INTEGRAL UNIVERSITY

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Report on Essay Writing Competition on "Women Empowerment" under Mission Shakti, 14th October 2025 Organized by Department of Environmental Science

1 message

Communication Cell IUL <communications@iul.ac.in> Fri, Dec 19, 2025 at 9:47 AM
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A Brief Report
on
Essay Writing Competition on "Women Empowerment" under Mission Shakti, 14th October 2025
Organized by
Department of Environmental Science
Under the aegis of
Eco-sync (University's Environmental Club)

The **Essay Writing Competition** under Mission Shakti was held on 14th October2025, in E404, E-Block, 4th Floor at 10:00am onward with a focus on raising awareness regarding women empowerment under Mission Shakti (SDG-5). The aim of essay writing on women empowerment is to achieve social, economic, and political equality, ensuring women have the agency to make their own choices and lead fulfilling lives. Women empowerment is still a dream we are working on, but now let's be real. If we still have to talk about women's empowerment in 2025 then really, we have a lot of catching up to do. It's been decades and till now we are lacking to understand the **importance of gender equality.** Women empowerment isn't just a fancy term. It's about providing freedom, opportunities, and resources to let women live their lives as they wish.

This involves providing equal access to education and skill development, promoting economic independence through equal pay and opportunities, protecting their safety and legal rights, and ensuring their leadership and political representation. Ultimately, the goal is to create a just and equitable society where women's full potential can be realized for the benefit of themselves and the community.

In this reference department of Environmental Science organized an essay writing competition on 14th October 2025. The students have exhibited an impressive level of enthusiasm and dedication toward the competition and their creations reflected a deep understanding of women related issues. Teachers and mentors also provided valuable guidance to participants, ensuring that they effectively communicated their ideas. After thorough evaluation by the panel of judges the winners were announced for each category. The results are as follows:

Winners for Essay writing Competition:

1st Place: Ms. Sara Naseem, (Department of Biotechnology, Third Year, Integral University, Lucknow)

2nd Place: Ms. Alviya Raza, (Department of MBA, First Year, Integral University, Lucknow

3rd Place: Aalima (B.Sc. Environmental Science**,** Third Year, Integral University, Lucknow)

GLIMPSE OF THE EVENT

INTEGRAL UNIVERSITY
Department of
Environmental SCIENCE
GPS Map Camera
Dashauli, Uttar Pradesh, India
X242+r4m, Dashauli, Uttar Pradesh 226026, India
Lat 26.957032° Long 81.00027°
Tuesday, 14/10/2025 10:19 AM GMT +05:30
Google

GPS Map Camera
Dashauli, Uttar Pradesh, India
X242+r4m, Dashauli, Uttar Pradesh 226026, India
Lat 26.957051° Long 81.000276°
Tuesday, 14/10/2025 10:19 AM GMT +05:30
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GPS Map Camera
Dashauli, Uttar Pradesh, India
X242+r2x, Dashauli, Uttar Pradesh 226026, India
Lat 26.956978° Long 81.000156°
Tuesday, 14/10/2025 10:21 AM GMT +05:30
Google

GPS Map Camera
Dashauli, Uttar Pradesh, India
X242+r2x, Dashauli, Uttar Pradesh 226026, India
Lat 26.956966° Long 81.000179°
Tuesday, 14/10/2025 10:22 AM GMT +05:30
Google

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CERTIFICATE OF PARTICIPATION

IS AWARDED TO

Ms. Sara Naseem

of Program B.Tech. Biotechnology , Year third for participating/ Securing First position in the Essay Writing Competition organized by Department of Environmental Science, Integral University, Lucknow on mission Shakti held on 14th October 2025 in Block E, 4th Floor on the theme "Women Empowerment".

Dr. Ambrina Sardar Khan
Head
Department of Environmental Science
Integral University, Lucknow

Dr. Amina Jafri
Co-ordinator
Department of Environmental Science
Integral University, Lucknow

INTEGRAL UNIVERSITY

CERTIFICATE OF PARTICIPATION

IS AWARDED TO

Ms. Alviya Raza

of Program MBA , Year First for participating/ Securing Second position in the Essay Writing Competition organized by Department of Environmental Science, Integral University, Lucknow on mission Shakti held on 14th October 2025 in Block E, 4th Floor on the theme "Women Empowerment".

Dr. Ambrina Sardar Khan
Head
Department of Environmental Science
Integral University, Lucknow

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Dr. Ambrina Sardar Khan (The Head of the Department), Dr. **Zeba Rizvi** and **Dr. Arshi Khan** (Assistant Professor Department of English), were the judges for the event and awarded certificates to the winners of the competition. Total 43 students have registered for the competition.This event was an initiative to inspire future generations to play active roles for providing equal opportunity to all the genders understand the importance of gender equality. The entire program was coordinated by **Dr. Amina Jafri** along with two student Volunteers **Ms. Khushi Ali** (M.Sc. Environmental Science) and **Ms. Afreen Khan** (B.Sc. Environmental Science)**.**

With Deep Regards
Dr. Ambrina Sardar Khan
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"We are not heading towards a bright & hi-tech future;
Instead, we are heading into a dark and suffocated EARTH.."