		Effe	ective from Session:						
Course Code	NDV 111	Title of the	<b>Community Health</b>	т	т	P			
Course Code	NRY-111	Course	<b>Nursing</b>	L	1	r			
Year	2022-23	Semester	A.N.M. 1ST year	12	10	50			
Pre-Requisite		Co-requisite							
Course Objectives		The course is designed to help students gain an understanding of the concept of community health in order to introduce them to the wider horizons of rendering nursing services in a community set- up, both in urban and rural areas.							

	Course Outcomes						
201	Describe the concept of community health, primary health (-are.						
CO2	Demonstrate home visit techniques and practices in the community						
203	Describe structure, function, characteristics and administrative set up of a community.						
CO4	Describe concepts and methods of communication for health information.						
CO5	Describe the purposes, principles and methods of health counseling.						

Unit No.	Title of the Unit	Content of Unit	Conta ct Hrs.	Mapped CO
1	Define health and explain Dimensions List determinants of health Define Primary Health Care List components of Primary Care and their application within a community Describe health concepts and practices of communt y. • Enumerate health related cultural beliefs	Concept of Health Health and its Changing concepts. Dimensions of health Determinants of health Primary health care, Definition, components, significance. community, application Community Health practices Health concepts of people and health care providers. Health behaviors, beliefs and cultural practices of community. Ethics and Behavior related to community practices. Method of home visiting.	20	CO1

	and Practices			
2	Describe National health problems Explain specific health programmes at National state and community levels Trends and development in national health programmes and policies National health programmes and its implementati on at community level. Role and functions Anganwadi worker, Dai etc. Descr ibe physi cal structure of village and urban area Identify social groups, organizations and leaders Explain administrative set up at the village	Health problems and policies Overview of health problems of communities in India. Participate in national health and family welfare programs Field Visits: Village, Sub center, Primary health center, Community health center. Health Organization Organization of SC, PHC, CMC and district hospital. Organization of health care delivery system at different levels Referral system Health agencies: International: WHO, UNICEF, UNFPA, UNDPA, World Bank, FAO, DANIDA, European Commission. Red Cross, US aid, UNESCO. Colombo Plan, ILO, CARE etc. National: Indian Red Cross, Indian Council for Child welfare, Family planning association of India etc Non-Governmental organizations Role of health team. Team concept and Functions of the health team Role and Responsibilities of ANM \ FHW Code of ethics for ANM Structure of community Rural community- Characteristics, changes in the village community development, major rural problems Urban Community- Characteristics, changes and adjustments to urban environment, major urban problems Village: Physical structure Administrative set up Function of Panchayat 73 " and 74 unban community slum Social groups organizations. leaders Community resources	35	CO2
3	Describe the interaction between different groups and communiti es within the village	Dynamics of community Social processes- individual and process of socialization Interaction between different social groups in the village. Traditions and customs and their influence on health. Social stratification: Influence of Class. Caste and Race on health and health practices Family and marriage: Types Changes & legislations on family and marriage in India - marriage a Scope and Methods of community need assessment	20	CO3

	<b>D</b> 11 11								
	Describe social traditions and	Survey: Planning Preparation of tools: questionnaires, interview schedules, check list etc							
	customs in the	Community survey: Principles and methods: data collection,							
	village.	conducting interviews, focus							
	Demonstrate	group discussions(FGD) and case studies							
	methods of	Participatory learning for action(PLA)							
	community	Analysis of data, Preparation of report							
	need								
	assessment								
4	Explain the concept, principles and methods of communicat ion Prepare simple and low cost aids of communicat ion.  Conduct health Education Explain concept and principles of counseling Describe the technique of counseling Describe role of Counselor	Communication methods & media Principles, Methods and Process of communication. Inter personal relationship (IPR): communication with different groups and health team members. Types and use of AV aids Use of local folk methods and media for disseminating health messages. BCC(Behavioural change communication), IEC (Information, Education and communication): Aims, Scope, concept and approaches Teaching learning process, concept, characteristics, steps of learning, characteristics of learner Principles, methods of teaching Planning of health education activities: Role and responsibilities of ANM's/Health workers in BCC Counseling. Concept, Principles and Techniques of counseling. Identifying needs and areas for counseling in the community. Role of counselor Role of ANM/ Female Health worker as counselor	25	CO4					
5	State health conditions where rehabilitati on is required. List the various resources available in a community.	Community based rehabilitation Health Conditions needing rehabilitation Community Resources available Educate individuals, family and community.	05	CO5					
	,	CO2Reference Books:	1						
		1.							
		2.							
		3.							
		4.							
		e-Learning Source:							
		http://library.iul.ac.in/ELibrary.aspx							
	https://india.oup.com/								
		https://www.doabooks.org/							
	http://library.iul.ac.in/ELibrary.aspx								

		Course Articulation Matrix: (Mapping of COs with POs and PSOs)																
PO- PS O	PO	PO 2	PO	PO	PO	РО	PO 7	PO 8	PO 9	PO1 0	PO1	PO1 2	P S	PSO 2	PSO4	P S	PSO	PSO7
CO	1	2	3	4	5	6	/	8	9	U	1	2	0	2		O 5	6	
CO 1	1	2	1	1	2	1	2	2	1	1	2							
CO 2	1	1	2	1	1	2	1	1	2	1	2							
CO 3	2	1	1	2	1	1	2	2	1	2	2							
CO 4	2	1	2	1	1	1	2	1	2	1	1							
CO 5	2	1	1	2	1	1	2	1	1	2	1							

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Name & Sign of Program Coordinator	Sign & Seal of HoD

Effective from Session:							
Course Code	NDV 114	Title of the Course Child Health Nursing	<b>Child Health</b>	_	Т	D	C
Course Code	NKY-114		Nursing	L		P	C
Year	2022-23	Semester	A.N.M.1 <sup>ST</sup> year	75	05	110	
Pre-Requisite		Co-requisite					
	This course is designed to help students gain knowledge of the Assess growth and						
Course Objectives	development of a child at different ages and recognize any deviation from normal health in						
Course Objectives	order to re	ender effective nur	rsing services.				

	Course Outcomes						
CO1	Describe nutritional needs of different age groups of children.						
CO2	Provide care to sick children during their common illness.						
CO3	Describe school health programme						
CO4	Describe 'Rights' of children						
CO5	Educate mothers and family member as per need of their children						

Educate mothers and family member as per need of their children								
Unit No.	Title of the Unit	Content of Unit	Conta ct Hrs.	Mapped CO				
1	<ul> <li>Assess growth and development in infants and children</li> <li>Maintain 'road to health' chart</li> <li>Explain the needs of a child</li> <li>Describe the care of a normal child</li> <li>State the common accidents in children and their protection</li> </ul>	Growth & development  Introduction to Growth and development  Growth and development in infants and children: Assessment  Physical, psychological and social development  of children  Monitoring and recording of growth and development of infants and children  Care of infants and children - play, hygiene, emotional needs training for bowel and urination  Accidents: causes, precautions and prevention.  Congenital anomalies	20	CO1				
2	• Expl ain the impor tance of	Nutrition of infants and children  • Exclusive Breast feeding  • Nutritional requirements  • Complementary feeding Problems of feeding Breast feeding Counselling	20	CO2				

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	breast feedin	• Infant feeding and HIV		
		Baby friendly hospital initiative		
	g • Edwards			
	• Educate			
	mothers			
	regarding			
	breast			
	feeding			
	Explain			
	complimentary			
	feeding Educate for			
	nutrition of			
	children			
	according to			
	• Describe			
	the rights			
	of children			
	State the steps			
	for prevention	Children's Rights		
	of child labour	• Convention of		
	and child			
	abuse.	Rights of the Child		
	<ul> <li>Provid</li> </ul>	Prevention of child labour		
	e care to	Abuse and legal protection		
	the	• Special care of girl		
	sick children	child. Female infanticide		
	• Identify	Care of the sick child		
	the signs and	Common childhood disorders:		
	symptoms	• Signs, symptoms		
3	of common	and management.	05	CO3
	childhood	Vaccine for preventable diseases		
	disorders	Acute Respiratory tract infections		
	<ul> <li>Identify</li> </ul>	Diarrhoea vomiting, constipation  The still the standard section of the s		
	signs of high	Tonsillitis and mumps		
	risk in case	• Ear infections		
	of	Worm infestation		
	ARI and	Accidents and		
	Diarrhoea	injuries		
	• Educate	Skin infections		
	mother and	• Fever - malaria, measles.		
	family	IMNCI strategy		
	members			
	regarding			
	prevention of			
	illness.			
	• Assess	pare of School children		
	the school	• School health: Objectives, problems		
	child	and programmes		
	Need based	Environment of school		
	counseling of	Assessment of general health of school children		
4	children,	Denial and eye problems Nutritional deficiencies	15	CO4
	teacher and	School health education for children		
	parents.	• Need based sharing of health information with teachers/		
	Explain the	parents/children		
	various, changes in the	Records and reports Care of adolescents		
	ohonooc an file	Physical growth during adolescence		

	T			
	adolescents	Emotional and behavioural changes		
		in girls and boys		
		Special needs of adolescents		
		• Sex education for adolescents		
		Counseling		
		č		
5	<ul> <li>Discuss the special needs of girl child</li> <li>Explain the effect girl child discriminatio n in the family and community Counsel mother and community on need for care</li> </ul>	Care of adolescent girls  • Menstruation and menstrual hygiene  • Special nutritional needs  • Early marriage and its affects  • Adolescent girls: pregnancy and abortion Preparing for family life- pre marital counseling. Role of ANM/ female health worker.	05	CO5
~ ~ ~ ~	of a girl child			
	Reference Books:			
1.				
3.				
4.				
	arning Source: //library.iul.ac.in/ELik	araw asay		
	//india.oup.com/	<u>, ιαι γ.αυμν</u>		
	//www.doabooks.org	r/		
_	/library.iul.ac.in/ELik			
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					Co	urse A	rticula	ation N	/latrix:	(Марр	ing of (	COs witl	h PO	s and P	PSOs)			
PO- PS O	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO1 0	PO1 1	PO1 2	P S O	PSO 2	PSO4	P S O	PSO 6	PSO7
CO CO 1	1	1	2	2	1	1	1	2	2	1	1		1			5		
CO 2	2	1	1	1	2	2	1	2	1	2	2							
CO 3	1	2	2	1	1	1	1	2	2	1	1							
CO 4	1	2	2	1	2	2	1	1	1	2	2							
CO 5	1	1	1	2	2	2	2	1	1	2	2							

Name & Sign of Program Coordinator	Sign & Seal of HoD

<b>Effective from Session:</b>							
Course Code	NRY-112 Title of the Course		<b>Health Promotion</b>	L	Т	P	C
Year	2022-23 Semester		A.N.M. 1 <sup>ST</sup> year	12 0	10	75	
Pre-Requisite		Co-requisite					
Course Objectives	individual		elp students gain knowledge of the Promote amunity and recognize any deviation from normal ervices.				

	Course Outcomes							
CO1	Explain importance of nutrition in health and sickness.							
CO2	Promote nutrition of a individual, family and community							
CO3	Describe hygiene for self and individuals							
CO4	Describe importance of environmental sanitation and waste management.							
CO5	Promote mental health of individual, family and community							

Unit No.	Title of the Unit	Content of Unit	Contac t Hrs.	Mapped CO
1	List     essential     nutrients     Describe     classificatio     n of food     and their     nutritive     values and     functions.     Explain     importance of     nutrition in     health     and sickness.     Plan     balanced     diet for     different age     groups     Identify     malnutrition     and     nutritional     deficiencies.     Counsel women     with anemia.     Describe     special diet for     sick.	Essential nutrients  Importance of nutrition in health and sickness  Essential nutrients, functions, sources and requirements  Classification of foods and their nutritive value  Normal requirements at different ages.  Balanced diet for different age group Nutritional problems Nutritional deficiencies:  Deficiencies, correction, treatment and referral - protein energy malnutrition  Vitamin and mineral deficiencies: Nutritional anemia in women  Under five nutrition  The role of ANM's/FHW/ AWWs in supplementary food.  Special diets of individuals for different age group.	20	CO1

	Explain role of ANM's/FHW/			
	AWWs.			
2	<ul> <li>Assess         nutritional         status of         individual and         family. Identify         local foods for         enriching diet.</li> <li>Identify good         food habits         from harmful         food fads and         customs Plan         diet for a</li> <li>family         Counsel for         improving         diet of the         family.</li> <li>Demonstrate         safe preparation         and cooking         methods.</li> <li>Explain methods         of safe</li> </ul>	Nutritional assessment Methods of Nutritional assessment of individual and family: mother and child  Identification of local food sources and their value in enriching diet. Food fads, taboos, customs and their influence on health. Promotion of Nutrition Planning diets and special diets for a family Methods of using locally available foods for special diet Principles and methods of cooking Promotion of kitchen gardens Food hygiene and safe preparation Storage and preservation Food adulteration Precautions during festivals and Melas.	15	CO2
3	Describe the structure and functions of the various systems of body     State (unctions of different organs.     Understand importance of personal hygiene for self and individuals health.     Care for sick to maintain their personal hygiene and comfort State the basic human needs.     Explain importance of fulfilling these	The human body  Structure and functions of human body.  Body systems and their functions digestive system respirator' system. genito urinary system, cardiovascular system, nervous system, muscular system, endocrine system, special sensory organs Hygiene of the body  Personal and individual hygiene Care of mouth skin, hair and nails.  Sexual hygiene  Menstrual hygiene.  Hygiene and comforts needs of the Sick: Care of skin: Bath sponging, back care, care of pressure points, position changing,  Care of hair: hair wash Care of hand and nails: hand washing  Care of eyes: eye wash,  Mouth care: Elimination Care of bowels and bladder Optimal functioning of the body  Basic human needs  Rest, sleep, activity, exercise, posture etc  Food, eating and drinking habits  Participation in social activities. Self-actualisation and spiritual need.  Interpersonal and human relations Lifestyle and healthy habits.	30	CO3

	basic			
	needs.			
4	Explain the importance of basic sanitation at home and in the community  • Describe the importance of safe water for health.  Describe methods of purifications of water.  Explain the importance of safe disposal of waste and its role in prevention of diseases.  State the hazards due to waste Involve community in sanitation activities.  Educate community for safe disposal of	Environmental Sanitation Environment and ecology for healthy living: basic sanitary needs. Air, sunlight and ventilation. Home environment -: smoke, animals, water, drains and toilets etc.  Safe water Sources of water & characteristics of safe water - sources of contamination and prevention. Purification of water for drinking methods- small and large scale. Disinfections of well, tube well tank and pond in a village. Waterborne diseases and prevention.  Disposal of excreta and waste.  Methods of excreta disposal - types of latrine.  Handling animal excreta.  Methods of waste disposal Hazards due to waste Community participation  Drainage and preparation of soak pits. Maintaining healthy environment within and around village - cleaning and maintenance of village drains, ponds and wells. Common waste, excreta and animal waste - disposal in the village.	20	CO4
5	different types of waste.  • Expla in relation ship between body and mind.  • Identify the factors necessary for normal mental health  • Educate for promoting mental health . Identify causes of maladjustment  • Educate family in solving problems. Identify signs of mental illness.	Mental Health  Concept of mental health Body-mind Relationship. Factors influencing mental health. Characteristics of a mentally healthy person. Developmental tasks of different age groups Different defense Mechanisms Maladjustment Features of a maladjusted individual. Common causes of maladjustment. Counseling an individual, family and community. Mental illness Identify abnormal behaviours. Types of mental illnesses and treatments. Early detection and referral of mentally ill Prevention of mental illness Home care and counseling Refer psychiatric emergencies. Old age care Process of ageing - physical, psychological changes. Needs and problems	12	CO5

			1	
	<ul> <li>Identify</li> </ul>	• Care of elderly at home.		
	them early	Rehabilitation and agencies of caring		
	and refer.	elderly.		
	Guide family			
	members in home			
	care			
i	<ul> <li>Counsel for</li> </ul>			
i	prevention of			
	mental illness.			
	Explain process			
	of ageing.			
	Identify			
	characteristic			
	s of elderly			
I	Provide need			
ŀ	based care.			
CO2Ref	ference Books:			
1.				
2.				
3.			•	
4.				
e-Lear	ning Source:			

e-Learning Source:

http://library.iul.ac.in/ELibrary.aspx

https://india.oup.com/

https://www.doabooks.org/

http://library.iul.ac.in/ELibrary.aspx

					Co	urse A	rticula	tion N	latrix:	(Марр	ing of C	COs witl	ı PO	s and P	PSOs)			
PO- PS O	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO1 0	PO1 1	PO1 2	P S O 1	PSO 2	PSO4	P S O 5	PSO 6	PSO7
CO 1	1	1	2	1	1	2	2	1	2	1	1							
CO 2	2	1	1	2	2	2	1	1	1	2	1							
CO 3	2	1	1	2	1	1	2	2	1	1	1							
CO 4	1	1	2	2	1	1	2	2	1	2	2							
CO 5	1	2	2	1	1	2	2	1	1	2	1							

Name & Sign of Program Coordinator	Sign & Seal of HoD

<b>Effective from Session:</b>							
Course Code	NRY-113 Title of the Course		Title of the Course Primary Health Care		Т	P	C
			Care				
Year	2022-23	Semester	A.N.M. 1 <sup>ST</sup> year	13 0	10	150	
Pre-Requisite		Co-requisite					
Course Objectives	mechanisi	ns and developme	elp students gain knowledge of the Describe ent of immunity against diseases and recognize the in order to render effective nursing services	ze an		nse	

	Course Outcomes
CO1	Describe different methods of disinfections and sterilization.
CO2	Describe common communicable diseases and their management.
CO3	Explain prevention of common communicable diseases and their control.
CO4	Describe care of the sick in community with common ailments and refer if required
CO5	Describe and demonstrate routes of administration of drugs

Unit No.	Title of the Unit	Content of Unit	Conta ct Hrs.	Mapped CO
1	<ul> <li>Unde rstand conce pt of occurrence of diseases</li> <li>Describe classification of diseases</li> <li>Und erstan d proce ss of infect ion.</li> <li>Describe characteristics of microbes</li> <li>Narrate methods of spread of</li> </ul>	Concept of disease.  Concept and definition of illness Disease causation Classification of diseases  Infection Meaning and types of infection. Causes of infection Classification and characteristics of micro organisms: Pathogenic and Non-pathogenic Incubation period and spread of infection transmission Factors affecting growth and destruction of microbes. Immunity and body defense mechanisms Body's defense mechanism Immunity - concept  Hypersensitivity: Antigen antibody reaction Types of immunity Types of vaccines Storage and care - cold chain maintenance. Immunization Immunization Immunization against different infections - immunization schedule Injection safety	18	CO1

infection  • State factors affecting spread of infection. Understand body defence mechanism State types of immunity Describe different types of vaccine and their preservation. • State immun ization • Organize immuniz ation camps Prepare articles for immuniza tion Participate in special drives.  Coll  Collection of administering vaccine • Sterilization of • Sterilization of • Sterilization in the community • Immunization Hazards • Precautions while giving vaccines • Special immunization drives and programmes. Records and reports • Special immunization drives and programmes. • Special immunization drives and progra		:£:	Mathada a Caducini atasina	1	ı
factors affecting spread of infection. Understand body defence mechanism State types of immunity Describe different types of vaccine and their preservation.  State immun ization schedu le Give immuni zation Organize immuniz ation camps Prepare articles for immuniza tion Participate in special drives.			_		
affecting spread of infection. Understand body defence mechanism State types of immunity Describe different types of vaccine and their preservation.  • State immun ization schedu le  • Give immunization  • Organize  • immunization drives and programmes.					
spread of infection. Understand body defence mechanism State types of immunity Describe different types of vaccine and their preservation.  • State immun ization schedu le  • Give immun ization • Organize • immunization drives and programmes.  Records and reports  • State immun ization schedu le  • Give immun ization • Organize • immunization • Organize • immunization camps Prepare articles for immunization Participate in special drives.					
infection. Understand body defence mechanism State types of immunity Describe different types of vaccine and their preservation. • State immun ization schedu le • Give immuniz ation • Organize • immuniz ation camps Prepare articles for immunization participate in special drives.					
Understand body defence mechanism State types of immunity Describe different types of vaccine and their preservation. • State immun ization schedu le • Give immun ization • Organize • immuniz ation camps Prepare articles for immuniza tion Participate in special drives.			Immunization Hazards		
Understand body defence mechanism State types of immunity Describe different types of vaccine and their preservation.  • State immun ization schedu le  • Give immuni ization  • Organize  • immunization  • Organize  • immunization  camps Prepare articles for immunization Participate in special drives.			Precautions while giving vaccines		
defence mechanism State types of immunity Describe different types of vaccine and their preservation.  • State immun ization schedu le  • Give immun ization  • Organize  • immuniz ation camps Prepare articles for immunization Participate in special drives.		Understand			
defence mechanism State types of immunity Describe different types of vaccine and their preservation.  • State immun ization schedu le  • Give immun ization • Organize • immuniz ation camps Prepare articles for immuniza tion Participate in special drives.		_			
State types of immunity Describe different types of vaccine and their preservation.  • State immun ization schedu le • Give immun ization • Organize • immunization • Organize • immunization camps Prepare articles for immunizat tion Participate in special drives.		defence			
immunity Describe different types of vaccine and their preservation.  • State immun ization schedu le • Give immun ization • Organize • immuniz ation camps Prepare articles for immuniza tion Participate in special drives.		mechanism			
immunity Describe different types of vaccine and their preservation.  • State immun ization schedu le • Give immun ization • Organize • immuniz ation camps Prepare articles for immuniza tion Participate in special drives.		State types of			
Describe different types of vaccine and their preservation.  • State immun ization schedu le • Give immun ization • Organize • immuniz ation camps Prepare articles for immuniza tion Participate in special drives.		· ·			
different types of vaccine and their preservation.  • State immun ization schedu le  • Give immun ization  • Organize  • immunization  • Organize  • immunization  camps  Prepare articles for immunization  Participate in special drives.					
of vaccine and their preservation.  • State immun ization schedu le  • Give immun ization  • Organize  • immuniz ation camps  Prepare articles for immuniza tion  Participate in special drives.					
their preservation.  • State immun ization schedu le • Give immun ization • Organize • immuniz ation camps Prepare articles for immuniza tion Participate in special drives.					
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Participate in special drives.					
special drives.					
Coll Collection of specimen		special drives.			
		Coll	Collection of specimen		
ect • Principles and methods of collection of specimens and handling			<u> -</u>		
spec body discharges.					
ime Collection of specimens of blood sputum, urine, stool		_			
ns Safe disposal of body discharges.					
corr Disinfection and					
ectl sterilization					
y • Principles and methods of antisepsis, disinfection and					
• Handle sterilization		=	<u> </u>		
body  • Methods of disinfecting different equipments		body			
2 discharges Methods of distincting different equipments 07 CO2	2	•		07	CO2
safely Equipments		_	_		
• Give Waste Disposal					
health Waste disposals-					
educat infectious and non- infectious: concepts.					
ion for principles, and methods at different levels			<u> </u>		
disposal of			principles, and methods at different levels		
body		_			
discharges.					
• Explain					
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	mangur			
	measur es for	causes of epidemics.		
	differen	Epidemic enquiry in a community and epidemic mapping		
		• Relief work and role		
	t	of health worker/ ANM.		
	commu			
	nicable			
	• diseases.			
	Describe			
	care and			
	referral for			
	different			
	communicab			
	le diseases.			
	State the			
	principles of			
	care of			
	infectious			
	cases.			
	Enumerate			
	Standard safety			
	measures .	Core of the cicle in the comment		
	<ul> <li>Identify</li> </ul>	Care of the sick in the community		
	common	• Common health conditions in the community -danger signs of		
	health	illnesses.		
	problems	• Health assessment:		
	in the	Taking history, Physical examination: Vital signs.		
	communit	Weight, Height:		
	у	recognition of abnormalities		
	<ul> <li>Perform</li> </ul>	Identification of health problems		
	health	Management of the sick: home and		
	assessment	community nursing procedures, care of the sick, referral		
	of	Health education: individual and family Fever		
	individual	• Vital signs: Temperature, pulse, respiration, blood, pressure		
	Render care to	Temperature maintenance and the physiology of fever		
	the sick at	• Fever: Types and stages		
	home Advise	Causes of fever - common conditions causing fever, malaria,		
	family	typhoid, Acute respiratory Infection (ARI) etc		
	members in	Nursing management of patient with fever		
4	care of sick	Alternate system of	20	CO 4
4	<ul> <li>Check and</li> </ul>	medicineRespiratory problems	30	CO4
	record vital	• Common respiratory problems: types, classifications- cold and		
	signs	cough, ARI, Asphyxia, tonsillitis, asthma, bronchitis pneumonia		
	• Describe	and tuberculosis		
	stages of	• Causes, sign and symptoms, treatment of respiratory problems		
	fever	Management: Role and responsibilities of ANM/health workers in		
	• List	care of respiratory problems including Home care remedies.		
	common	Integrate accepted practices of AYUSH		
	conditions	Aches and pains		
	causing	Causes and nursing management of :		
	fever	Tooth ache, ear		
	• Provide	ache, abdominal pain, headache,		
	care to	_		
	patients	joint pains.  • Management as parthe standing orders		
	with fever	• Management as per the standing orders		
	Enumerate	and protocols Role of ANM/health		
	causes, sign	worker in the community including Home care remedies		
	and	Integrate accepted practices of AYUSH		
	una	Digestive problems		

	symptoms	• indigestion. anorexia, vomiting, distension and Constipation		
	respiratory	Haemorrhoids. hernia, ulcers and intestinal obstruction		
	problems	Role of ANM/health worker in the community including Home		
	<ul> <li>Provide</li> </ul>	care remedies.		
	Care to	Integrate accepted		
	patients	practices of AYUSH		
	with	Urinary problems		
	respiratory	Signs and symptoms		
	infections.	of renal conditions		
	State common	Retention of urine,		
	home remedies	renal colic, edema		
	and their	Role of ANM/health worker in the community including Home care		
	application.	remedies. Integrate accepted practices of AYUSH		
	• Identify	Cardiovascular problem		
	cause and	Signs and symptoms of cardiac conditions and blood related		
	provide care	problems: heart attack, chest pain, anemia hypertension and		
	and support	leukemia		
	Refer when	Care of a cardiac patient at home		
	necessary.	Role of ANM/health worker in the community including Home		
	• Identify	care remedies.		
	cause and	Integrate accepted		
	provide care	practices of AYUSH Diseases of the nervous system		
	and support	Signs and symptoms of neurological problems - Headache,		
	• Refer when	backache and paralysis		
	necessary	Care of a patient with stroke at home.		
	<ul> <li>Identify</li> </ul>	Care of pressure points, back care changing of positions, active		
	cause and	and passive exercises, body support to prevent contractures.		
	provide care	Role of ANM/health worker in the community including		
	and support	Home care remedies.		
	Refer when	Integrate accepted practices of AYUSH		
	necessary	Metabolic diseases		
	Identify	Diabetes - signs and symptoms, complications diet and		
	cause and	medications		
	provide care	• Skin care, foot care		
	and support	• Urine testing and administration of insulin injection.		
	Refer when	Integrate accepted practices of AYUSH Diseases of musculo		
	necessary.	skeletal system		
	• Give	• Signs and symptoms of sprain, tear of ligaments and arthritis.		
	insulin	Integrate accepted practices of AYUSH Care of handicap		
	injection	Handicaps - different types		
	Counsel for	Counselling for prevention of certain handicaps		
	prevention of			
	complications	• Understandings the handicapped person Helping family to ensure need based care.		
	• Identify	ensure need based care.		
	need			
	of			
	handicapped			
	Ensure need			
	base care at			
	home			
	• Name	Types of drugs		
	different	Different Systems of medicine: allopathic and AYUSH		
_	systems of	Classifications of drugs	<b>~</b> 0	G0.7
5	medicine	Forms and characteristics of drugs	50	CO5
	• Understa	Abbreviations used in medication		
	nd	Administration of drugs: Policies and regulations, as		
	110	per protocols and standing orders Calculation of dosage		

abbreviati ons

Calculatedosages ofmedici

nes
• Understa

classificatio n of drugs. Demonstrat

e administrati on of drugs Explain importance of

observations

Administe
r drugs for
minor
ailments
Explain the
care of drugs.
Administer

emergency drugs following precautions.

- Understand principle of first aic care
- Use first aid kit
- Demonstrate different type of bandages Demonstrate

first
aid care for
Cuts and
wounds,
Foreign
bodies,
Burns and
scalds

 Health education and referral Identify

di ff er

## Administration of drugs

- Routes of administration
- -Oral, parentral (intradermal, intramuscular, subcutaneous, Intra venous), rectal, local and others.
- Administration of drugs: Precautions, principles

Observations and recording.

Drugs used in minor ailments

Common drugs for fever, cold and cough, aches and pains etc.

Drug kit in the sub centre. content and its use Storage and care of drugs

Common emergency drugs

Methergine, misoprostol inj ectionoxytocin, IV fluids, antibiotics, injection and magnesium sulphate deriphylline, avil and other antihistaminic, pelhecline, vitamin K, antirabies

vaccine, anti snake venoms as per the protocol

Precautions for administration
 Storage and Care of emergency drugs Need for First Aid

• Principles of first aid

- Mobilization of resources
- Fist aid kit & supplies.
- Bandages: Types, Uses

Principles and methods of Minor Injuries and ailments

- Cuts and wounds: types, principles and first aid care Foreign bodies • Burns and scalds types, principles and first aid care
- Health education and referral Role of ANM/health worker Fractures
- Skeletal system and different bones. Fractures: Types. Causes, signs and symptoms, first aid care, Methods of immobilization and transportation.

Life Threatening

Conditions

- Bleeding
- Drowning

Strangulation suffocation and asphyxia

• Loss of consciousness

Cardio respiratory arrest

Convulsions Foreign bodies Chest injuries Shock and allergic conditions Poisoning, bites and stings Stroke Heat stroke Severe burn

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	• Describ		<u> </u>						
	e types								
	Apply								
	splints								
	and								
	bandages								
	<ul> <li>Transfer</li> </ul>								
	fractured		<u> </u>						
	patients		<u> </u>						
	correctly.		<u> </u>						
	Follow								
	principles		<u> </u>						
	of first aid		<u> </u>						
	and								
	provide care in		<u> </u>						
	different								
	Emergencies								
	eference Books:								
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		Course Articulation Matrix: (Mapping of COs with POs and PSOs)																
PO- PS O CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO1 0	PO1 1	PO1 2	P S O 1	PSO 2	PSO4	P S O 5	PSO 6	PSO7
CO 1	2	2	1	1	2	2	1	2	2	2	1							
CO 2	1	2	2	1	1	2	2	1	1	2	1							
CO 3	1	1	2	2	1	1	2	2	1	2	2							
CO 4	2	1	2	1	1	2	2	1	1	2	1							
CO 5	2	1	2	2	2	2	2	2	2	2	2							

Name & Sign of Program Coordinator	Sign & Seal of HoD