-2024	Behta, Kursi road	Dr Mohd Ahmad Dr Farhan Khan	To promote wellness and prevent lifestyle-related diseases through physiotherapy consultations, lifestyle education, and exercise demonstrations.	The camp emphasized the importance of regular physical activity and proper ergonomics in improving quality of life, especially among the elderly population of the area.

The following images provide a glimpse of the extension activities, showcasing the active participation and engagement of the community members and organizing teams.

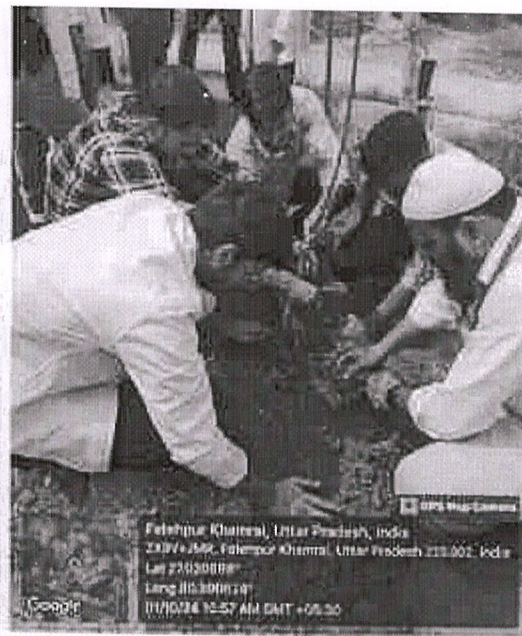
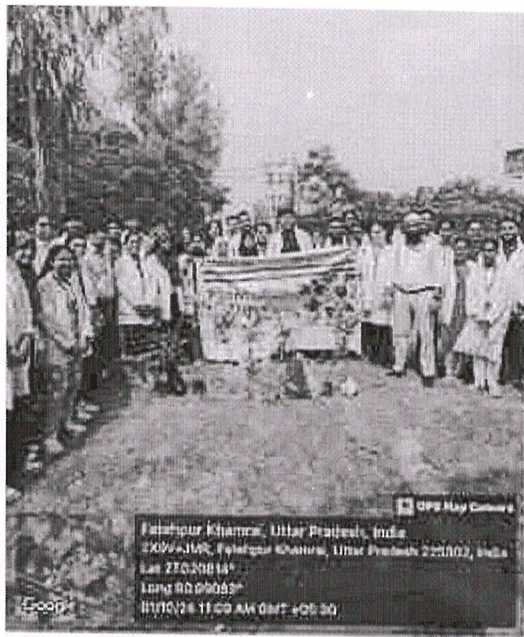
 Head
Department of Physiotherapy
Integral University, Lucknow


Prof. (Dr.) Ashfaq Khan
Director
Integral Institute of Allied Health
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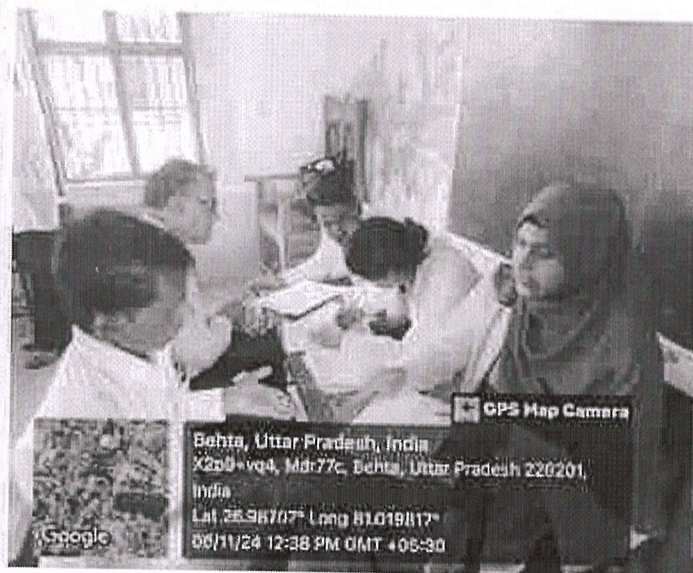
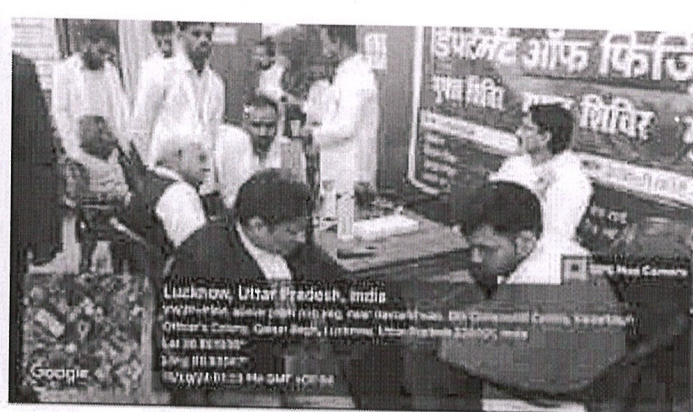
Dr. Head
 Department of Physiotherapy
 Integral University, Lucknow

Ashfaque Khan
 Prof. (Dr.) Ashfaque Khan
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 Science & Research
 Integral University, Lucknow



DM
 Head
 Department of Physiotherapy
 Integral University, Lucknow

Ashfaque Khan
 Prof. (Dr.) Ashfaque Khan
 Director
 Integral Institute of Allied Health
 Science & Research
 Integral University, Lucknow



Moving forward, we plan to continue these efforts and expand our outreach to more communities, fostering the growth of both our students and the communities we serve.

Thanks and Warm Regards

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