

Fwd: DEEKSHARAMBH_report_2025

1 message

Head Bio-Sciences <headbios@iul.ac.in>

Tue, Sep 2, 2025 at 12:24 PM

To: Arshi Siddiqui <sarshi@iul.ac.in>, Mohd Aamir Qureshi <aamirq@iul.ac.in>

Best Regards
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----- Forwarded message -----

From: **Head Bio-Sciences** <headbios@iul.ac.in>
Date: Tue, Sep 2, 2025 at 12:21 PM
Subject: Fwd: DEEKSHARAMBH_report_2025
To: IT HelpDesk Integral University <ithelpdesk@iul.ac.in>
Cc: M Hisam <hisam@iul.ac.in>

DEEKSHARAMBH (STUDENT INDUCTION PROGRAM) 2025July 31st to 2nd August 2025,

Department of Biosciences,
Faculty of Science,
Integral University, Lucknow

REPORT

The Department of Biosciences at Integral University, Lucknow, hosted three-day **Deeksharambh** (Student Induction Program) from July 31st to August 2nd, 2025, held at Hall No. 3 of the Central Auditorium. Deeksharambh is an initiative of the University Grants Commission (UGC), designed to help new students transition smoothly into the higher education environment. The program serves as a bridge between school and college life, focusing on the emotional and intellectual integration of students with the academic institution. It also encourages students to feel comfortable, make friends, learn important values, and prepare for their academic journey ahead. The Deeksharambh event was attended by more than 150 newly admitted students from various courses. The program commenced with the registration of students for the orientation program, their inclusion in class WhatsApp group and downloading of university apps on their mobiles facilitated by their student mentors. During registration, student mentors assisted the new joiners in logging into their university email accounts, IUSMS, and ILI portal, ensuring a smooth digital onboarding process.

The formal event commenced at 10:00 AM and was exquisitely coordinated by **Dr. Farina Mujeeb** and **Dr. Amita Dubey**. Head of the Department of Biosciences, **Prof. Snober S. Mir**, extended a warm welcome to the newly admitted students and delivered an insightful introduction to the University and the department. She highlighted the department's notable achievements, the diverse academic programs offered, and the promising scope of the courses. Prof. Mir inspired the students to nurture their curiosity, actively engage with their teachers and mentors, and cultivate a spirit of inquiry. She further motivated them to maintain consistent effort and adopt smart work strategies to truly benefit from their academic journey.

Following the address by Prof. Snober S. Mir, the newly admitted students were honored to receive words of encouragement from **Prof. Abdul Rahman Khan**, Dean of the Faculty of Sciences. He emphasized the importance of building a strong academic foundation, developing scientific temper, and making the most of the learning environment provided by the University. He motivated the students to remain committed to their goals and to explore interdisciplinary opportunities that would enrich their academic and professional journeys.

Thereafter, **Prof. Monowar Alam Khalid**, Dean, Students' Welfare, shared a heartfelt message focusing on the holistic development of students. He spoke about the importance of maintaining a balance between academic responsibilities and extracurricular involvement. Encouraging students to make full use of the resources, guidance, and support systems available at the University, he assured them that their welfare and growth—both personal and academic—remain a priority. He also emphasized the importance of adopting healthy de-stressing practices to maintain emotional well-being alongside academic responsibilities. He encouraged students to engage in activities such as physical exercise, meditation, and creative hobbies, and to seek support whenever needed.

Dr. Sanjeev Yadav, Principal Scientist, CSIR-CDRI, further graced the program with his inspiring lecture. Dr. Yadav is a passionate advocate for science education and communication. He currently serves as the National Coordinator of the *JIGYASA Programme*—a flagship initiative of CSIR in collaboration with the Ministry of Education—which connects scientists with school and college students across the country. He briefly discussed the challenges and opportunities in the pharmaceutical sector. He also highlighted the reasons for choosing Biological Sciences, emphasizing that it offers a diverse platform for students in terms of career prospects and job placements. He also provided an overview of the importance of conducting a SWOT analysis before making any important decisions for their careers. The session continued with the faculty members and supporting staff warmly sharing their knowledge and experiences, helping students feel welcomed and inspired.

This was followed by the introduction of the newly admitted students. UG Coordinator **Dr. Swati Sharma** and PG Coordinator **Dr. Mohd Ashfaq** then sensitized the students about the UG and PG ordinances, respectively. Dr. Sharma further acquainted the students with the Sustainable Development Goals (SDGs), the mentor-mentee system followed at the University, and the opportunities available through NPTEL/SWAYAM courses. **Dr. Taiba Saeed** apprised the students about the Integral Startup Foundation, which operates under the Centre for Innovation and Entrepreneurship Development (CIED). She highlighted its role in nurturing entrepreneurial ideas, supporting student-led startups, and fostering a culture of innovation within the University.

Later the students were encouraged to participate in the Artistic/Literary activity 'Slogan writing competition' coordinated by Student Council Biosciences and faculty members of the department (**Dr. Swati Sharma, Dr. Arshi. Siddiqui, Dr. Shahida Hamid, Mr. Abdullah Hasan**). The students involved themselves in the activity enthusiastically. The day concluded with an informative session highlighting the vital importance of health and hygiene in maintaining overall well-being, followed by a heartfelt vote of thanks presented by **Dr. Farina Mujeeb**.

The event began with an address from **Departmental Proctorial Board Members, Dr. Andleeb Khan**, who emphasized discipline, academic integrity, and adherence to university regulations, including university policies on anti-ragging. **Dr. Arshi Siddiqui**, the **Departmental Website Coordinator**, introduced students to the department's website, eLearning resources, and **ILI, IUSMS, and ICT tools**. A session on "**Mulyaprawah: Mentoring with Universal Human Values**," featured insightful videos aimed at fostering ethical and social awareness. This followed by an inspirational, educational video on future of Biology, coordinated by **Dr. Mohsin Vahid Khan**.

Later, **senior UG and PG** students interacted with the newcomers, sharing their experiences and tips for academic success, while members of the **Student Council Biosciences and BIOScope** (Quarterly Newsletter of the department), coordinated by **Dr. Mohd. Ikram Ansari**, introduced various extracurricular and leadership opportunities. The program concluded with a **vote of thanks** by **Dr. Mohd. Khubaib**. Students were then taken on a guided campus tour by faculty members, including visits to **department laboratories, classrooms, the Central Library, Sports facilities, Music Society, Alumni Office, and the Integral Centre of Excellence for Interdisciplinary Research** led by **Dr. Shahper Nazeer Khan**. The day ended with spirited sports activities such as **Tug of War and Badminton**, coordinated by **Dr. Durdana Yasin, Dr. Mohammad Rumman, Dr. Smita Rai, Mr. Zaryab Shafi**, and the student council, fostering team spirit and camaraderie among students. The second day Orientation and Interaction Program was a resounding success, providing a comprehensive introduction to the academic, research, and extracurricular opportunities available at the Department of Biosciences. The interactive sessions, campus tour, and sports activities fostered a welcoming environment and strengthened the bond between students and faculty.

The third day of the Orientation Programme for newly admitted students at Integral University was held on 2nd August 2025 in seminar hall, Department of Biosciences, was coordinated by **Dr. Uzma Afaq, Dr. Sangeeta Singh, Dr. Mohd Aamir Qureshi**. The event aimed to provide academic guidance, motivational exposure, and interactive opportunities. The day began with a welcome address, followed by a session on plagiarism by **Dr. Andleeb Khan**, highlighting the importance of academic integrity. The **Departmental Placement Coordinator, Dr. Irfan Ahmad Ansari** then briefed students on **placement** opportunities and **scholarship** facilities. An address by **Dr.**

Manal Zehra, Assistant Professor, ERA University, Lucknow, an alumnus of the department, showcased outstanding achievements of alumni. An **open mic/stage** session was also conducted by encouraged students to express themselves and display their talents by Open mic coordinated by **Dr. Nilofer and Dr. Shahida Hamid** and members of **Student's Council Biosciences**.

The final segments included feedback and a valedictory session led by Dr. Swati Sharma, where freshers shared positive experiences and faculty praised their enthusiasm. Students also interacted with their course coordinators for academic and departmental guidance. Overall, the programme proved to be informative, interactive, and motivational, effectively introducing students to the university's academic resources, ethical standards, and supportive community, thereby laying a strong foundation for their future journey at Integral University.



Glimpses of Desksharambh-2025 (Student Induction Program)

Best Regards
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