



Ref. No.: IIAHSR/PT/EA/2024/105

Dated: 20/08/2024

NOTICE

A meeting regarding the planning of Extension Activities for Session 2024-25 (Odd Sem) is scheduled to be held on 21st August 2024. All the faculty members are thereby informed to attend the meeting in the HoD office at 12:30 PM.

Dr. Neeraj Kumar Maurya (PT)
In-charge DQAC, Physiotherapy

Prof. (Dr.) Abdur Raheem Khan
Head, Physiotherapy

Deptt. of Physiotherapy
Integral University, Lucknow

CC to:

1. Director, IIAHSR
2. All the faculty members of Physiotherapy
3. Office copy

Seen
1
4/8/24
20/08/24

Prof. (Dr.) Ashfaque Khan
Director
Integral Institute of Allied Health
Science & Research
Integral University, Lucknow



Ref. No.: IIAHSR/PT/EA/2024/ 105A

Dated: 22/08/2024

MINUTES OF MEETING

A meeting regarding Extension Activity for the session 2024-25 (Odd Semester) was scheduled on **21st August 2024**. The agenda of the meeting was planning, objectives, and logistics for each activity.

The following aspects were discussed and accordingly decisions were taken:

Activity	Date	Location	Coordinator	Students	Remarks
Plantation Drive	23-09-2024	Sansarpur	Dr Ammar Faisal Khan, Dr Zohra Akhtar	BPT 1 st , 2 nd Year & MPT 1 st Year	2 buses required
Camp 1: Health Outreach and Wellness	29-09-2024 (Tentative)	Sahara State, Jankipuram	Dr Neeraj Kumar Maurya & Dr Aafreen	BPT 4 th Year, Interns, MPT 1 st & 2 nd Year	1 bus required
Rally for Social Awareness of Physiotherapy	22-10-2024	Nearby communities of Integral University	Dr Mohd Javed, Dr Taufish Ahmad, Dr Hera Naeem	BPT 3 rd , 4 th Year	--
Camp 2: Health Awareness	30-10-2024 (Tentative)	Family Court, Kaiserbagh	Dr AMH Inam & Dr Mohd Zafra Akhtar	BPT 4 th Year, Interns, MPT 1 st & 2 nd Year	1 bus required
Camp 3: Health & Wellness	06-11-2024	Behta	Dr Mohd Ahmad & Dr Farhan Khan	BPT 4 th Yr, Interns, MPT 1 st & 2 nd	1 bus required

All proposed activities were reviewed in detail. To secure necessary permissions and permits were asked. All students from Bachelor of Physiotherapy and Master of Physiotherapy would be allowed to register for these activities.

Prof (Dr) Abdur Raheem Khan thanked all participants for their contributions and concluded the meeting.

Dr. Neeraj Kumar Maurya (PT)
Incharge DQAC, Physiotherapy

Prof. (Dr.) Abdur Raheem Khan
Head, Physiotherapy

Deptt. of Physiotherapy
Integral University, Lucknow

CC to:

1. All Concerned
2. Office copy

o/c
22/08/24

Prof. (Dr.) Ashfaque Khan
Director
Integral Institute of Allied Health
Science & Research
Integral University, Lucknow



INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY

Dated: 22/08/2024

ATTENDANCE SHEETS MINUTES OF MEETING FOR EXTENSION ACTIVITIES (2024-25)

Date	Start Time	End Time	Location	Verified by
21.08.2024	12:30 PM	1:15 PM	HOD Office	Dr. Aafreen
S.N.	Name of the Attendee members	Designation	Signature with Date	
1.	Prof. (Dr.) Ashfaqe Khan	Professor, Director IIAHSR		
2.	Prof. (Dr.) Abdur Raheem Khan	Professor, Head Physiotherapy		
3.	Dr. Neeraj Maurya (PT)	Associate Professor		
4.	Dr. Mohd Javed Iqbal (PT)	Associate Professor		
5.	Dr. A. M. H. Inam (PT)	Associate Professor		
6.	Dr Farhan Khan (PT)	Associate Professor		
7.	Dr. Namrata Suri (PT)	Assistant Professor		
8.	Dr. Aafreen (PT)	Assistant Professor	Absent	
9.	Dr. Ammar Faisal Khan (PT)	Assistant Professor		
10.	Dr. Sadiya Begum (PT)	Assistant Professor		
11.	Dr. Taufish Ahamad (PT)	Assistant Professor		
12.	Dr. Shaikh Shohaim Mohd (PT)	Assistant Professor		
13.	Dr. Hera Naeem (PT)	Assistant Professor		
14.	Dr. Saher Ansari (PT)	Lecturer		
15.	Dr. Salma Iftekhar (PT)	Lecturer		
16.	Dr. Zohra Akhtar (PT)	Lecturer		

Dr. Neeraj Kumar Maurya (PT)
Incharge DQAC, Physiotherapy

Prof. (Dr.) Abdur Raheem Khan
Head, Physiotherapy

Deptt. of Physiotherapy
Integral University, Lucknow.

22/08/24

Prof. (Dr.) Ashfaqe Khan

Director



INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY

Ref. No.: IIAHSR/PT/EA/2024/ 105B

Dated: 12/09/2024

Ref. No. - IIAHSR/DOA/2024/90

*frwd - to HoD - Community Medicine
for collaboratively organizing the
activities.*

To,
Executive Director
IIMSR, IIAHSR & IINSR
Integral University
Lucknow.

S. f. Akhter

(Through Dean, Faculty of Medicine and Health Sciences)

12. 09-2024

*copy to:
DMS.*

Subject: Approval of Extension Activities for the session 2024-25 (Odd Semester) to be scheduled by Department of Physiotherapy.

Respected Sir,

With due respect we are writing to seek your approval for the extension activities planned by the Physiotherapy Department for Session 2024-25 odd semester. We have outlined a series of initiatives aimed at enhancing our department's engagement with both the academic and local communities. These activities are designed to enrich the educational experience of our students and contribute positively to public health awareness. The proposed activities are as follows:

Activity	Date	Location	Coordinator	Students	Remarks
Plantation Drive	23- 09-2024	Sansarpur	Dr Ammar Faisal Khan, Dr Zohra Akhtar	BPT 1 st , 2 nd Year & MPT 1 st Year	2 buses required
Camp 1: Health Outreach and Wellness	29-09-2024 (Tentative)	Sahara State, Jankipuram	Dr Neeraj Kumar Maurya & Dr Aafreen	BPT 4 th Year, Interns, MPT 1 st & 2 nd Year	1 bus required
Rally for Social Awareness of Physiotherapy	22-10-2024	Nearby communities of Integral University	Dr Mohd Javed, Dr Taufish Ahmad, Dr Hera Naeem	BPT 3 rd , 4 th Year	--
Camp 2: Health Awareness	30-10-2024 (Tentative)	Family Court, Kaiserbagh	Dr AMH Inam & Dr Mohd Zafra Akhtar	BPT 4 th Year, Interns, MPT 1 st & 2 nd Year	1 bus required
Camp 3: Health & Wellness	06-11-2024	Behta	Dr Mohd Ahmad & Dr Farhan Khan	BPT 4 th Yr, Interns, MPT 1 st & 2 nd	1 bus required

Kindly request your approval to proceed with the planning and execution of these activities. I request you to kindly give your approval in this regard.

Thanking you in anticipation.

Prof. (Dr.) Abdur Raheem Khan
Head, Physiotherapy

Deptt. of Physiotherapy
Integral University, Lucknow

Prof. (Dr.) Ashfaque Khan

Director, IIAHSR

Director
Integral Institute of Allied Health
Science & Research
Integral University, Lucknow



INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH
 INTEGRAL UNIVERSITY, LUCKNOW
DEPARTMENT OF PHYSIOTHERAPY

Ref. No.: IIAHSR/PT/EA/2024/105C

Dated: 19/09/2024

To,
 In-charge & Program Officer
 National Service Scheme (NSS)
 Integral University,
 Lucknow.

(Through Proper Channel)

Subject: Approval of Extension Activities for the session 2024-25 (Odd Semester) to be scheduled by Department of Physiotherapy.

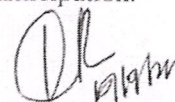
Dear Sir,


I am writing to seek approval for a series of extension activities planned by the Department of Physiotherapy for Odd Semester of the 2024-25 academic year. We aim to promote health awareness and community engagement through these activities, which are outlined below:

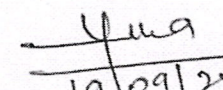
Activity	Date	Location	Coordinator	Students
Plantation Drive	23-09-2024	Sansarpur	Dr Ammar Faisal Khan, Dr Zohra Akhtar	BPT 1 st , 2 nd Year & MPT 1 st Year
Camp 1: Health Outreach and Wellness	29-09-2024 (Tentative)	Sahara State, Jankipuram	Dr Neeraj Kumar Maurya & Dr Aafreen	BPT 4 th Year, Interns, MPT 1 st & 2 nd Year
Rally for Social Awareness of Physiotherapy	22-10-2024	Nearby communities of Integral University	Dr Mohd Javed, Dr Taufish Ahmad, Dr Hera Naeem	BPT 3 rd , 4 th Year
Camp 2: Health Awareness	30-10-2024 (Tentative)	Family Court, Kaiserbagh	Dr AMH Inam & Dr Mohd Zafra Akhtar	BPT 4 th Year, Interns, MPT 1 st & 2 nd Year
Camp 3: Health & Wellness	06-11-2024	Behta	Dr Mohd Ahmad & Dr Farhan Khan	BPT 4 th Yr, Interns, MPT 1 st & 2 nd

We believe that these activities will significantly contribute to community health and foster a spirit of service among our students. We request your approval to proceed with these activities under the NSS framework.

Thanking you in anticipation.


Prof. (Dr.) Abdur Raheem Khan
 Head, Physiotherapy
 Head
 Department of Physiotherapy
 Integral University, Lucknow

APPROVED
 19/09/24



Prof. (Dr.) Ashfaque Khan
 Director, IIAHSR
 Prof. (Dr.) Ashfaque Khan
 Director
 Integral Institute of Allied Health
 Science & Research
 Integral University, Lucknow



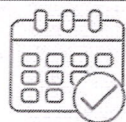
Department of Physiotherapy

in Collaboration with

Department of Community Medicine, IIMSR

are Organising

Rally for Social Awareness of Physiotherapy



Tuesday, 22nd October, 2024

Nearby Communities of Integral University

Organising Secretary

Prof. (Dr.) ABDUR RAHEEM KHAN

Head
Department of Physiotherapy
Integral University, Lucknow

Organising Chairpersons

Dr. SYED BELAL HASSAN

Assoc. Prof. & Dy. Med. Superintendent
Integral Institute of Medical Sciences & Research
Faculty of Medicine & Health Sciences
Integral University, Lucknow

Prof. (Dr.) ASHFAQUE KHAN

Director
Integral Institute of Allied Health Sciences & Research
Integral University, Lucknow

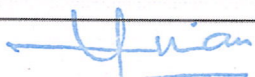
Coordinators

Dr. Mohd. Javed | Dr. Taufish Ahmad | Dr. Hera Naeem

Participants

BPT 3rd & 4th Year Students


Head
Department of Physiotherapy
Integral University, Lucknow


Prof. (Dr.) Ashfaque Khan
Director
Integral Institute of Allied Health
Science & Research
Integral University, Lucknow



INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY

Date: 22/10/2024

Attendance Sheets of Extension Activity - RALLY FOR SOCIAL AWARENESS OF PHYSIOTHERAPY on 22nd October 2024.

Date	Start Time	Venue			
22.10.2024	09.30 AM	Nearby Integral University Communities			
S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/Semester	Signature with Date
1.	Kashish Naaz	2100102439	BPT	4 th /7 th	Kashish 22/10/24
2.	Pratisha Singh	2100101817	BPT	4 th /7 th	Pratisha 22/10/24
3.	Tanya Faruq	2100100571	BPT	4 th /7 th	Tanya 22/10/24
4.	Aajin Siddique	2100103138	BPT	4 th /7 th	Aajin 22/10/24
5.	Shubham Kumar	2100102345	BPT	4 th /7 th	Shubham 22/10/24
6.	Harshit Maurya	2100102287	BPT	4 th /7 th	Harshit
7.	Khushi Singh Kushwaha	2100101067	BPT	4 th /7 th	Khushi
8.	Amir Geyash	2100101168	BPT	4 th /7 th	Amir
9.	Akhil Kumar Yadav	2100103557	BPT	4 th /7 th	Akhil
10.	Abdul Khalig	2100103504	BPT	4 th /7 th	A. Khalig
11.	Abhishek Upadhyay	2100101710	BPT	4 th /7 th	Abhishek
12.	Abhinav Singh Rajwanshi	2100103596	BPT	4 th /7 th	Abhinav
13.	Abhinandan Verma	2100101949	BPT	4 th /7 th	Abhinandan
14.	Abhishek verma	2100101670	BPT	4 th /7 th	Abhishek verma
15.	AKASH SINGH	2100101746	BPT	4 th /7 th	Akash
16.	Adhayan choudhary	2100100020	BPT	4 th /7 th	Adhayan
17.	ABU BASAR	2100103730	BPT	4 th /7 th	Abubasar 21-10-24
18.	Akhilish Kumar Yadav	2100102772	BPT	4 th /7 th	Akhilish
19.	Mohd Safdar	2100100525	BPT	4 th /7 th	Safdar
20.	Mo. Ayam.	2100102569	BPT	4 th /7 th	Ayam.
21.	Mohel Hammad	2100103069	BPT	4 th /7 th	Hammad.
22.	Mohd Shahzade	2100102629	B.P.T	4 th /7 th	Shahzade
23.	Poonam yadav	2100102524	BPT	4 th /7 th	Poonam
24.	Rishi Ashok Gupta	2100103863	BPT	4 th /7 th	Rishi
25.	Kuldeep Rajput	2100100492	B.P.T	4 th /7 th	Kuldeep

Head
Department of Physiotherapy
Integral University, Lucknow

Prof. (Dr.) Ashfaq Khan
Director
Integral Institute of Allied Health
Science & Research
Integral University, Lucknow

1/9
Continue...



INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY

S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/Semester	Signature with Date
26.	Mariyah	2100100122	BPT	IV / VII	Mariyah 22/10/24
27.	Ritika Gupta	2100103424	BPT	IV / 7th	Ritika 22/10/24
28.	Saba Tanzeem	2100102540	BPT	IV / 7th	Saba 22/10/24
29.	Mehak Fatemah	2100102476	BPT	IV / 7th	Mehak 22/10/24
30.	Suhail Khan	2100102628	BPT	IV / 7th	Suhail Khan 22/10/24
31.	Mohammad Shahroz Khan	2100102455	B.P.T	IV / 7th	Shukh 22/10/24
32.	Mehul Aman Khan	2100103052	BPT	IV / 7th	Aman 22/10/24
33.	Pooja Parmar	2100101437	BPT	4th / 7th	Pooja 22/10/24
34.	Pratishtha Singh	2100101814	BPT	4th / 7th	Pratishtha
35.	Sadeed Ashrafi	2100101566	BPT	4th / 7th	Sadeed Ashrafi 22/10/24
36.	Pooja Vishwakarma	2100100474	BPT	4th / 7th	Pooja
37.	Shalini Yadav	2100100862	BPT	4th / 7th	Shalini
38.	Nupur Sarker	2100103600	BPT	4th / 7th	Nupur Sarker
39.	Surajish Anand	2100102204	BPT	4th / 7th	Surajish Anand 22/10/24
40.	Mishra Soni	2100103374	BPT	4th / 7th	Mishra 22/10/24
41.	Amrit Srivastava	2100100748	BPT	4th / 7th	Amrit 22/10/24
42.	Amitesh Maurya	2100100203	BPT	4th / 7th	Amitesh 22/10/24
43.	Alice Rawan	2100100022	B.P.T	4th / 7th sem	Alice 22/10/24
44.	Ansari Alqama Rashid	2100103620	BPT	4th / 7th	Alqama 22/10/24
45.	Anupama Maurya	2100100245	BPT	4th / 7th sem	Anupama 22/10/24
46.	Arubhava Gupta	2100102494	BPT	4th / 7th	Arubhava 22/10/24
47.	Anushka Mais Rajput	2100102961	BPT	4th / 7th	Anushka 22/10/24
48.	Ayushman Ahmad	2100103209	BPT	4th / 7th	Ayushman 22/10/24
49.	Askan Ahmad	2100102525	BPT	4th / 7th sem	Askan Ahmad 22/10/24
50.	Ashita Singh	2100101234	BPT	4th / 7th sem	Ashita Singh 22/10/24

Head
Department of Physiotherapy
Integral University, Lucknow

Prof. (Dr.) Ashfaque Khan
Director
Integral Institute of Allied Health
Science & Research
Integral University, Lucknow

2/9
Continue...



INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY

S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/Semester	Signature with Date
51.	Ayushi Dwivedi	2100100911	BPTN	VII th /4 th year	Ayushi
52.	Asra Siddiqui	2100102045	BPTH	VIII th /4 th year	Asra
53.	Atif Hameed	2100102184	BPT	VII th /4 th	Atif
54.	Asifa Mustafa	2100103273	BPT	4 th /7 th	Asifa
55.	Abdul Hanan	2100100132	BPT	4 th /7 th	Abdul 22/10/24
56.	Amanul Musah Rizvi	2100103452	BPT	4 th /7 th	Amanul 22/10/24
57.	Ayushman Verma	2100101044	B.P.T	4 th /7 th	Ayushman
58.	Charushi Pandey	2100100017	B.P.T	4 th /7 th	Charushi
59.	Azoz Ahmed	2100102356	BPT	4 th /7 th	Azoz
60.	Basir Ahmad	2100102780	BPT	4 th /7 th	Basir Ahmad
61.	Darwish Alam	2100101596	BPT	4 th /7 th	Darwish
62.	FAIZA AKHTER	2100103714	BPT	4 th /7 th	Faiza Akhter
63.	Faluk Shahzadi	2100102956	BPT	4 th /7 th	Faluk Shahzadi
64.	Fatima Kaushar	2100102570	BPT	4 th /7 th	Fatima Kaushar
65.	Fahim Shahbaz Khan	2100101654	BPT	4 th /7 th	Fahim Shahbaz
66.	Haris Nayaz Khan	2100100088	BPT	4 th /7 th	Haris
67.	Hanshvardhan Upadhyay	2100100398	BPT	4 th /7 th	Hansh
68.	Kahkashem Noor	2100102960	BPT	4 th /7 th	Kahkashem 22/10/24
69.	Klushboo Katoor	2100103180	BPT	4 th /7 th	Klushboo 22/10/24
70.	Khan Mazish Nazmi	2100100954	BPT	4 th /7 th	Khan 22/10/24
71.	Kushi Singh Kushwaha	2100101067	BPT	4 th /7 th	Kushi 22/10/24
72.	Kaif Khan	2100102018	BPT	4 th /7 th	Kaif 22/10/24
73.	Vishnu Yadav	2100101140	BPT	4 th /7 th	Vishnu 22/10/24
74.	Pratishtha Singh	2100101017	BPT	4 th /7 th	Pratishtha 22/10/24
75.	Kuldeep Rajput	2100100492	B.P.T	4 th /7 th	Kuldeep 22/10/24

Head
Department of Physiotherapy
Integral University, Lucknow

Prof. (Dr.) Ashfaque Khan
Director
Integral Institute of Allied Health
Science & Research
Integral University

3/9
Continue...



INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY

S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/ Semester	Signature with Date
76.	Roshni Ojha	2100100491	B.P.T	4 th /7 th Sem	Roshni, 22/10/24
77.	Mohd Ayan	2100102569	BPT	4 th /7 th	Ayan, 22/10/24
78.	Karishma Naaz	2100102439	BPT	4 th /7 th	Karishma, 22/10/24
79.	Shwashti	2100104036	BPT	4 th /7 th	Shwashti
80.	Tausif Alam	2100103529	B.P.T	4 th /7 th	Tausif
81.	Mahel Falak Hayat	2100102476	BPT	4 th /7 th	Mahel
82.	Prity Paswan	2100101437	BPT	4 th /7 th	Prity Paswan
83.	Rahnuma Ansari	2100103718	BPT	4 th /7 th	Rahnuma
84.	Ramsha Firdous	2100100310	BPT	4 th /7 th	Ramsha
85.	Mishika Soni	2100109374	BPT	4 th /7 th	Mishika
86.	Shruti Singh	2100100676	BPT	4 th /7 th	Shruti
87.	Poonam Yadav	2100102524	BPT	4 th /7 th	Poonam
88.	Kitika Gupta	2100103424	BPT	4 th /7 th	Kitika
89.	Saba Tanzeem	2100102560	BPT	4 th /7 th	Saba
90.	Muskan Kumari	2100100329	BPT	4 th /7 th	Muskan
91.	Tasmija Farooqui	210010054	BPT	4 th /7 th	Tasmija
92.	Khan Nazish Nazmi	2100100954	BPT	4 th /7 th	Nazish
93.	Mohd Sajdar	2100100525	BPT	4/7 th	Sajdar
94.	Mohd. Ehtesham Farooqui	2200100640	BPT	4 th /7 th	Ehtesham
95.	Sadab Alam	2100103985	BPT	4 th /7 th	Sadab
96.	Mayank Patel	2100101109	BPT	4 th /7 th	Mayank
97.	Vinit Dabpathi	2100100026	BPT	4 th /7 th	Vinit
98.	Mahnoor Khan	2200100028	BPT	3/5	Mahnoor
99.	Jaiisha Fareed	2200104314	BPT	3/5	Jaiisha, 22/10/24
100.	Loely Suman	2200100030	BPT	3/5	Loely, 22/10/24

Head
Department of Physiotherapy
Integral University, Lucknow

Prof. (Dr.) Ashfaque Khan
Director

4/9
Continue...



INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY

S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/Semester	Signature with Date
101.	Ali Abbas	2200103281	BPT	3/5	Ali
102.	Shaikh Abdul Rahim	2200100289	BPT	3/5	Shaikh
103.	Benazir Jafima	2200100833	BPT	3/5	Benazir 22/10/24
104.	Iqra KHAN	2200100458	BPT	3/5	Iqra 22/10/24
105.	Arish Beg	2200100533	BPT	3/5	Arish Beg
106.	Mohammad Saif	2200100820	BPT	3/5	Saif
107.	Aneeqa	2200100691	BPT	3/5	Aneeqa
108.	Nagma	2200102131	BPT	3/5	Nagma 22/10/24
109.	Ananya Anjum	2200103524	BPT	3/5	Ananya 22/10/24
110.	Mahek Madheshiya	2200101211	BPT	3/5	Mahek 22/10/24
111.	Shahab Ali	2200100531	BPT	3/5	Shahab 22/10/24
112.	Md. Adnan	2200101989	BPT	3/5	Adnan 22/10/24
113.	KAIF ANBARI	2200100700	BPT	3/5	Kaif 22/10/24
114.	Jasheed Khan	2200103794	BPT	3/5	Jasheed 22/10/24
115.	Feizem Khan	2200100778	BPT	3/5	Feizem 22/10/24
116.	Mandisha Afrooz	2200101512	BPTH	3 rd /5 th	Mandisha 22/10/24
117.	Anamul Haque	2200101164	BPTH	3 rd /5 th	Anamul 22/10/24
118.	Md Saqib Sulim	2200100109	B.P.Th	3 rd /5 th	Saqib 22/10/24
119.	Nargis Siddiqui	2200100366	BPT	3 rd /5 th	Nargis 22/10/24
120.	Sahiba Perveen	2200100314	BPTH	3 rd /5 th	Sahiba 22/10/24
121.	Munazza Siddiqui	2200100039	BPTH	3 rd /5 th	Munazza 22/10/24
122.	Sandhya Singh	2300104443	BPTH	3 rd /5 th	Sandhya 22/10/24
123.	Chawli J. Nishad	2200101260	BPTH	3 rd /5 th	Nishad 22/10/24
124.	Tariqah Khurshed	2200100536	BPTH	3 rd /5 th	Tariqah 22/10/24
125.	Zaid Zehcer	2200100553	BPTH	3 rd /5 th	Zaid 22/10/24

Head
Department of Physiotherapy
Integral University, Lucknow

Prof. (Dr.) Ashfaque Khan
Director
Integral Institute of Allied Health
Science & Research
Integral University, Lucknow

5/9

Continue...



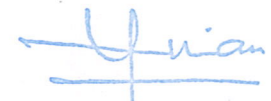
INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY

S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/Semester	Signature with Date
126.	Nazia Parween	2200100607	BPT	3/5	Nazia
127.	Nahid Mustafa	2200100606	BPT	3/5	Nahid
128.	Manisha Parween	2200100460	BPT	3/5	Manisha
129.	Nidhi Chauhan	2200100580	BPTH	3 rd /5 th	Nidhi
130.	Sakshi Mishra	2200100809	BPTH	3 rd /5 th	Sakshi
131.	Shweta Pandey	2200100013	BPT	3 rd /5 th	Shweta
132.	Shivani Rawat	2200100126	BPT	3 rd /5 th	Shivani
133.	Satyamevi	2200100090	BPT	3 rd /5 th	Satyamevi
134.	Sabbu Tiwari	2200100227	BPT	3 rd /5 th	Sabbu
135.	Deepsha Dubey	2200101236	BPT	3 rd /5 th	Deepsha 22/10/24
136.	Nikhil Parween	2200101240	BPT	3 rd /5 th	Nikhil B 22/10/24
137.	Vaniya Abdeen	2200101209	BPT	3 rd /5 th	Vaniya 22/10/24
138.	Basma Bano	2200103382	BPT	3 rd /5 th	Basma 22/10/24
139.	Akanksha Singh	2300104952	BPT	3 rd /5 th	Akanksha 22/10/24
140.	Rishu Singh	2200101222	BPT	3 rd /5 th	Rishu 22/10/24
141.	Skand Verma	2200100726	BPT	3 rd /5 th	Skand Verma 22/10/24
142.	Shifa Fatima	2200100548	BPT	3 rd /5 th	Shifa 22/10/24
143.	MD. Shaban	2200103555	BPT	3 rd /5 th	Shaban 22/10/24
144.	Mohd Sakib Anwar	2200100190	BPT	3 rd /5 th	Mohd Sakib 22/10/24
145.	Jurran Alam	2200100239	BPT	3 rd /5 th	Jurran Alam
146.	Hua Fatima	2200101002	BPT	3/5	Hua Fatima 22/10/24
147.	Mahel Ruman	2200100073	BPT	3/5	Ruman 22/10/24
148.	Shivani Kumari	2200100378	BPT	3 rd /5 th	Shivani 22/10/24
149.	Ananya Maurya	2200100345	BPT	3 rd /5 th	Ananya 22/10/24
150.	Ayushi Gautam	2200100705	BPT	3 rd /5 th	Ayushi Gautam

 Head
Department of Physiotherapy
Integral University, Lucknow


Prof. (Dr.) Ashfaq Khan
Director
Integral Institute of Allied Health
Science & Research

6/9

Continue...



INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY

S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/Semester	Signature with Date
151.	Mohammad-Maaz	2200102871	BPT	3 rd /5 th	Maaz 22/10/24
152.	Kashan Shamim	2200100256	BPT	3 rd /5 th	Kashan 22/10/24
153.	shivam verma	2200100082	BPT	3 rd /5 th	Shivam 22/10/24
154.	Rashu Patel	2200101081	BPT	3 rd /5 th	Rashu 22/10/24
155.	Asachi Yadav	2200100348	BPT	3 rd /5 th	Asachi 22/10/24
156.	Javed Akram	2200100243	BPT	3 rd /5 th	Javed 22/10/24
157.	Hajira Alam	2200101360	BPT	3 rd /5 th	Hajira 22/10/24
158.	Shoeban wariq	2200100593	BPT	3 rd /5 th	Shoeban 22.10.24
159.	MO Rashid Ali	2200102224	BPT	3 rd /5 th	Rashid 22.10.24
160.	Mohammad Waris	2200100196	BPT	3 rd /5 th	Mohammad Waris 22/10/24
161.	Shaike Zaboor	2200100326	BPT	3 rd /5 th	Shaike 22/10/24
162.	Mo Sameer	2200100481	BPT	3 rd /5 th	Sameer 22/10/24
163.	Sarthak Jainwal	2002300021	BPT	3 rd /5 th	Sarthak 22/10/24
164.	Yashana Tameer.	202200101321	BPT	3 rd /5 th	Yashana 22/10/24
165.	Ankit kr. Vishwakarma	2200100103	BPT	3 rd /5 th	Ankit 22/10/24
166.	Amrita Kumari	2200100642	BPT	3 rd /5 th	Amrita 22/10/24
167.	Namrata Kumari	2200100414	BPT	3 rd /5 th	Namrata 22/10/24
168.	Arshiyam Farooq	2200101054	BPT	3 rd /5 th	Arshiyam 22/10/24
169.	Bhavya Nigam.	2200100004	BPT	3 rd /5 th	Bhavya 22/10/24
170.	Priya Vishwakarma.	220010764	BPT	3 rd /5 th	Priya 22/10/24
171.	Anjali Chaturvedi	2200100240	BPT	3 rd /5 th	Anjali 22/10/24
172.	Bhavya shukla	2200100011	BPT	3 rd /5 th	Bhavya 22/10/24
173.	Janushka Gupta	2200100307	BPT	3 rd /5 th	Janushka 22/10/24
174.	Nahid Arshad	2200100741	BPT	3 rd /5 th	Nahid Arshad 22/10/24
175.	Ayush Mani Tripathi	2000100299	BPT	3 rd /5 th	Ayush 22/10/24

Head
Department of Physiotherapy
Integral University, Lucknow

Prof. (Dr.) Ashfaque Khan
Director
Integral Institute of Allied Health
Science & Research
Integral University, Lucknow

7/9

Continue...



INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY

S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/ Semester	Signature with Date
176.	Aman Verma	2000100498	BPTH	3 rd / 5 th	Aman Verma 22/10/24
177.	Minakshi Rn. Miglaa	2200100110	BPTH	3 rd / 5 th	Minakshi 25/10/24
178.	Mohd Sahel	2100100600	BPTH	4 th / 7 th	Mohd Sahel
179.	shadmaan ADI	2100100156	BPTH	4 th / 7 th	shadmaan ADI
180.	Abdullah SHAHZAD	2200101299	bpth	4 th / 7 th	Abdullah
181.	Aleena Qasim	2200101579	bpth	4 th / 7 th	Aleena
182.	Amamul Haque	2200101169	bpth	4 th / 7 th	Amamul
183.	Abhishek Kumar	2200100722	BPTH	3 rd / 5 th	Abhishek.
184.	Anjali Chaturvedi	2200100740	bpth	4 th / 7 th	Anjali
185.	Aradhya Tripathi	2200102033	bpth	4 th / 7 th	Aradhya
186.	Basma Bano	2200103382	Bpth	4 th / 7 th	Basma
187.	Bhavya Shukla	2200100011	BPTH	4 th / 7 th	Bhavya
188.	Faiz Khan	2200100173	BPTH	4 th / 7 th	Faiz Khan
189.	Habiba idham	2200103222	BPTH	4 th / 7 th	Habiba
190.	Ajmalhaque	190230025	BPTH	3 rd / 5 th	Ajmalhaque
191.	Mohammad Maaz	2200102071	BPTH	3 rd / 5 th	Maaz
192.	Husson SALMAN HABIB AL	2200107500	BPTH	3 rd / 5 th	Salman
193.	Hira Fatima	2200100934	BPTH	4 th / 7 th	Hira Fatima
194.	Jaisha Fareed	2200104319	BPTH	4 th / 7 th	Jaisha
195.	Khushnima Bano	2200101899	BPTH	4 th / 7 th	Khushnima
196.	Mahak Madhesiya	2200101211	BPTH	4 th / 7 th	Mahak
197.	Mariya Qaiser	2200100923	BPTH	4 th / 7 th	Mariya
198.	Md Saquid Salim	2200100109	BPTH	4 th / 7 th	Saquit
199.	Mirza Danish Beg	2200101170	BPTH	4 th / 7 th	Mirza
200.	Mohd Aris beg	2200100533	BPTH	4 th / 7 th	Aris.

Head
Department of Physiotherapy
Integral University, Lucknow

Prof. (Dr.) Ashfaq Khan
Director
Integral Institute of Allied Health
Science & Research
Integral University, Lucknow

8/9

Continued...



INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY

S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/ Semester	Signature with Date
201.	Muniba Anam	2200100121	BPTH	4th / 7th	Muniba
202.	Mohd Abdullah	2100103077	BPTH	4th / 8th	Abdullah
203.	Shivam Sharan	2100200698	BPTH	4th / 9th	Shivam
204.	Qazi Hamza Naeem	2100102180	BPTH	4th / 7th	Qazi Hamza
205.	Abu Ubaida	200100691	BPTH	4th / 7th	Abu Ubaida
206.	Ananya Haque	2200103524	BPTH	4th / 7th	Ananya
207.	AIP Abbas	2200103281	BPTH	4th / 7th	Ali Abbas
208.	Ankur Sharma	2200101481	BPTH	4th / 9th	Ankur
209.	Ayesha Siddiqui	2200100686	BPTH	4th / 7th	Ayesha
210.	Benazir Fatima	2200100833	BPTH	4th / 7th	Benazir
211.	Peeksha Dubey	2200101236	BPTH	4th / 7th	Peeksha
212.	Farha Naaz	2200103222	BPTH	4th / 7th	Farha
213.	Hajira Alam	2200101360	BPTH	4th / 7th	Hajira
214.	Tajiba Begum	2200101288	BPTH	4th / 7th	Tajiba
215.	Kaif Ansari	2200100700	BPTH	4th / 7th	Kaif
216.	Lovely Suman	2200100030	BPTH	4th / 7th	Lovely
217.	Martasha Parveen	2200100423	BPTH	4th / 7th	Martasha
218.	Md Aman Ahmed	2200100160	BPTH	4th / 7th	Aman
219.	Md Manul Salim	2200100109	BPTH	7th / 7th	Salim
220.	Mohammad Saif	2200100820	BPTH	7th / 7th	Saif
221.	Mohd Sakib Ansari	2200100103	BPTH	7th / 7th	Sakib
222.					
223.					
224.					
225.					

Dr. Neeraj Kumar Maurya
Incharge DQAC

Prof. (Dr.) Ashfaque Khan
Director
Integral Institute of Allied Health
Science & Research
Integral University, Lucknow
Website: www.iul.ac.in
E-mail: headbpt@iul.ac.in

Head
Department of Physiotherapy
Integral University, Lucknow
Prof. (Dr.) Abdur Raheem Khan
Head, Physiotherapy



Ref. No.: IIAHSR/PT/EA/2024/105 F

Dated: 23/10/2024

REPORT

The Department of Physiotherapy, Integral University organized a Rally for Social Awareness of Physiotherapy on 22nd October 2024. This initiative was aimed at spreading awareness about the vital role physiotherapy plays in improving the health and quality of life for individuals across various communities. The event was conducted in nearby communities of Integral University, focusing on educating the public about the benefits of physiotherapy in prevention, rehabilitation, and health promotion, where 221 students from the 3rd and 4th years of the Bachelor of Physiotherapy (BPT) program actively participated. The students were divided into groups, each carrying banners, posters, and distributing informative pamphlets on physiotherapy. The materials highlighted various aspects of physiotherapy, including preventive care, rehabilitation, pain management, and the importance of early intervention in musculoskeletal and neurological disorders.

The rally was coordinated by faculty members; Dr. Mohd Javed, Dr. Taufish Ahmad and Dr. Hera Naeem to ensure the smooth organization of the event. The rally began at Integral University with an energizing gathering. The students then marched through the nearby communities, chanting slogans like "Physiotherapy for Better Health" and "Stay Active, Stay Healthy," while engaging with local residents. The students also conducted brief interactive sessions with the public, answering questions related to physiotherapy, demonstrating basic exercises for common ailments, and offering advice on when to consult a physiotherapist.



The rally begins at the OPD Building, Integral University Campus – A strong start towards change and awareness

Head
Department of Physiotherapy
Integral University, Lucknow

Prof. (Dr.) Ashfaq Khan
Director
23/10/24



INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY



Rally for Social Awareness of Physiotherapy

Tuesday, 22nd October, 2024

Dashauli, Uttar Pradesh, India

X244+W25, Dashauli, Uttar Pradesh 226026, India

Lat 26.957481°

Long 81.004721°

22/10/24 09:51 AM GMT +05:30

GPS Map Camera

Google



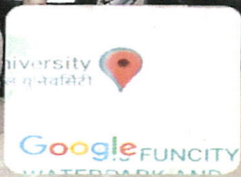
Geo-Tagging Camera

2024/10/22 10:06

Dashauli, Uttar Pradesh, India

XX5X+FJV, Dashauli, Uttar Pradesh 226026, India

Lat 26.958893 Long 80.999314



Students promoting the benefits of physiotherapy through the Rally for Social Awareness, spreading knowledge and encouraging a healthier, active lifestyle

Head
Department of Physiotherapy
Integral University, Lucknow

[Handwritten Signature]
22/10/24

Kursi Road, Lucknow - 226026 (U.P.) India
Phone : +91 63900 11283 / 84 / 85 / Ext. 6918

Website : www.iul.ac.in
E-mail : headbpt@iul.ac.in

integraluniversity Inspiring Excellence
integralunilko official
Integral Institute of Allied Health
Science & Research
Integral University, Lucknow



Many community members expressed gratitude and showed interest in learning more about physiotherapy services. Additionally, the event helped students of the BPT program to engage with the community in a real-world context, improving their communication skills and fostering a sense of social responsibility. This event exemplified the commitment of the Department of Physiotherapy at Integral University to public health education and community service.

Dr. Neeraj Kumar Maurya (PT)
In-charge DAQC, Physiotherapy

Prof. (Dr.) Abdur Raheem Khan
Head, Physiotherapy

Head
Deptt. of Physiotherapy
Integral University, Lucknow

22/10/24

Prof. (Dr.) Ashfaque Khan
Director, IIAHSR

Prof. (Dr.) Ashfaque Khan
Director
Integral Institute of Allied Health
Science & Research
Integral University, Lucknow



INTEGRAL UNIVERSITY
LUCKNOW-INDIA
ACCREDITED UNIVERSITY

NAAC GRADE A+
By the Govt. of U.P. in the Rating Cycle 2022
and Inspiring the Highest Quality Standards

IQAHSR RATED A
WORLD DIRECTORY OF MEDICAL SCHOOLS

INTEGRAL INSTITUTE OF MEDICAL SCIENCES & RESEARCH
LISTED IN
WORLD DIRECTORY OF MEDICAL SCHOOLS

NABH ACCREDITED
NATIONAL BOARD OF ACCREDITATION

INTEGRAL HOSPITAL
Committed to Better Health

INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

FACULTY OF MEDICINE AND HEALTH SCIENCES

Certificate of Participation

EXTENSION ACTIVITIES

This is to certify that
(ID No. 2100102439) has Participated in **Rally for Social Awareness of Physiotherapy** at
Nearby communities of Integral University, Lucknow organized by **Department of Physiotherapy**,
Integral Institute of Allied Health Sciences & Research, Integral University, Lucknow on **22nd**
October, 2024.

Dr. ABDUR RAHEEM KHAN
Professor & Head
Department of Physiotherapy
Integral University, Lucknow

Prof. (Dr.) ASHFAQUE KHAN
Director
Integral Institute of Allied Health Sciences & Research
Integral University, Lucknow

Prof. (Dr.) ABHA CHANDRA
Dean
Integral Institute of Allied Health Sciences & Research
Faculty of Medicine & Health Sciences
Integral University, Lucknow

SYED M. FAUZAN AKHTAR
Executive Director
Integral University, Lucknow



INTEGRAL UNIVERSITY
LUCKNOW-INDIA

NIAAC GRADE A+
ACCREDITED UNIVERSITY

IIAHSR RATED A
The Best AHSR in the Eastern Region 2022
and Providing the Highest Quality Standards

INTEGRAL INSTITUTE OF MEDICAL SCIENCES & RESEARCH
WORLD DIRECTORY OF MEDICAL SCHOOLS LISTED

NABH ACCREDITED

INTEGRAL HOSPITAL

INTEGRAL HOSPITAL
Committed to Better Health

INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

FACULTY OF MEDICINE AND HEALTH SCIENCES

Certificate of Participation



EXTENSION ACTIVITIES

This is to certify that
 Aafrin Siddqui
 (ID No. 2100103138)
 has Participated in Rally for Social Awareness of Physiotherapy at
 Nearby communities of Integral University, Lucknow organized by Department of Physiotherapy,
 Integral Institute of Allied Health Sciences & Research, Integral University, Lucknow on 22nd
 October, 2024.

Dr. ABDUR RAHEEM KHAN
Professor & Head
Department of Physiotherapy
Integral University, Lucknow

Prof. (Dr.) ASHFAQUE KHAN
Director
Integral Institute of Allied Health Sciences & Research
Integral University, Lucknow

Prof. (Dr.) ABHA CHANDRA
Dean
Director
Integral Institute of Medical Sciences & Research
Integral University, Lucknow

SYED M. FAUZAN AKHTAR
Executive Director
Integral University, Lucknow



INTEGRAL UNIVERSITY
LUCKNOW-INDIA
ACCREDITED UNIVERSITY

NAAC
GRADE A+

IAHSR
RATED A
By Institute of Health Services Accreditation (IHSRA) and Upgrading the Highest Quality Standards

INTEGRAL INSTITUTE OF MEDICAL SCIENCES & RESEARCH
WORLD DIRECTORY OF MEDICAL SCHOOLS

NABH
ACCREDITED

INTEGRAL HOSPITAL
Committed to Better Health

INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

FACULTY OF MEDICINE AND HEALTH SCIENCES

Certificate of Participation



EXTENSION ACTIVITIES

This is to certify that
Abdul Khaliq
(ID No. 2100103504) has Participated in **Rally for Social Awareness of Physiotherapy** at
Nearby communities of Integral University, Lucknow organized by **Department of Physiotherapy**,
Integral Institute of Allied Health Sciences & Research, Integral University, Lucknow on **22nd**
October, 2024.

Dr. ABDUR RAHEEM KHAN
Professor & Head
Department of Physiotherapy
Integral University, Lucknow

Prof. (Dr.) ASHFAQUE KHAN
Director
Integral Institute of Allied Health Sciences & Research
Integral University, Lucknow

Prof. (Dr.) ABHA CHANDRA
Dean
Integral Institute of Medical Sciences & Research
Integral Institute of Allied Health Sciences & Research
Integral University, Lucknow

SYED M. FAUZAN AKHTAR
Executive Director
Integral University, Lucknow



INTEGRAL UNIVERSITY
LUCKNOW-INDIA

NAAC GRADE A+
ACCREDITED UNIVERSITY

IAHSR RATED A
By the Govt of U.P. in the Rating Cycle 2022
and upholding the highest quality standards

INTEGRAL INSTITUTE OF MEDICAL SCIENCES & RESEARCH
WORLD DIRECTORY OF MEDICAL SCHOOLS

NABH ACCREDITED

INTEGRAL HOSPITAL
Committed to Better Health

INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

FACULTY OF MEDICINE AND HEALTH SCIENCES

Certificate of Participation



EXTENSION ACTIVITIES

This is to certify that
(ID No. 2100100525) has Participated in **Rally for Social Awareness of Physiotherapy** at
Nearby communities of Integral University, Lucknow organized by **Department of Physiotherapy**,
Integral Institute of Allied Health Sciences & Research, Integral University, Lucknow on **22nd**
October, 2024.

INSPIRING EXCELLENCE

Dr. ABDUR RAHEEM KHAN
Professor & Head
Department of Physiotherapy
Integral University, Lucknow

Prof. (Dr.) ASHFAQUE KHAN
Director
Integral Institute of Allied Health Sciences & Research
Integral University, Lucknow

Prof. (Dr.) ABHA CHANDRA
Dean
Integral Institute of Medical Sciences & Research
Faculty of Medicine & Health Sciences
Integral University, Lucknow

SYED M. FAUZAN AKHTAR
Executive Director
Integral University, Lucknow



INTEGRAL UNIVERSITY
LUCKNOW-INDIA

NAAC GRADE A+
ACCREDITED UNIVERSITY

IJAHSR RATED A
By the Govt. of U.P. in the Rating Cycle 2022
and Recognizing the Highest Quality Standards

INTEGRAL INSTITUTE OF MEDICAL SCIENCES & RESEARCH
WORLD DIRECTORY OF MEDICAL SCHOOLS LISTED

NABH ACCREDITED

INTEGRAL HOSPITAL

INTEGRAL HOSPITAL
Committed to Better Health

INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

FACULTY OF MEDICINE AND HEALTH SCIENCES

Certificate of Participation

EXTENSION ACTIVITIES

This is to certify that Poonam Yadav
(ID No. 2100102524) has Participated in **Rally for Social Awareness of Physiotherapy** at
Nearby communities of Integral University, Lucknow organized by **Department of Physiotherapy**,
Integral Institute of Allied Health Sciences & Research, Integral University, Lucknow on **22nd**
October, 2024.

Dr. ABDUR RAHEEM KHAN
Professor & Head
Department of Physiotherapy
Integral University, Lucknow

Prof. (Dr.) ASHFAQUE KHAN
Director
Integral Institute of Allied Health Sciences & Research
Integral University, Lucknow

Prof. (Dr.) ABHA CHANDRA
Dean
Integral Institute of Medical Sciences & Research
Faculty of Medicine & Health Sciences
Integral University, Lucknow

SYED M. FAUZAN AKHTAR
Executive Director
Integral University, Lucknow



INTEGRAL UNIVERSITY
LUCKNOW-INDIA
ACCREDITED UNIVERSITY

NAAC GRADE A+
By the Govt. of U.P. in the Re-Accred Cycle 2022
and Inspiring the Highest Quality Standards

IAHSR RATED A
World Directory of Medical Schools

INTEGRAL INSTITUTE OF MEDICAL SCIENCES & RESEARCH
LISTED IN
WORLD DIRECTORY OF MEDICAL SCHOOLS

NABH ACCREDITED
NABH
National Accreditation Board for Healthcare Providers

INTEGRAL HOSPITAL
Committed to Better Health

INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

FACULTY OF MEDICINE AND HEALTH SCIENCES

Certificate of Participation

EXTENSION ACTIVITIES

This is to certify that
(ID No. 2100100122.....) has Participated in **Rally for Social Awareness of Physiotherapy** at
Nearby communities of Integral University, Lucknow organized by **Department of Physiotherapy**,
Integral Institute of Allied Health Sciences & Research, Integral University, Lucknow on **22nd**
October, 2024.

INSPIRING EXCELLENCE

Dr. ABDUR RAHEEM KHAN
Professor & Head
Department of Physiotherapy
Integral University, Lucknow

Prof. (Dr.) ASHFAQUE KHAN
Director
Integral Institute of Allied Health Sciences & Research
Integral University, Lucknow

Prof. (Dr.) ABHA CHANDRA
Dean
Integral Institute of Medical Sciences & Research
Faculty of Medicine & Health Sciences
Integral University, Lucknow

SYED M. FAUZAN AKHTAR
Executive Director
Integral University, Lucknow



INTEGRAL UNIVERSITY
LUCKNOW-INDIA
ACCREDITED UNIVERSITY

NAAC GRADE A+
ACCREDITED UNIVERSITY

IAHSR RATED A
By the Board of IASRS, Lucknow, India
"and Upgrading the Highest Quality Standards"

INTEGRAL INSTITUTE OF MEDICAL SCIENCES & RESEARCH
WORLD DIRECTORY OF MEDICAL SCHOOLS LISTED



INTEGRAL HOSPITAL
Committed to Better Health

INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

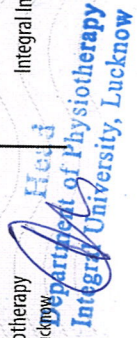
FACULTY OF MEDICINE AND HEALTH SCIENCES

Certificate of Participation

EXTENSION ACTIVITIES

This is to certify that
Ritika Gupta
(ID No. 2100103424) has Participated in **Rally for Social Awareness of Physiotherapy** at
Nearby communities of Integral University, Lucknow organized by **Department of Physiotherapy**,
Integral Institute of Allied Health Sciences & Research, Integral University, Lucknow on **22nd**
October, 2024.

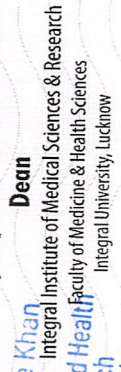
Dr. ABDUR RAHEEM KHAN
Professor & Head
Department of Physiotherapy
Integral University, Lucknow



Prof. (Dr.) ASHFAQUE KHAN
Director
Integral Institute of Allied Health Sciences & Research
Integral University, Lucknow



Prof. (Dr.) ABHA CHANDRA
Dean
Integral Institute of Medical Sciences & Research
Faculty of Medicine & Health Sciences
Integral University, Lucknow



SYED M. FAUZAN AKHTAR
Executive Director
Integral University, Lucknow

INSPIRING EXCELLENCE



INTEGRAL UNIVERSITY
LUCKNOW-INDIA
ACCREDITED UNIVERSITY

NIAAC GRADE A+
By the Council of Higher Education, New Delhi, India
and following the highest quality standards

IAHR RATED A
By the Council of Higher Education, New Delhi, India
and following the highest quality standards

INTEGRAL INSTITUTE OF MEDICAL SCIENCES & RESEARCH
WORLD DIRECTORY OF MEDICAL SCHOOLS LISTED



INTEGRAL HOSPITAL
Committed to Better Health

INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

FACULTY OF MEDICINE AND HEALTH SCIENCES

Certificate of Participation



EXTENSION ACTIVITIES

This is to certify that
Arpita Singh
(ID No. 2100101234) has Participated in Rally for Social Awareness of Physiotherapy at
Nearby communities of Integral University, Lucknow organized by Department of Physiotherapy,
Integral Institute of Allied Health Sciences & Research, Integral University, Lucknow on 22nd
October, 2024.

Dr. ABDUR RAHEEM KHAN
Professor & Head
Department of Physiotherapy
Integral University, Lucknow
Integral University, Lucknow

Prof. (Dr.) ASHFAQUE KHAN
Director
Integral Institute of Allied Health Sciences & Research
Integral University, Lucknow

Prof. (Dr.) ABHA CHANDRA
Dean
Integral Institute of Medical Sciences & Research
Faculty of Medicine & Health Sciences
Integral University, Lucknow

SYED M. FAUZAN AKHTAR
Executive Director
Integral University, Lucknow



INTEGRAL UNIVERSITY
LUCKNOW-INDIA
ACCREDITED UNIVERSITY

MAAC GRADE A+
By the Council of U.P. in the Bi-Annual Cycle 2022
and Upgrading the Highest Quality Standard

IJAHSR RATED A

INTEGRAL INSTITUTE OF MEDICAL SCIENCES & RESEARCH
WORLD DIRECTORY OF MEDICAL SCHOOLS

NABH ACCREDITED

INTEGRAL HOSPITAL
Committed to Better Health

INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

FACULTY OF MEDICINE AND HEALTH SCIENCES

Certificate of Participation



EXTENSION ACTIVITIES

This is to certify that
Arkan Ahmad
(ID No. 2100102525) has Participated in **Rally for Social Awareness of Physiotherapy** at
Nearby communities of Integral University, Lucknow organized by **Department of Physiotherapy**,
Integral Institute of Allied Health Sciences & Research, Integral University, Lucknow on **22nd**
October, 2024.

Dr. ABDUR RAHEEM KHAN
Professor & Head
Department of Physiotherapy
Integral University, Lucknow

Prof. (Dr.) ASHFAQUE KHAN
Director
Integral Institute of Allied Health Sciences & Research
Integral University, Lucknow

Prof. (Dr.) ABHA CHANDRA
Dean
Integral Institute of Allied Health Sciences & Research
Integral University, Lucknow

SYED M. FAUZAN AKHTAR
Executive Director
Integral University, Lucknow



INTEGRAL UNIVERSITY
LUCKNOW-INDIA
ACCREDITED UNIVERSITY

NAAC GRADE A+
By the score of 100 in the Rating Cycle 2023
Awarding the highest quality standards

IAHSR RATED A
By the score of 100 in the Rating Cycle 2023
Awarding the highest quality standards

INTEGRAL INSTITUTE OF MEDICAL SCIENCES & RESEARCH
WORLD DIRECTORY OF MEDICAL SCHOOLS

NABH ACCREDITED
NATIONAL BOARD OF ACCREDITATION

INTEGRAL HOSPITAL
Committed to Better Health

INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

FACULTY OF MEDICINE AND HEALTH SCIENCES

Certificate of Participation



EXTENSION ACTIVITIES

This is to certify that
Mishipa Soni
(ID No. 2100103374) has Participated in **Rally for Social Awareness of Physiotherapy** at
Nearby communities of Integral University, Lucknow organized by **Department of Physiotherapy**,
Integral Institute of Allied Health Sciences & Research, Integral University, Lucknow on **22nd**
October, 2024.

Dr. ABDUR RAHEEM KHAN
Professor & Head
Department of Physiotherapy
Integral University, Lucknow

Prof. (Dr.) ASHFAQ KHAN
Director
Integral Institute of Allied Health Sciences & Research
Integral University, Lucknow

Prof. (Dr.) ABHA CHANDRA
Dean
Integral Institute of Medical Sciences & Research
Faculty of Medicine & Health Sciences
Integral University, Lucknow

SYED M. FAUZAN AKHTAR
Executive Director
Integral University, Lucknow

Fwd: Report on Extension Activities organized by Department of Physiotherapy (Session 2024-25, Odd Semester)
1 message

Aafreen Afrin <aafreen@iul.ac.in>
To: "S.M. abdullah Haider" <smahaider@iul.ac.in>

Wed, Dec 4, 2024 at 2:26 AM

----- Forwarded message -----

From: **Communication Cell IUL** <communications@iul.ac.in>
Date: Tue, 12 Nov 2024 at 2:14 PM
Subject: Report on Extension Activities organized by Department of Physiotherapy (Session 2024-25, Odd Semester)
To:

Dear All,
The **Department of Physiotherapy** has successfully organized a **series of extension activities** during the **Odd Semester of the academic year 2024-25**, aimed at benefiting the community, raising awareness about health and physiotherapy, and providing hands-on learning experiences for students. These activities were actively participated in by **90% of our students**, including those from the **Bachelor of Physiotherapy (BPT), Master of Physiotherapy (MPT), and Interns**, contributing their knowledge and expertise to the success of the events. The extension activities were conducted in **collaboration** with the **Department of Community Medicine, IIMSR**, to ensure a comprehensive and community-oriented approach. Additionally, all activities were officially approved by the **National Service Scheme (NSS)**, reinforcing the alignment of these initiatives with the larger goals of community service and social responsibility.

The extension activities offered a practical learning experience for students, enhancing their clinical skills, patient interaction, and public health awareness. The local communities greatly benefited from the physiotherapy services provided, receiving treatment, educational material, and guidance on improving health and wellness.

These extension activities were carried out under the able guidance and leadership of **Mr. Syed Mohammad Fauzan Akhtar**, Executive Director, IIMSR, IIAHSR & IINSR; **Prof. (Dr.) Abha Chandra**, Dean, IIMSR; **Dr. Syed Belal Hassan**, Director, Integral Hospital & Research Centre; **Prof. (Dr.) Ashfaq Khan**, Director, IIAHSR; and **Prof. (Dr.) Abdur Raheem Khan**, Head of the Department of Physiotherapy. Their supervision and strategic direction were instrumental in the successful execution of these events, ensuring that each activity was aligned with both academic objectives and community service goals.

Below is a summary of the extension activities conducted:

Activity	Date	Location	Faculty Coordinator	Objective	Impact
Health Outreach and Wellness Camp	29-09-2024	Sector-H, Jankipuram	Dr Neeraj Kumar Maurya Dr Aafreen	Offering free physiotherapy consultations, promoting wellness, and raising awareness about common musculoskeletal issues.	Several residents of the locality benefited from physiotherapy services, including assessments, exercise guidance, and pain management techniques.

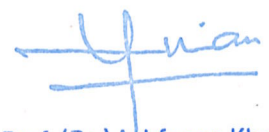
Department of Physiotherapy
Integral University, Lucknow

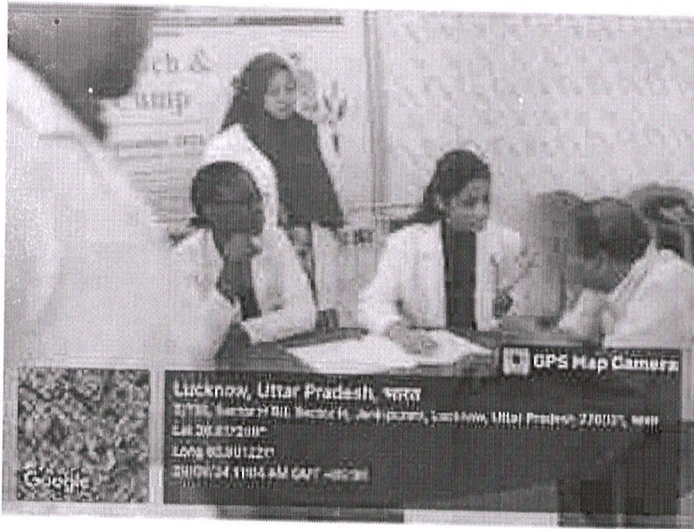
Prof. (Dr.) Ashfaq Khan
Director
Integral Institute of Allied Health
Science & Research
Integral University, Lucknow

Plantation Drive	01-10-2024	Sansarpur	Dr Ammar Faisal Khan Dr Zohra Akhtar	Enhancing environmental awareness and promoting sustainable practices. Students and faculty collaborated in planting trees to improve the ecological health of the area.	The initiative not only contributed to environmental health but also raised awareness about the importance of green spaces and their role in physical and mental well-being.
Health Awareness Camp	15-10-2024	Family Court, Kaiserbagh	Dr AMH Inam Dr Mohd Zafra Akhtar	To offer health assessments, particularly focusing on stress management and musculoskeletal pain, which is common in the working population.	Numerous individuals benefited from physiotherapy consultations and learned about preventative measures for common conditions related to work-life balance and physical health.
Rally for Social Awareness of Physiotherapy	22-10-2024	Nearby communities of Integral University	Dr Mohd Javed, Dr Taufish Ahmad Dr Hera Naeem	Spreading awareness about the role of physiotherapy in health care and its benefits in treating various conditions	The rally created significant awareness in the nearby communities about physiotherapy as an essential part of healthcare, helping to dispel common myths and encourage people to seek physiotherapy services.
Health & Wellness Camp	06-11-2024	Behta, Kursi road	Dr Mohd Ahmad Dr Farhan Khan	To promote wellness and prevent lifestyle-related diseases through physiotherapy consultations, lifestyle education, and exercise demonstrations.	The camp emphasized the importance of regular physical activity and proper ergonomics in improving quality of life, especially among the elderly population of the area.

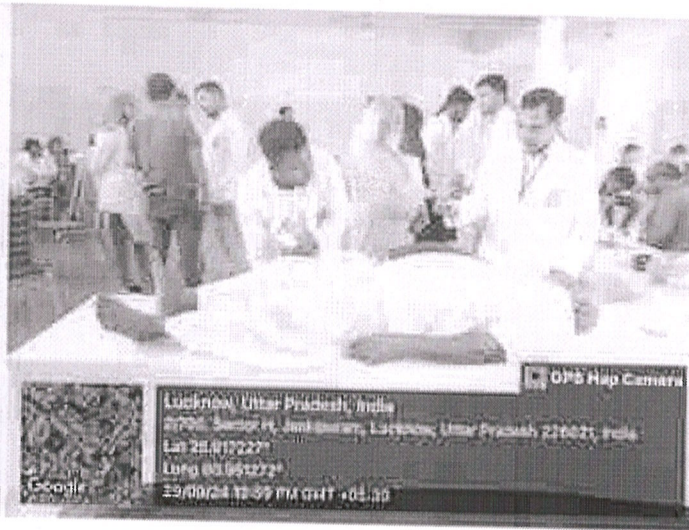
The following images provide a glimpse of the extension activities, showcasing the active participation and engagement of the community members and organizing teams.

 Head
Department of Physiotherapy
Integral University, Lucknow

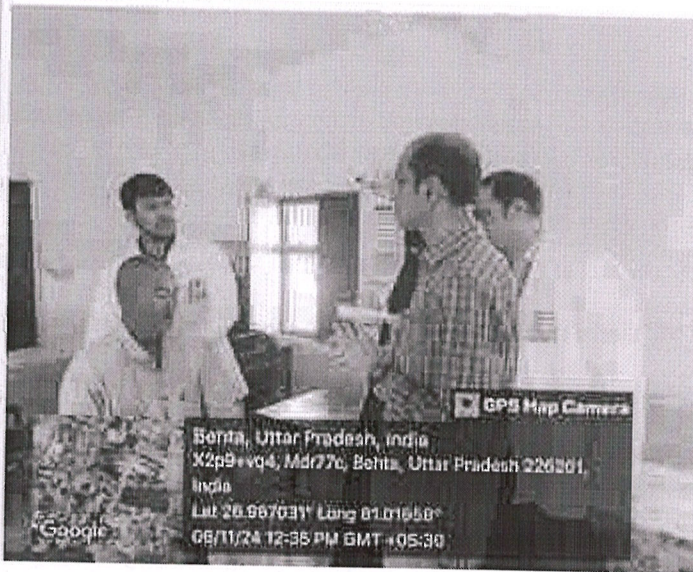
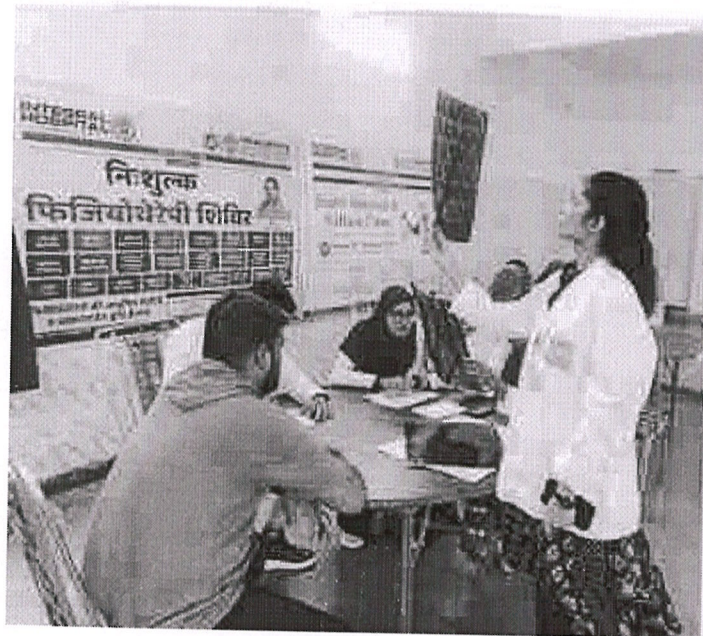

Prof. (Dr.) Ashfaque Khan
Director
Integral Institute of Allied Health
Science & Research
Integral University, Lucknow



GPS Map Camera
 Lucknow, Uttar Pradesh, India
 226006, Sector 70, Indira Park, Lucknow, Uttar Pradesh 226006, India
 Lat 26.817227°
 Long 83.051277°
 08/11/24 11:04 AM GMT +05:30



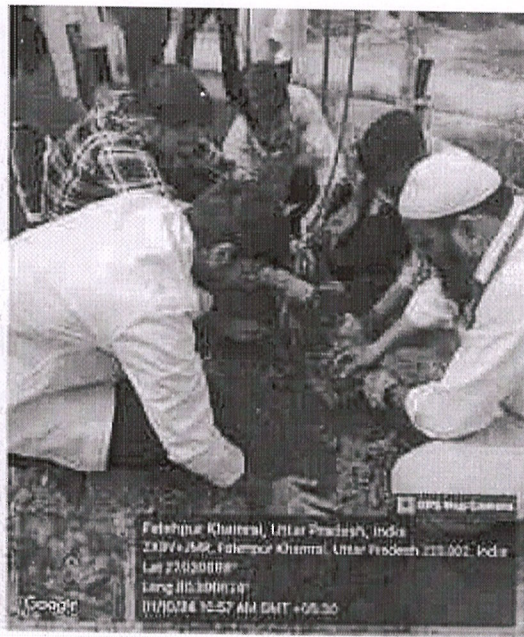
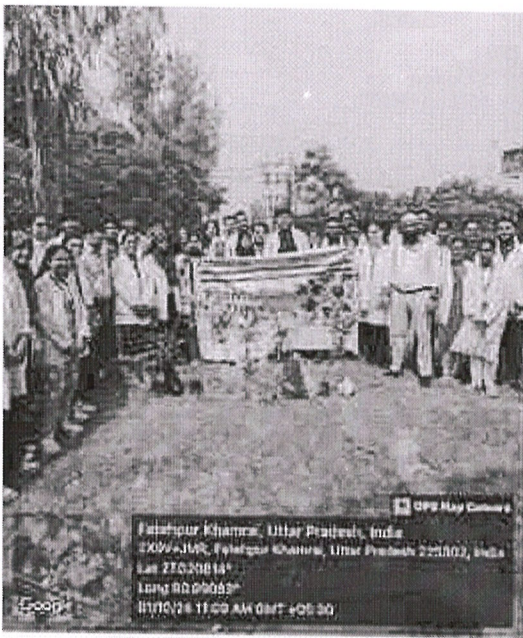
GPS Map Camera
 Lucknow, Uttar Pradesh, India
 226006, Sector 70, Indira Park, Lucknow, Uttar Pradesh 226006, India
 Lat 26.817227°
 Long 83.051277°
 08/11/24 11:59 PM GMT +05:30




GPS Map Camera
 Behta, Uttar Pradesh, India
 X2p9+vg4, Mdr77c, Behta, Uttar Pradesh 226201, India
 Lat 26.667031° Long 81.01650°
 08/11/24 12:35 PM GMT +05:30

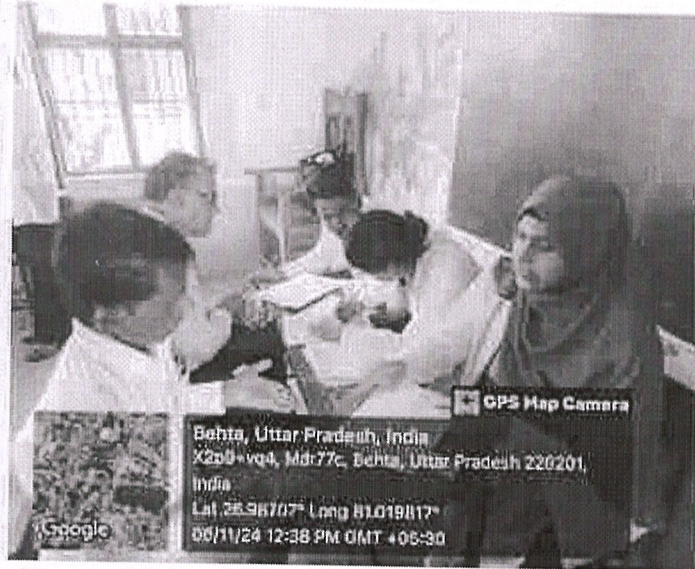
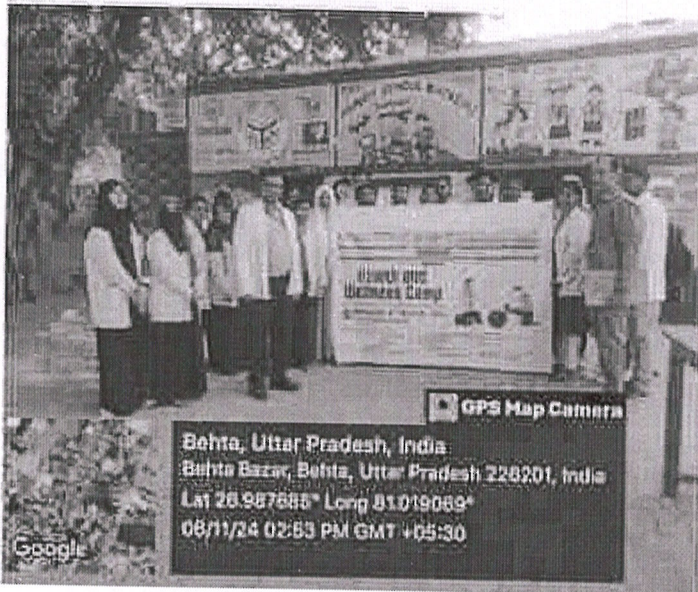
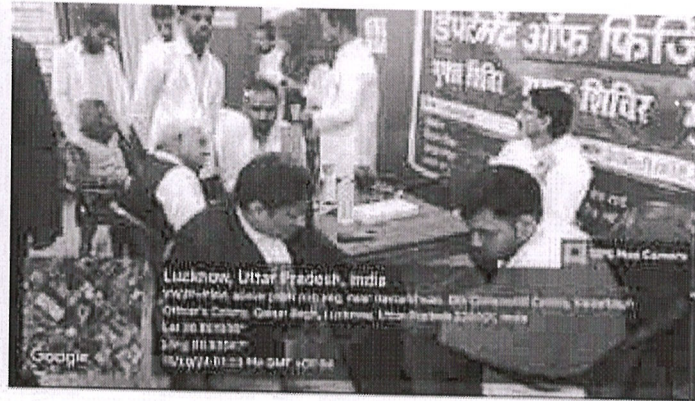
Dr. Head
 Department of Physiotherapy
 Integral University, Lucknow

Ashfaque Khan
 Prof. (Dr.) Ashfaque Khan
 Director
 Integral Institute of Allied Health
 Science & Research
 Integral University, Lucknow




 Head
 Department of Physiotherapy
 Integral University, Lucknow


 Prof. (Dr.) Ashfaque Khan
 Director
 Integral Institute of Allied Health
 Science & Research
 Integral University, Lucknow



Moving forward, we plan to continue these efforts and expand our outreach to more communities, fostering the growth of both our students and the communities we serve.

Thanks and Warm Regards

Prof. (Dr.) Abdur Raheem Khan
 Professor & Head, Physiotherapy
 Integral University
 Dasauli, P.O. Basha, Kursi Road
 Lucknow, U.P, India-226026
 Phone:-0522-2890730,2890812
 (Ext: 6918)
 Fax:-0522-2890812
 Mobile No.: +919616739965

Head
Department of Physiotherapy
Integral University, Lucknow

Ashfaque Khan

Prof. (Dr.) Ashfaque Khan
 Director
 Integral Institute of Allied Health
 Science & Research
 Integral University, Lucknow