



INTEGRALUNIVERSITY,LUCKNOW

INTEGRALINSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

DEPARTMENT OF PARAMEDICAL SCIENCES

**BACHELOR OF SCIENCE IN NUTRITION AND
DIETETICS
(B.Sc. ND)**

SYLLABUS

YEAR/SEMESTER: I/I



Integral University, Lucknow
Department of Paramedical Sciences
Study and Evaluation Scheme

Program: B.Sc. CVT

Semester-I

Program: BSc. CVT							Semester: I						
S. N.	Course code	CourseTitle	Typeo fPaper	PeriodPerhr./week/sem.			EvaluationScheme				Sub. Total	Credit	Total Credits
				L	T	P	CT	TA	Total	ESE			
THEORIES													
1	ND101	HumanAnatomy-I	Core	3	1	0	40	20	60	40	100	3:1:0	4
2	ND102	HumanPhysiology-I	Core	3	1	0	40	20	60	40	100	3:1:0	4
3	ND103	BasicofBiochemistry	Core	3	1	0	40	20	60	40	100	3:1:0	4
4	ND104	BasicPreventiveMedicine&CommunityHe althCare	Core	3	1	0	40	20	60	40	100	3:1:0	4
5	LN101	BasicProfessionalCommunication	Core	2	1	0	40	20	60	40	100	2:1:0	3
6	CS103	Introductio ntoComputers	Core	2	1	0	40	20	60	40	100	2:1:0	3
PRACTICAL													
1	ND105	HumanAnatomy-ILab	Core	0	0	2	40	20	60	40	100	0:0:1	1
2	ND106	HumanPhysiology-ILab	Core	0	0	2	40	20	60	40	100	0:0:1	1
3	ND107	BasicofBiochemistry-Lab	Core	0	0	2	40	20	60	40	100	0:0:1	1
Total				16	06	06	360	180	540	360	900	25	25

S. N.	Course code	CourseTitle	Type Of Paper	Attributes							UnitedNationSust ainable DevelopmentGoal (SDGs)
				Employability	Entrepreneurship	SkillDevelop ment	Gender Equality	Environment&S ustainability	Human Value	Professiona lEthics	
THEORIES											
1	ND101	Human Anatomy-I	Core	√	√	√			√	√	3,4
2	ND102	Human Physiology-I	Core	√	√	√			√	√	3,4
3	ND103	Basic of Biochemistry	Core	√	√	√			√	√	3,4
4	ND104	BasicPreventiveMedicine&CommunityH ealthCare	Core	√	√	√			√	√	3,4
5	LN101	Basic Professional Communication	Core			√				√	3,4,6
6	CS103	Introduction to Computers	Core	√	√	√			√	√	3,4
PRACTICAL											
1	ND105	Human Anatomy-I Lab	Core	√	√	√			√	√	3,4
2	ND106	Human Physiology-I Lab	Core	√	√	√			√	√	3,4
3	ND107	Basic of Biochemistry-Lab	Core	√	√	√			√	√	3,4

L: Lecture T: Tutorials P: Practical CT: Class Test TA: Teacher Assessment ESE: End Semester Examination,
AE= Ability enhancement, DSE= Discipline Specific Elective, **Sessional Total**: Class Test + Teacher Assessment **Subject Total**: Sessional Total + End Semester Examination (ESE)



Integral University, Lucknow

Effective from Session: 2023-24							
Course Code	ND101	Title of the Course	HUMANANATOMY-I	L	T	P	C
Year	I	Semester	I	3	1	0	4
Pre-Requisite	Nil	Co-requisite	Nil				
Course Objectives	The student will be able to demonstrate knowledge in human anatomy as needed for the study and practice of medical Laboratory technology.						

Course Outcomes	
CO1	To learn about anatomical nomenclature, position, location & their function.
CO2	To study about classification of bone, Ossification of bone, type of cartilage, classification of joints.
CO3	To learn about classification & function about Muscles, nervous & cardiovascular system
CO4	To learn about superior extremity muscles & superior extremity joints.
CO5	To learn about inferior extremity muscles & inferior extremity joints.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	GENERAL ANATOMY	a. Introduction and subdivisions of Anatomy. b. Anatomical nomenclature: Terms of Planes, Positions, Body parts and movements. c. Basic tissues of the body: Definition, location and their function.	6	CO1
2	OSTEOLOGY & ARTHROLOGY (Brief)	a. Introduction, axial & appendicular skeleton, classification of bone based on shape and structure, structure of growing and adult long bone, ossification of bone, Types of cartilage, the characteristics features with example. b. Introduction to Arthrology: Definition and classification of joints with example. Detail of synovial joint- characteristics features, type with example, close pack and loose pack position.	7	CO2
3	SYSTEMIC ANATOMY	a. Brief About Myology: Classification of muscles and its characteristics features, Gross features of skeletal muscle, classification of muscle according to shape and fascicular architecture, action of muscles. b. Brief About Neurology: Subdivision of nervous system, structural organization of nervous system including types of neurons, ganglion. Introduction to spinal nerves, cranial nerves and autonomic nervous system. c. Brief About Cardiovascular System: Components of CVS, types of anastomoses, types of circulation, and components of lymphatic systems and its functions.	7	CO3
4	SUPERIOR EXTREMITY	a. Surface and marks and Introduction to superior extremity. b. Brief about Muscles and fascia, Pectoral region: Pectoral muscles, Scapular region and Back, Muscles of Arm, Forearm and Hand. c. Brief about Joints of superior extremity: Brief of shoulder joint, brief about the elbow joint & wrist joint and radioulnar joint.	10	CO4
5	INFERIORE XTREMITY	a. Introduction and surface and marks of lower extremity. b. Brief about Muscles and fascia: Thigh: Brief account of thigh muscles. c. Brief about Gluteal region: Muscles of Gluteal region. d. Compartment of leg, name of the muscles of leg, their action and nerves supply. e. Brief about Joints: Detail of Hip and Knee joint, subtalar, tibiofibular joints.	10	CO5

Reference Books:

- 1 B.D. Chaurasia's, Human Anatomy-Volume I, 2, 3 CBS Publishers & Distributors.
- 2 Inderbir Singh, Textbook of Anatomy with Colour Atlas- Vol. 1, 2, 3 Jaypee Brothers.
- 3 Snell-Clinical Anatomy by regions- Lippincott.
- 4 McMinn's Last's Anatomy- Regional and applied, Churchill Livingstone.
- 5 Cunningham Manual of Practical Anatomy Vol. I, II, III, Churchill Livingstone.
- 6 Williams & Warwick, Gray's Anatomy- Churchill Livingstone.
- 7 Basic Anatomy & Physiology by Smout and McDowell

e-Learning Source:

1. <https://youtu.be/X5RUFZZBH4>
2. https://youtu.be/06o_XNKwuOE
3. <https://youtube/4Sab-2E4ZDI>

PO-PSO CO	Course Articulation Matrix: (Mapping of Cos with Pos and PSOs)																
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	1	3	1	2	-	-	-	1	2	1	-	2	2	1	2	-	3
CO2	2	3	2	2	-	-	-	1	3	1	-	3	2	2	1	-	2
CO3	1	3	1	2	-	-	-	1	2	-	-	2	2	1	2	-	3
CO4	2	3	1	2	-	-	-	1	3	-	-	3	2	2	3	-	3
CO5	1	3	1	2	-	-	-	1	2	1	-	2	2	1	2	-	3

1-Low Correlation; 2-Moderate Correlation; 3-Substantial Correlation

Attributes & SDGs

Course Code	Course Title	Attributes							SDGs No.
ND101	HUMANANATOMY-I	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics	3,4
		√	√	√			√	√	



Integral University, Lucknow

Effective from Session: 2023-24							
Course Code	ND102	Title of the Course	HUMAN PHYSIOLOGY-I	L	T	P	C
Year	I	Semester	I	3	1	0	4
Pre-Requisite	Nil	Co-requisite	Nil				
Course Objectives	The student will be able to demonstrate knowledge in human physiology as needed for the study and practice of medical Laboratory technology.						

Course Outcomes	
CO1	To learn about Cell and cell division, Cellular movement, Osmosis, Dialysis.
CO2	To study about composition of blood, morphology of cells, Hemoglobin, ESR, MCV, MCH, MCHC, PT, APTT, BT, CT, ABO, Cross matching, etc.
CO3	Introduction of Respiratory System, Respiration measures, Regulation of respiration.
CO4	To learn about basic physiology of heart, blood circulation, Cardiac Cycle, etc.
CO5	To learn about introduction and physiology of digestive system.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	GENERAL AND CELL PHYSIOLOGY	1. Cell and cell division-Structure, Function and classification of cell. 2. Cellular Movements: Endocytosis and Exocytosis, Molecules of cell. 3. Transport across the cell membrane, Homeostasis. 4. Diffusion, Osmosis, Bonding, Filtration, Dialysis, Surface Tension, Adsorption, Colloid.	8	CO1
2	BLOOD	1. Introduction of blood, Composition and function of blood, Blood cells morphology and development. 2. Blood cell types and function, Composition and function of blood plasma and Blood clotting factor, Hemoglobin-structure, normal content, function, types, Erythropoiesis. 3. Erythrocyte sedimentation rate (ESR) and its significance, Hematocrit, PCV, MCV, MCH, MCHC, Blood volume, Prothrombin time, Clotting time, Bleeding time, Blood Group, ABO and Rh factor, Cross matching, Coagulation and Anticoagulants.	8	CO2
3	RESPIRATION	1. Respiratory System Introduction, Structure, Function and Mechanism of Breathing. 2. Respiration measures (Vital capacity, Total Volume, Reserve volume, Total lung capacity), Mechanism of respiration. 3. Regulation of respiration, pulmonary function test, physiological changes in altitude & acclimatization, hypoxia.	8	CO3
4	CARDIOVASCULAR SYSTEM	1. Basic Physiology of Heart, Blood circulation, Arteries and veins, properties and structure of heart muscle. 2. Cardiac Cycle and heart sounds. 3. Conductive system of heart, Blood Pressure definition, Regulation factors affecting blood pressure.	8	CO4
5	DIGESTIVE SYSTEM	1. Digestive system introduction, structure and function. 2. Basic physiology of organs of digestive systems (Salivary glands, Gastric glands, Pancreas, Liver, Gall bladder). 3. Composition and function of all digestive juices, Digestion and Absorption of carbohydrate, fat and proteins.	8	CO5

Reference Books:

1. Concise Medical Physiology by Chaudhuri, 4th Edition; New Central Book Agency.
2. Human Physiology, Sembulingam, 4th Edition, Jaypee Brothers.
3. A Textbook of Practical Physiology, Ghai CL, Jaypee Brothers.
4. Practical Physiology by Vijaya Joshi; Vora Medical Publication.
5. Human Physiology, Chatterjee, Vol: 1 & 2; 10th Edition; Medical & Allied Agency
6. Textbook of Medical Physiology by Guyton & Hall, 11th Edition; Elsevier Publication
7. Principles of Anatomy & Physiology, Tortora, 8th Edition; Harper & Row Publication
8. Textbook of Physiology: Ganong

e-Learning Source:

1. <https://youtu.be/JuhDx9hQAx8>
2. https://youtu.be/Ta_vWU5rjho
3. <https://youtu.be/h1qSFZ9aw94>
4. https://youtu.be/uYm4l_alVV0
5. <https://youtu.be/VWamhZ8vTL4>

PO-PSO CO	Course Articulation Matrix: (Mapping of COs with POs and PSOs)																
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	1	3	1	2	-	-	-	1	2	-	-	2	2	1	-	1	-
CO2	1	3	1	3	-	-	-	1	3	-	-	3	3	2	-	2	-
CO3	1	3	1	2	-	-	-	1	2	-	-	2	3	1	-	1	-
CO4	1	3	1	2	-	-	-	1	3	-	-	3	2	1	-	1	-
CO5	1	3	1	2	-	-	-	1	2	-	-	2	2	1	-	1	-

1-Low Correlation; 2-Moderate Correlation; 3-Substantial Correlation

Attributes & SDGs

Course Code	Course Title	Attributes							SDGs No.
ND102	HUMAN PHYSIOLOGY-I	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics	3,4
		√	√	√			√	√	



Integral University, Lucknow

Effective from Session: 2023-24							
Course Code	ND103	Title of the Course	BASICOFBIOCHEMISTRY	L	T	P	C
Year	I	Semester	I	3	1	0	4
Pre-Requisite	Nil	Co-requisite	Nil				
Course Objectives	The student will be able to demonstrate knowledge in clinical as needed for the study and practice of medical laboratory Technology.						

Course Outcomes: After the successful course completion, learners will develop following attributes:	
CO1	Introduction, Molecular & Functional organization of cells, Amino acid, Lipids, Proteins
CO2	To study about classification, definition and metabolism of carbohydrates
CO3	To learn about RNS & DNA, Advances in Genetic Engineering.
CO4	To learn about Definition, classification & function of fat- & water-soluble vitamins, classification of enzyme, definition and classification of hormones.
CO5	To learn about Introduction, role and requirement of nutrition.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	CELL & CHEMISTRY OF BIOMOLECULES	1. Introduction, Molecular & functional organization of a cell & its subcellular components - Cell membrane, Cytosol, Endoplasmic reticulum, Golgi apparatus, Lysosomes, Peroxisomes, Mitochondria & Nucleus. 2. Definition, Classification, properties & functions of amino acids. 3. Brief about Definition, Classification & functions of lipids. 4. Brief about structure of proteins, Amino acid & protein metabolism.	8	CO1
2	CARBOHYDRATE	Definition, Classification & Metabolism Glycolysis, Citric Acid cycle, Gluconeogenesis, glycolysis, Glycogenolysis, Pentose Phosphate Pathway. Blood Sugar level & its homeostasis, glucose tolerance & glycosuria.	8	CO2
3	NUCLEIC ACID	1. Brief about structure of DNA & RNA, DNA Replication, & Transcription, Advances in Genetic Engineering.	8	CO3
4	VITAMINS (FAT & WATER SOLUBLE) & ENZYMES & HORMONES	1. VITAMINS (FAT & WATER SOLUBLE): Definition, classification, functions, dietary sources, daily requirement & deficiency disorders. 2. ENZYMES & HORMONES: Definition, Classification of enzymes, properties, mechanism of action, Clinical importance & regulation of activity. Introduction Definition & Classification of hormones. Mechanism of hormone action, Effects of hormones on various Metabolism & hormonal disorders.	8	CO4
5	NUTRITION & SPECIAL TOPICS	1. Introduction of Nutrition, Nutrients of their role in human, Nutritional requirements, Balanced diet, nutritional disorder, SDA (special dynamic action). 2. Respiratory quotient (RQ) & Basal Metabolism rate (BMR). Water electrolyte balance & Acid base balance.	8	CO5

Reference Books:

1. Fundamentals of Biochemistry - by Dr. Deb Jyoti Das,
2. Essentials of Bio-chemistry by U. Satyanarayan, 1st Edition, Books and Allied Publications.
3. Textbook of Biochemistry - Chatterjee and Shinde
4. Textbook of Medical Bio-Chemistry - Dr. M.N. Chatterjee, 5th Edition, Jaypee Publication.
5. Fundamentals of Bio-Chemistry - Dr. A.C. Deb, 5th Edition, Central Publication.
6. Bio-Chemistry introduction - Meke, 2nd Edition, McGraw-Hill Publication.

e-Learning Source:

1. <https://youtu.be/t5DvF5OVr1Y>
2. <https://youtu.be/gggC9vctvBQ>
3. <https://youtu.be/ufvZ8bYtyO8>
4. <https://youtu.be/Q6R4o-oECxs>

	CourseArticulationMatrix:(MappingofCoswithPosandPSOs)																
PO-PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO																	
CO1	1	3	2	2	-	-	-	1	2	1	-	2	2	1	-	1	-
CO2	1	3	1	3	-	-	-	2	3	-	-	3	3	2	-	2	-
CO3	1	3	1	2	-	-	-	1	2	2	-	2	3	1	-	1	-
CO4	1	3	1	2	-	-	-	1	3	-	-	3	2	1	-	1	-
CO5	1	3	1	2	-	-	-	1	2	1	-	2	2	1	-	1	-

1-Low Correlation; 2-Moderate Correlation; 3-Substantial Correlation

Attributes & SDGs

Course Code	Course Title	Attributes							SDGs No.
ND103	BASICOFBIOCHEMISTRY	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics	3,4
		√	√	√			√	√	



Integral University, Lucknow

Effective from Session: 2023-24

Course Code	ND104	Title of the Course	BASIC PREVENTIVE MEDICINE & COMMUNITY HEALTH CARE	L	T	P	C
Year	I	Semester	I	3	1	0	4
Pre-Requisite	Nil	Co-requisite	Nil				
Course Objectives	Get knowledge of Basic concepts of community health care and community issues.						

Course Outcomes

CO1	To learn about Definition, Determinants and indicator of health & population of India.
CO2	To study about family, community & population problems in India.
CO3	To learn about communicable diseases & their prevention
CO4	To learn about national health policy programs & nutrition.
CO5	To learn about WHO, UNICEF, FAO, Indian red cross society, World bank etc.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	HEALTH & POPULATION	1. Health: Definition and Determinants, Health Indicators of India, Health Team Concept and Health problem in India. 2. Population of India and Family welfare programs in India. a. Environment and health.	8	CO1
2	FAMILY & COMMUNITY	1. Family, meaning and definitions, Functions of types of family, changing family patterns. 2. Rural and tribal community, Meaning and features & Health hazards. 3. Urban community, Meaning and features, Health hazards of urbanities Population, problems of population growth, birth rates, death rates, fertility rates & MMR.	8	CO2
3	COMMUNICABLE DISEASES	a. Epidemiology, etiology, pathogenesis and control of communicable diseases like malaria, cholera, tuberculosis, leprosy, diarrhea, poliomyelitis, viral hepatitis, measles, dengue, rabies, AIDS.	8	CO3
4	NHPP & NUTRITION	1. National Health Policy and Programs, DOTS, National AIDS control program, National cancer control program, universal immunization program etc. a. Nutrition and major nutritional problems, etiology, manifestations and prevention, components of CVH care.	8	CO4
5	HEALTH GOVERNANCE BODIES	a. Objectives and goals of WHO, UNICEF, Indian Red Cross Society, UNFPA, FAO, ILO	8	CO5

Reference Books:

1. K. Perks, Sunder Lal, Adarsh Pandey, Textbook of Preventive Social Medicine.

2. Basic Concept of Community Health Nursing by JAY PEE Publication.

e-Learning Source:

1. <https://www.britannica.com/topic/family-kinship>

2. <https://en.wikipedia.org/wiki/Community>

Course Articulation Matrix: (Mapping of COs with POs and PSOs)

PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	1	3	2	2	-	-	-	1	2	-	-	2	3	1	2	3	-
CO2	1	3	1	3	-	-	-	2	3	-	-	3	3	-	1	2	-
CO3	1	3	1	2	-	-	-	1	2	-	-	2	2	2	1	2	2
CO4	1	3	1	2	-	-	-	1	3	1	-	3	2	3	1	3	2
CO5	1	3	1	2	-	-	-	1	2	2	-	2	3	1	2	2	2

1-Low Correlation; 2-Moderate Correlation; 3-

Substantial Correlation Attributes & SDGs

Course Code	Course Title	Attributes							SDGs No.
ND104	Basic Preventive Medicine & Community Health Care	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics	3,4
		√	√	√			√	√	



Integral University, Lucknow

Effective from Session: 2017-18									
Course Code	CS103	Title of the Course	INTRODUCTION TO COMPUTERS			L	T	P	C
Year	I	Semester	I			2	1	0	3
Pre-Requisite	Nil	Co-requisite	Nil						
Course Objectives	The main objective of the course is to provide fundamental knowledge of computers, windows, MS Word, and PowerPoint.								

Course Outcomes	
CO1	After studying this course, the students will know – The fundamentals of computers and computer systems.
CO2	After studying this course, the students will know – Understanding the basic concepts of DOS commands.
CO3	After studying this course, the students will know – A basic understanding of the windows.
CO4	After studying this course, the students will know – Understanding MS Word.
CO5	After studying this course, the students will know – Knowledge, understanding, and basic concepts of presentation software.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	COMPUTER FUNDAMENTALS	What is a computer? Components of a computer system. Classification of computers. Types of computers. A brief history of the evolution of computers and generation of computers. Computer hardware and software. Input/Output devices.	6	CO1
2	DOS	Elementary knowledge of DOS commands DIR, CLS, DATE, TIME, MD, CD, RD, RENAME, DEL, BACKUP, RESTORE, COPY, SCANDISK, CHKDSK.	6	CO2
3	WINDOWS	Difference between windows and DOS. Basic Features - Date, Time, Time Zone, Display, Screen Saver, Fonts, Mouse, and mouse pointers. Using accessories such as a calculator, paintbrush, CD player, etc. Use of Windows Explorer for moving and copying files. Introduction to MS Office and its integrated nature.	6	CO3
4	MS-WORD	Starting Word, new documents, entering text, changing text, aligning, underlining, and justifying text. Use of tabs. Tables - creation, adding rows and columns, splitting, and combining cells, Borders. Saving, closing, and opening documents. Adding headers and footers. Print preview, and print a document. Mail merge: creating main document and data source. Adding and removing fields from the data source.	6	CO4
5	POWERPOINT (PRESENTATION SOFTWARE)	The basic concept of presentation software. Standard, Formatting, and drawing toolbars in PowerPoint and their use. Creating and opening a presentation. Creating, deleting, opening, and copying slides. Closing and saving a presentation. Use of slide sorter, adding header/footer. Use of master slide and color box. Use of animation features. Inserting Pictures, resizing pictures. Inserting organization chart. Use of auto content wizard.	6	CO5

Reference Books:

1. A First Course in Computers: Saxena, Vikas Publishing House.
2. Fundamentals of Computer Science - M. Afshar Alam.
3. Fundamentals of Information Technology by D.S. Yadav - Newage International.

e-Learning Source:

1. https://youtu.be/ME_F9yypzsw
2. <https://youtu.be/FZqKyhfD7-E>
3. <https://youtu.be/S4Zio60b8P8>
4. https://youtu.be/eEo_aacpwCw

PO-PSO CO	Course Articulation Matrix: (Mapping of COs with POs and PSOs)																
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	1	2	2	2	-	-	-	1	2	1	-	2	-	2	2	1	-
CO2	1	-	1	3	-	-	-	2	3	-	-	3	-	1	1	1	-
CO3	1	3	1	2	-	-	-	1	2	2	-	2	-	1	1	1	-
CO4	1	2	1	2	-	-	-	1	3	-	-	3	-	1	2	1	-
CO5	1	2	1	2	-	-	-	1	2	1	-	2	-	1	1	1	-

1-Low Correlation; 2-Moderate Correlation; 3-Substantial Correlation

Attributes & SDGs

Course Code	Course Title	Attributes							SDGs No.
CS103	INTRODUCTION TO COMPUTERS	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics	3,4,11



Integral University, Lucknow

Effective from Session: 2017-18

Course Code	LN101	Title of the Course	BASICS OF PROFESSIONAL COMMUNICATION	L	T	P	C
Year	I	Semester	I	2	1	0	3
Pre-Requisite	Nil	Co-requisite	Nil				
Course Objectives	The major objective of the course is to develop professional communication skills among the students.						

Course Outcomes	
CO1	After studying this course, the students will know – The meaning & importance of professional communication as well as effective Professional communication.
CO2	After studying this course, the students will know – Understanding the language through literature like essays and short stories.
CO3	After studying this course, the students will know – Basic concepts and knowledge of vocabulary.
CO4	After studying this course, the students will know – Understanding and practice of basic grammar.
CO5	After studying this course, the students will know – Knowledge, understanding, and skills in report writing & business letter writing.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	PROFESSIONAL COMMUNICATION	a. Professional Communication: Meaning & importance b. Essentials of Effective Communication c. Barriers to Effective Communication	6	CO1
2	LANGUAGE THROUGH LITERATURE	a. Essays: “The Effect of the Scientific Temper on Man” by Bertrand Russell “The Aims of Science and Humanities” by Moody E. Prior b. Short Stories: “The Meeting Pool” by Ruskin Bond “The Portrait of a Lady” by Khushwant Singh	6	CO2
3	BASIC VOCABULARY	a. Euphemism, One-word Substitution, Synonyms, Antonyms b. Homophones, Idioms and Phrases, Common mistakes c. Confusable words and expressions	6	CO3
4	BASIC GRAMMAR	a. Articles, Prepositions, Tenses b. Concord (Subject-Verb agreement), Verbs: kinds & uses c. Degrees of Comparison	6	CO4
5	BASICS OF COMPOSITION	a. Report writing: What is a report? Kinds and objectives of reports, writing reports b. Business Letter Writing: Introduction to business letters, types of business letters, Layout of business letters, Letter of Enquiry/Complaint	6	CO5

Reference Books:

1. Lata, Pushp & Kumar, Sanjay. Communication Skills, Oxford University Press-2012
2. Quintanilla, Kelly M. & Wahl, Shawn T. Business and Professional Communication, Sage Publications India Pvt. Ltd-2011
3. Juneja, Om P & Mujumdar, Aarati. Business Communication: Techniques and Methods, Orient Black Swan-2010
4. Arora, V. N. & Chandra, Lakshmi. Improve Your Writing: From Comprehensive to Effective Writing, Oxford University Press-2010 (For the prescribed essays – “The Effect of the Scientific Temper on Man” by Bertrand Russell & “The Aims of Science and Humanities” by Moody E. Prior)

e-Learning Source:

1. https://www.youtube.com/watch?v=jQx_jZxdCbs
2. <https://www.sciencedirect.com/topics/psychology/linguistic-theory#:~:text=Linguistic%20Theory%20was%20formed%20by,to%20all%20typically%20developing%20humans>
3. <https://linguistics.ucla.edu/undergraduate/what-is-linguistics/>
4. <https://www.thoughtco.com/noam-chomsky-4769113>

PO-PSO CO	Course Articulation Matrix: (Mapping of Cos with Pos and PSOs)																
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	3	1	1	2	2	1	2	3	3	1	2	2	3	2	2	3	2
CO2	3	3	2	2	2	2	2	1	2	2	2	3	2	2	3	3	3
CO3	3	2	2	3	2	3	3	2	2	3	2	3	2	3	3	3	3
CO4	2	3	1	2	3	1	2	2	3	3	3	3	3	3	2	2	2
CO5	3	2	2	1	2	3	3	3	2	3	2	2	3	2	2	3	3

1-Low Correlation; 2-Moderate Correlation; 3-Substantial Correlation

Course Code	Course Title	Attributes							SDGs No.
LN101	BASICS OF PROFESSIONAL COMMUNICATION	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics	3,4,11
				√					



Integral University, Lucknow

Effective from Session: 2023-24

CourseCode	ND105	TitleoftheCourse	HUMANANATOMY-ILAB	L	T	P	C
Year	I	Semester	I	0	0	2	1
Pre-Requisite	Nil	Co-requisite	Nil				
CourseObjectives	Thestudentwillbeabletodemonstrateknowledgeinhumananatomyasneededforthestudyandpracticeofphysiotherapy.						

Course Outcomes

CO1	To identify anatomical aspect of the level of organization of the human body practically.
CO2	To identify anatomical and functional aspect of muscles, bones and joints of the various regions practically.
CO3	To identify and practically apply various terms related to human different system of the body.
CO4	To identify anatomical and functional aspect of neuromusculoskeletal structure of superior extremity.
CO5	To identify anatomical and functional aspect of neuromusculoskeletal structure of inferior extremity.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	GENERAL ANATOMY & ARTHROLOGY (Brief) SYSTEMIC ANATOMY SUPERIOR EXTREMITY INFERIOR EXTREMITY	1. Identification and description of all Anatomical structures.	30	CO1-5
2		2. The learning of Anatomy is by demonstration only through dummy dissected parts, slides, models, chart set c.		
3		3. Demonstration of dummy dissected parts (upper extremity, lower extremity, thoracic & abdominal viscera, face and brain).		
4		4. Demonstration of skeleton-articulated and disarticulated.		
5		5. Demo of all bones showing its parts, radiographs of normal bones & joints. Demonstration of all muscles of the body.		
6		6. Demonstration of heart and vessels in the body.		
7		7. Demonstration of parts of respiratory system, Normal radiographs of chest.		
8		8. Demonstration of all plexuses and nerves in the body.		
9		9. Demonstration of all parts of brain.		

Reference Books:

1. B.D. Chaurasia's, Human Anatomy - Volume 1, 2, 3 CBS Publishers & Distributors.
2. Inderbir Singh, Textbook of Anatomy with Colour Atlas - Vol. 1, 2, 3 Jaypee Brothers.
3. Snell - Clinical Anatomy by regions - Lippincott.
4. McMinn's Last's Anatomy - Regional and applied, Churchill Livingstone.
5. Cunningham Manual of Practical Anatomy Vol. I, II, III, Churchill Livingstone.
6. Williams & Warwick, Gray's Anatomy - Churchill Livingstone.
7. Extremities by Quining Wasb
8. Basic Anatomy & Physiology by Smout and McDowell

e-Learning Source:

1. <https://youtu.be/X5RUFXXZBH4>
2. https://youtu.be/06o_XNKwuOE
3. <https://youtu.be/4Sab-2E4ZDI>

Course Articulation Matrix: (Mapping of Cos with Pos and PSOs)

PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	1	3	1	2	-	-	-	1	2	1	-	2	-	1	2	-	3
CO2	2	3	2	2	-	-	-	1	3	1	-	3	-	2	1	-	2
CO3	1	3	1	2	-	-	-	1	2	-	-	2	-	1	2	-	3
CO4	2	3	1	2	-	-	-	1	3	-	-	3	-	2	3	-	3
CO5	1	3	1	2	-	-	-	1	2	1	-	2	-	1	2	-	3

1-Low Correlation; 2-Moderate Correlation; 3-Substantial Correlation

Attributes & SDGs

Course Code	Course Title	Attributes							SDGs No.
ND105	HUMANANATOMY-ILAB	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics	3,4
		√	√	√			√	√	



Integral University, Lucknow

Effective from Session: 2023-24							
Course Code	ND106	Title of the Course	HUMAN PHYSIOLOGY-ILAB	L	T	P	C
Year	I	Semester	I	0	0	2	1
Pre-Requisite	Nil	Co-requisite	Nil				
Course Objectives	The student will be able to demonstrate the practical knowledge in human anatomy as needed for the study and practice of physiotherapy.						

Course Outcomes	
CO1	To understand about general physiology & its application.
CO2	To understand the nerve, muscle physiology & its application.
CO3	To understand about basics of hematology & its application.
CO4	To understand about respiratory system & its application.
CO5	To understand about cardiovascular system.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	GENERAL AND CELL PHYSIOLOGY BLOOD RESPIRATION CARDIOVASCULAR SYSTEM DIGESTIVE SYSTEM	1. Measurement of Pulse rate, Heart rate, blood pressure.	30	CO1-5
2		2. Auscultation for Heart Sounds and Normal respiratory sounds.		
3		3. Introduction of Microscope, Identification of blood cells by study of peripheral Blood smears.		
4		4. D.L.C Differential Leucocytes count.		
5		5. T.L.C Total Leukocytes Count.		
6		6. R.B.C. Count.		
7		7. Estimation of Hemoglobin.		
8		8. Estimation of bleeding time & clotting time.		
9		9. Blood Group, ABO and Rh factor.		
10		10. Hemoglobinometry, various methods of estimation of Hb, errors involved and standardization of instrument for adaptation for Hb estimation.		

Reference Books:																	
1. Textbook of Physiology: Guyton.																	
2. Textbook of Physiology: Ganon																	
3. Human Physiology: A.K. Jain.																	
4. Essential of Medical Physiology: K. Sembulingam, Jaypee Publishers.																	
e-Learning Source:																	
1. https://youtu.be/X5RUFXXZBH4																	
2. https://youtu.be/06o_XNKwuOE																	
3. https://youtu.be/4Sab-2E4ZDI																	
4. https://youtu.be/uYm4l_alVV0																	

PO-PSO CO	Course Articulation Matrix: (Mapping of Cos with Pos and PSOs)																
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	1	3	1	2	-	-	-	1	2	-	-	2	-	1	-	1	-
CO2	1	3	1	3	-	-	-	1	3	-	-	3	-	2	-	2	-
CO3	1	3	1	2	-	-	-	1	2	-	-	2	-	1	-	1	-
CO4	1	3	1	2	-	-	-	1	3	-	-	3	-	1	-	1	-
CO5	1	3	1	2	-	-	-	1	2	-	-	2	-	1	-	1	-

1-Low Correlation; 2-Moderate Correlation; 3-Substantial Correlation

Attributes&SDGs									
CourseCode	CourseTitle	Attributes							SDGs No.
ND106	HUMANPHYSIOLOGY-ILAB	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment& Sustainability	Human Value	Professional Ethics	3,4
		√	√	√			√	√	



Integral University, Lucknow

Effective from Session: 2023-24							
Course Code	ND107	Title of the Course	BASIC OF BIOCHEMISTRY-ILAB	L	T	P	C
Year	I	Semester	I	0	0	2	1
Pre-Requisite	Nil	Co-requisite	Nil				
Course Objectives							

Course Outcomes	
CO1	Introduction, Molecular & Functional organization of cells, Amino acid, Lipids, Proteins
CO2	To study about classification, definition and metabolism of carbohydrates
CO3	To learn about RNS & DNA, Advances in genetic engineering.
CO4	To learn about Definition, classification & function of fat- & water-soluble vitamins, classification of enzyme, definition and classification of hormones.
CO5	To learn about Introduction, role and requirement of nutrition.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	CELL & CHEMISTRY OF BIOMOLECULES CARBOHYDRATES NUCLEIC ACIDS VITAMINS (FAT & WATER SOLUBLE) & ENZYMES & HORMONES NUTRITION & SPECIAL TOPICS	1. Basic Introduction, Safety in clinical biochemistry, Laboratory Sample collection, specimen, labeling and routine tests.	30	CO1-5
2		2. Cleaning of laboratory Glassware, Composition of Glassware and General Glassware.		
3		1. Qualitative estimation of carbohydrates: • Benedict's test • Molish's 3. Phenol Sulfuric acid		
4		2. Quantitative estimation of proteins: • Lowry Method 4. Bradford test		
5		3. Quantitative Estimation of: • Glucose concentration • Urea concentration 5. Cholesterol Concentration		
6		4. Chromatography 6. TLC (Thin layer chromatography) & Paper chromatography		

Reference Books:

1. Fundamentals of Biochemistry-by Dr. Deb Jyoti Das,
2. Essentials of Bio-chemistry by U. Satyanarayan, 1st Edition, Books and Allied Publications.
3. Textbook of Biochemistry- Chatterjee and Shinde
4. Textbook of Medical Bio-Chemistry- Dr. M.N. Chatterjee, 5th Edition, Jaypee Publication.
5. Fundamentals of Bio-Chemistry- Dr. A.C. Deb, 5th Edition, Central Publication.

e-Learning Source:

1. <https://youtu.be/t5DvF5OVr1Y>
2. <https://youtu.be/gggC9vctvBQ>
3. <https://youtu.be/ufvZ8bYtyO8>
4. <https://youtu.be/Q6R4o-oECxs>

Course Articulation Matrix: (Mapping of COs with POs and PSOs)																	
PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	1	3	2	2	-	-	-	1	2	1	-	2	-	2	2	1	-
CO2	1	3	1	3	-	-	-	2	3	-	-	3	-	1	1	1	-
CO3	1	3	1	2	-	-	-	1	2	2	-	2	-	1	1	1	-
CO4	1	3	1	2	-	-	-	1	3	-	-	3	-	1	2	1	-
CO5	1	3	1	2	-	-	-	1	2	1	-	2	-	1	1	1	-

1-Low Correlation; 2-Moderate Correlation; 3-Substantial Correlation

Course Code		Course Title		Attributes & SDGs							SDGs No.	
ND107		BASIC OF BIOCHEMISTRY-ILAB		Employability	Entrepreneurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics	3,4	
				√	√	√			√	√		



INTEGRAL UNIVERSITY, LUCKNOW

INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

DEPARTMENT OF PARAMEDICAL SCIENCES

BACHELOR OF SCIENCE IN NUTRITION AND DIETETICS

(B.Sc. ND)

SYLLABUS

YEAR/SEMESTER: I/II



Integral University, Lucknow
Department of Paramedical Sciences
Study and Evaluation Scheme

Program: B.Sc. CVT

Semester-II

S. N.	Course code	Course Title	Type of paper	Period Per hr. /week/sem.			Evaluation Scheme				Sub.Total	Credit	Total Credits
				L	T	P	CT	TA	Total	ESE			
THEORIES													
1	ND108	Human Anatomy-II	Core	2	1	0	40	20	60	40	100	2:1:0	3
2	ND109	Human Physiology-II	Core	2	1	0	40	20	60	40	100	2:1:0	3
3	ND110	Medical Biochemistry-I	Core	3	1	0	40	20	60	40	100	3:1:0	4
4	ND111	Fundamentals Of Food and Nutrition-I	Core	3	1	0	40	20	60	40	100	3:1:0	4
5	ND112	Medical Law&Ethics	Core	3	1	0	40	20	60	40	100	3:1:0	4
6	LN131	Effective Communication and Media Studies in English	Core	2	1	0	40	20	60	40	100	2:1:0	3
PRACTICAL													
1	ND113	Human Anatomy-II-Lab	Core	0	0	2	40	20	60	40	100	0:0:1	1
2	ND114	Human Physiology-II-Lab	Core	0	0	2	40	20	60	40	100	0:0:1	1
3	ND115	Medical Biochemistry-I-Lab	Core	0	0	2	40	20	60	40	100	0:0:1	1
4	ND116	Fundamentals Of Food and Nutrition-I Lab	Core	0	0	2	40	20	60	40	100	0:0:1	1
Total				15	06	08	400	200	600	400	1000	25	25

S. N.	Course code	Course Title	Type of paper	Attributes							United Nations Sustainable Development Goals (SDGs)
				Employability	Entrepreneurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics	
THEORIES											
1	ND108	Human Anatomy-II	Core	√	√	√			√	√	3,4
2	ND109	Human Physiology-II	Core	√	√	√			√	√	3,4
3	ND110	Medical Biochemistry-I	Core	√	√	√			√	√	3,4
4	ND111	Fundamentals Of Food and Nutrition-I	Core	√	√	√			√	√	3,4
5	ND112	Medical Law & Ethics	Core	√	√	√			√	√	3,4,6
6	LN131	Effective Communication and Media Studies in English	Core			√				√	3,4
PRACTICAL											
1	ND113	Human Anatomy-II-Lab	Core	√	√	√			√	√	3,4
2	ND114	Human Physiology-II-Lab	Core	√	√	√			√	√	3,4
3	ND115	Medical Biochemistry-I-Lab	Core	√	√	√			√	√	3,4
4	ND116	Fundamentals Of Food and Nutrition-I Lab	Core	√	√	√			√	√	3,4

L:Lecture **T:**Tutorials **P:**Practical **CT:**Class Test **TA:**Teacher Assessment **ESE:**End Semester Examination,
AE=Ability enhancement, **DSE=**Discipline Specific Elective, **Sessional Total:**Class Test+Teacher Assessment **Subject Total:**Sessional Total+End Semester Examination(ESE)



Integral University, Lucknow

Effective from Session: 2023-24							
Course Code	ND108	Title of the Course	HUMANANATOMY-II	L	T	P	C
Year	I	Semester	II	2	1	0	3
Pre-Requisite	Nil	Co-requisite	Nil				
Course Objectives	This syllabus is extension of the part-I. The syllabus justifiably divides the body systems into two semesters to ensure complete and comprehensive knowledge of all functionalities of the body.						

Course Outcomes	
CO1	To study about Respiratory System with detail of Function and its importance in paramedical Sciences.
CO2	To know about Digestive System with detail of Function and its importance in paramedical Sciences.
CO3	To know about the process of Urinary System with detail of Function and its importance in paramedical Sciences.
CO4	To learn about Endocrine gland with detail of Function and its importance in paramedical Sciences.
CO5	To study about Lymphatic System with detail of Function and its importance in paramedical Sciences.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	RESPIRATORY SYSTEM	1. Orientation of Thoracic cage-boundaries, inlet, outlet & wall. 2. Intercostal muscles-origin, insertion, nerves supply. 3. Diaphragm-origin, insertion, nerves supply. 4. Nose, pharynx, Larynx—extent, walls. Enumerate associated cartilages & muscles. 5. Trachea—extent & brief structure, concept of tracheobronchial tree. 6. Lungs—Surfaces, borders, lobes, fissures. 7. Joints of Thorax—enumerate and its type.	6	CO1
2	DIGESTIVE SYSTEM	1. Oral cavities (boundaries), tongue-parts, enumerate muscles & papillae, salivary glands—briefly enumerate & discuss in brief its opening). 2. Pharynx (extent, parts & boundaries) and Esophagus (parts, extent, constrictions, sphincters). 3. Stomach—location, parts, surfaces, curvatures, nerves supply. 4. Small Intestine parts, difference between duodenum, jejunum & ileum, nerves supply. 5. Large Intestine—parts & their features in brief. 6. Liver—location, surfaces, border, lobes, Gall bladder—location, parts & function, Pancreas—location, parts, surfaces, borders & its ducts. 7. Blood vessel and layers of GIT.	6	CO2
3	URINARY SYSTEM	1. Introduction and Parts of Urinary system. 2. Kidney—Structure (surfaces, poles, borders, hilum) & function. 3. Structure of nephron. 4. Ureter (length, parts, constrictions), Urinary bladder (location, capacity, surfaces, borders, parts, openings) and Urethra (parts).	6	CO3
4	ENDOCRINE GLAND	1. Introduction and function of Endocrine Gland. 2. Pituitary gland—location, parts, enumerate types of cells & hormones secreted. 3. Thyroid gland—location, parts, features & blood supply. 4. Parathyroid gland—location, enumerate types of cells & hormones secreted. 5. Adrenal gland locations, shape, enumerate its components & hormones.	6	CO4
5	LYMPHATIC SYSTEM	1. Introduction to Lymphatic System. 2. Lymph nodes—structure and functions. 3. Spleen—location, surfaces, borders, poles, hilum. 4. Thymus—location, structure & functions. 5. Tonsil—types according to location, palatine tonsil in brief.	6	CO5

Reference Books:

1. B.D. Chaurasia's, Human Anatomy-Volume 1, 2, 3 CBS Publishers & Distributors.
2. Inderbir Singh, Textbook of Anatomy with Colour Atlas-Vol. 1, 2, 3 Jaypee Brothers.
3. Snell—Clinical Anatomy by regions—Lippincott.
4. B.D. Chaurasia's, Human Anatomy-Volume 1, 2, 3 CBS Publishers & Distributors.
5. Inderbir Singh, Textbook of Anatomy with Colour Atlas-Vol. 1, 2, 3 Jaypee Brothers.
6. Snell—Clinical Anatomy by regions—Lippincott.

e-Learning Source:

1. <https://youtu.be/X5RUFXXZBH4>
2. https://youtu.be/06o_XNKwuOE
3. <https://youtu.be/4Sab-2E4ZDI>

PO-PSO CO	Course Articulation Matrix: (Mapping of Cos with Pos and PSOs)																
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	1	3	1	2	-	-	-	1	1	1	-	3	2	2	1	1	1
CO2	1	3	2	2	-	-	-	1	1	1	-	3	2	2	1	1	1
CO3	1	3	1	2	-	-	-	1	1	1	-	3	2	1	1	1	1
CO4	2	3	1	2	-	-	-	1	1	1	-	3	2	2	1	1	1
CO5	1	3	1	2	-	-	-	1	1	1	-	3	2	1	1	1	1

1-Low Correlation; 2-Moderate Correlation; 3-Substantial Correlation

Attributes&SDGs									
CourseCode	CourseTitle	Attributes							SDGs No.
ND108	HUMANANATOMY-II	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment& Sustainability	Human Value	Professional Ethics	
		√	√	√			√	√	3,4



Integral University, Lucknow

Effective from Session: 2023-24							
Course Code	ND109	Title of the Course	HUMAN PHYSIOLOGY-II	L	T	P	C
Year	I	Semester	II	2	1	0	3
Pre-Requisite	Nil	Co-requisite	Nil				
Course Objectives	This subject imparts the knowledge of the structure and function of included organs and organ systems in normal human body.						

Course Outcomes	
CO1	To understand about gastrointestinal tract & its application in practice of Paramedical Sciences.
CO2	To understand about Nervous system and special senses & its application in practice of Paramedical Sciences.
CO3	To understand about Endocrine system & its application in practice of Paramedical Sciences.
CO4	To understand about Reproductive system & its application in practice of Paramedical Sciences.
CO5	To understand about excretory function & its application in practice of Paramedical Sciences.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	DIGESTIVE SYSTEM	1. Digestive system introduction, structure of GI wall and functions. 2. Basic physiology of organs of digestive system (Salivary glands, Gastric glands, Pancreas, Liver, Gall bladder). 3. Physiological functions of Liver. 4. Digestion and Absorption of carbohydrate, fat and proteins.	6	CO1
2	CENTRAL NERVOUS SYSTEM	1. Nervous System: general organization of CNS, function of important structure and spinal cord, neuron, nerve impulse, type of nerves according to function, Autonomic nervous system - organization & function. 2. Special senses - general organization & functions.	6	CO2
3	ENDOCRINE GLAND	1. Introduction of Endocrine system. 2. Physiological Functions of Glucagon, Prolactin, Growth Hormones, insulin, oxytocin, ADH, Adrenal PTH, Thyroxine, calcitonin, Vitamin D.	6	CO3
4	REPRODUCTIVE SYSTEM	1. Introduction of Reproductive Systems in human. 2. Spermatogenesis and Oogenesis. 3. Physiological functions of Male and female Reproductive Hormones. 4. Menstrual Cycle. 5. Placental Hormone (Physiological Function).	6	CO4
5	EXCRETORY SYSTEM	Functions anatomy of Kidneys, Urine formation, (Glomerular filtration and tubular Reabsorption), Electrolytes: their balances and imbalances Introduction of acidosis and alkalosis.	6	CO5

Reference Books:

1. Guyton and Hall, (2011) Textbook of Medical Physiology, 12th Edition, Saunders/Elsevier.
2. Sujit Chaudhury, (2011), Concise Medical Physiology, 6th edition, NCBA.
3. Sembulingam, (2012), Essentials of Medical Physiology, 6th edition, Jaypee Publications
4. Gerard Tortora and Bryan H. Derrickson, (Principles of Anatomy and Physiology, 14th edition, Wiley publications).

e-Learning Source:

1. <https://youtu.be/JuhDx9hQAx8>
2. https://youtu.be/Ta_vWU5rjho
3. <https://youtu.be/h1qSFZ9aw94>

PO-PSO CO	Course Articulation Matrix: (Mapping of Cos with Pos and PSOs)																
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	1	3	1	2	-	-	-	1	2	-	-	2	2	1	-	1	1
CO2	1	3	1	3	-	-	-	1	3	-	-	3	3	2	-	1	1
CO3	1	3	1	2	-	-	-	1	2	-	-	2	3	1	-	1	1
CO4	1	3	1	2	-	-	-	1	3	-	-	3	2	1	-	1	1
CO5	1	3	1	2	-	-	-	1	2	-	-	2	2	1	-	1	1

1-Low Correlation; 2-Moderate Correlation; 3-Substantial Correlation

Attributes & SDGs

Course Code	Course Title	Attributes							SDGs No.
ND109	HUMAN PHYSIOLOGY-II	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics	3,4
		√	√	√			√	√	



Integral University, Lucknow

Effective from Session: 2023-24							
Course Code	ND110	Title of the Course	MEDICAL BIOCHEMISTRY-I	L	T	P	C
Year	I	Semester	II	3	1	0	4
Pre-Requisite	Nil	Co-requisite	Nil				
Course Objectives	The following syllabus has been developed to impart knowledge of Equipment, Apparatus, Glassware, Reagents used in Clinical Biochemistry Laboratory along with laboratory hazards and safety measures.						

Course Outcomes	
CO1	To learn about management and responsibilities in biochemistry lab.
CO2	To know about various glassware & equipment used in biochemistry lab.
CO3	To know about preparation & properties of solutions.
CO4	To learn about sample collection, handling & preservation.
CO5	To learn about urine examination.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	INTRODUCTION OF CLINICAL BIOCHEMISTRY	1. Introduction to Clinical Biochemistry, Role and Responsibility of Medical Lab Technologists. 2. Laboratory ethics, Medical Legal concerns. 3. Laboratory Hazards, Safety measures and Prevention, First aid in Laboratory Accidents. 4. Units of measurement: SI units, Reference range, Conversion factors, units for measurement of Biometabolite, enzymes, protein, drugs, hormones, vitamins.	8	CO1
2	INSTRUMENT & APPARATUS USED IN BIOCHEMISTRY.	1. Glassware 'and plasticware' used in laboratory. 2. Calibration of Pipettes and Volumetric apparatus. 3. Cleaning, Care, Maintenance and Storage of Laboratory Glassware. 4. Chemicals, Purity of Chemicals and Hygroscopic substances. 5. Principle, Working, Care, Maintenance and Calibration of Weighing Balance, Hot Plate, Magnetic Stirrer, Centrifuge, Incubator, Hot Air Oven, Colorimeter, Spectrophotometer, pH meter, Distillation Plant and Deionizers.	8	CO2
3	PREPARATION OF SOLUTION AND REAGENT.	1. Preparation of Solutions and Reagents: Normal solutions, Molar solutions, Percent solutions, Buffer solutions, Dilutions, w/v, v/v, Standard solutions, Aqueous solutions. 2. Interconversion of concentration – Normal, Molar, Molal and Percent solution. 3. Concept of Acid and Base, Henderson Hasselbalch equation.	8	CO3
4	SPECIMEN COLLECTION AND PROCESSING.	1. Specimen collection and Processing of Blood, Urine and CSF, Separation of Serum and Plasma for Biochemical Analysis. 2. Deproteinization of sample, Handling of specimens for Testing, Transport of specimen. 3. Preservation of specimen, Factors affecting the Clinical results, Effect of Storage on sample.	8	CO4
5	URINE ANALYSIS	1. Physical, Chemical and Microscopic examination of urine. 2. Bence Jones Proteinuria and its clinical significance. 3. Qualitative test of Urine for Reducing sugars, Proteins, Ketone bodies, Bile salts, Bile pigments, Urobilinogen, Occult blood, Uric acid, Urea and Creatinine. 4. Quantitative estimation of 24 hrs urine for protein and their clinical significance.	8	CO5

Reference Books:

1. Bishop, Fody and Schoeff, Clinical Chemistry, techniques, principles and correlations.
2. Dr Ramnik Sood, Medical Laboratory Technology: Methods and Interpretations.
3. Singh & Sahni, Introductory Practical Biochemistry.
4. Praful B. Godkar, Darshan P. Godkar, Textbook of Medical Laboratory Technology.

e-Learning Source:

1. <https://youtu.be/t5DvF5OVr1Y>
2. <https://youtu.be/gggC9vctvBQ>
3. <https://youtu.be/ufvZ8bYtyO8>
4. <https://youtu.be/Q6R4o-oECxs>

Course Articulation Matrix: (Mapping of COs with POs and PSOs)																	
PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	2	3	-	2	1	-	-	-	1	1	-	1	2	1	3	2	1
CO2	1	3	-	2	-	-	-	-	1	-	-	1	2	1	3	2	1
CO3	2	3	-	2	-	-	-	-	1	1	-	1	2	1	3	2	1
CO4	1	3	-	1	-	-	-	-	1	-	-	1	2	1	3	2	1
CO5	2	3	-	1	-	-	-	-	1	-	-	1	2	1	3	2	1

1-Low Correlation; 2-Moderate Correlation; 3-Substantial Correlation

Attributes & SDGs

Course Code	Course Title	Attributes							SDGs No.
ND110	MEDICAL BIOCHEMISTRY-I	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics	3,4
		√	√	√			√	√	



Integral University, Lucknow

Effective from Session: 2023-24

Course Code	ND111	Title of the Course	FUNDAMENTALS OF FOOD AND NUTRITION-I	L	T	P	C
Year	I	Semester	I	3	1	0	4
Pre-Requisite	Nil	Co-requisite	Nil				
Course Objectives	The course "Fundamentals of Food and Nutrition" aims at developing basic understanding about nutrition, its effect on human health and newer advances in food technology. This course encompasses physiological, biochemical and social aspects of food and discusses relationship between metabolites and human health. Moreover, the course is focused on the advances in the most emerging area of applied science of Nutraceuticals (where food is the medicine). The knowledge of nutrition under extreme climate conditions, space nutrition, and sports nutrition empowers students' knowledge and skills to utilize food as a powerful tool for physical, mental, and social wellbeing						

Course Outcomes	
CO1	Understand the basic concept of nutrients
CO2	Understand the food guide pyramid and food groups
CO3	Knowledge of basic nutrients and their functions.
CO4	Understand the role of micronutrients in human body
CO5	To understand the role of protein in human body

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	INTRODUCTION TO NUTRITION	3. Introduction to nutrition -Food as source of nutrients, functions of food, definition of nutrition, nutrients & energy, adequate, optimum & good nutrition, malnutrition. 4. Basic definition, function, classification and dietary sources of foods, nutrition and dietetics. Concept of malnutrition, health, immunity by food and functions of food	8	CO1
2	FOOD GUIDE	Food guide - Basic five food groups. How to use food guide (according to R.D.A.) Interrelationship between nutrition & health: - Visible symptoms of goods health, Use of food in body-Digestion, absorption, transport and utilization. Role of enzymes and hormones in digestion.	8	CO2
3	CARBOHYDRATES	Carbohydrates: classification, food sources, storage in body. Carbohydrate: digestion and absorption. Carbohydrate: Health Effects Regulation of the blood glucose level.	8	CO3
4	LIPIDS	2. Lipids: Classification, health benefits of lipids 3. Lipids: Digestion, Absorption and transport 4. Lipids: Role in body Lipids in food	8	CO4
5	PROTEINS	b. Proteins: Classification and its role in body Proteins in Food c. Proteins: Digestion, Absorption and transport d. Protein Quality Evaluation Health effects of Proteins	8	CO5

Reference Books:

1. Text of Human Nutrition-Anjana Agarwal
2. Nutrition Science- B. Srilakshmi

e-Learning Source:

1. <https://www.britannica.com/topic/family-kinship>
2. <https://en.wikipedia.org/wiki/Community>

PO-PSO	Course Articulation Matrix:(Mapping of Cos with Pos and PSOs)																
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	1	3	2	2	-	-	-	1	2	-	-	2	3	1	2	3	-
CO2	1	3	1	3	-	-	-	2	3	-	-	3	3	-	1	2	-
CO3	1	3	1	2	-	-	-	1	2	-	-	2	2	2	1	2	2
CO4	1	3	1	2	-	-	-	1	3	1	-	3	2	3	1	3	2
CO5	1	3	1	2	-	-	-	1	2	2	-	2	3	1	2	2	2

1-LowCorrelation;2-ModerateCorrelation;3-SubstantialCorrelationAttributes&

Course Code	Course Title	Attributes							SDGs No.
ND104	FUNDAMENTALS OF FOOD AND NUTRITION-I	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment& Sustainability	Human Value	Professional Ethics	3,4
		√	√	√			√	√	



Integral University, Lucknow

Effective from Session: 2023-24

Course Code	ND112	Title of the Course	MEDICAL LAW & ETHICS	L	3	T	1	P	0	C	4
Year	I	Semester	I								
Pre-Requisite	Nil	Co-requisite	Nil								
Course Objectives	Legal and ethical considerations are firmly believed to be an integral part of medical practice in planning patient care. Advances in medical sciences, growing sophistication of the modern society's legal framework, increasing awareness of human rights and changing moral principles of the community at large, now result in frequent occurrences of healthcare professionals being caught in dilemmas over aspects arising from daily practice.										

Course Outcomes	
CO1	To learn about basic principles of medical ethics.
CO2	To learn about right of patients Care.
CO3	To learn about medicolegal aspects.
CO4	To learn about development of standardized protocol.
CO5	To learn about emergency care and life support skill.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	MEDICAL ETHICS	1. Medical ethics, Definition, Goal, Scope. 2. Introduction to Code of conduct. 3. Basic principles of medical ethics, Confidentiality. 4. Malpractice and negligence, Rational and irrational drug therapy.	8	CO1
2	RIGHT OF PATIENTS CARE	1. Autonomy and informed consent. 2. Right of patients Care of the terminally. 3. Euthanasia Organ transplantation, ethics and law.	8	CO2
3	MEDICOLEGAL ASPECTS AND MEDICAL RECORDS	1. Medicolegal aspects of medical records, Medicolegal case and type. 2. Records and document related to ML Cownership of medical records. 3. Confidentiality Privilege communication, Release of medical information. 4. Unauthorized disclosure, retention of medical records, other various aspects.	8	CO3
4	STANDARD PROTOCOL	1. Professional Indemnity insurance policy. 2. Development of standardized protocol to avoid near Miss or sentinel events obtaining an informed consent.	8	CO4
5	EMERGENCY AND LIFE CARE SUPPORT.	1. Basics of emergency care and life support skill. 2. Vital signs and primary assessment, Basic emergency care, first aid and triage. 3. Ventilations including use of bag-valve-masks (BVMs), Choking, rescue breathing methods. 4. One and Two rescuer CPR, using an AED (Automated external defibrillator), Managing an emergency including moving a patient.	8	CO5

Reference Books:

1. Kennedy I, Grubb A. Medical law. London: Butterworths; 2000.
2. Jackson E. Medical law: text, cases, and materials. Oxford University Press.
3. Recent Trends in Medical Imaging (CT, MRI and USG).
4. Bontrager KL, Lampugnano J. Bontrager's Handbook of Radiographic Positioning and Techniques - E-BOOK. Elsevier Health Sciences; 2017 Feb 10

e-Learning Source:

1. <https://www.themedicportal.com/application-guide/medical-school-interview/medical-ethics/>
2. <https://www.slideshare.net/RameezShah5/medico-legal-aspect-of-medical-records>
3. <https://www.slideshare.net/imangalal/basic-life-support-33344827>

Course Articulation Matrix: (Mapping of COs with POs and PSOs)																	
PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	-	-	-	-	-	2	-	2	-	-	-	2	-	-	-	-	-
CO2	-	-	-	-	-	2	-	-	-	-	-	2	-	-	-	-	-
CO3	-	-	-	-	-	2	-	1	-	1	-	2	-	-	-	-	-
CO4	-	-	-	-	-	2	2	-	-	-	-	2	-	-	-	-	-
CO5	-	-	-	-	-	2	1	1	-	-	1	2	-	-	-	1	1

1-Low Correlation; 2-Moderate Correlation; 3-Substantial Correlation

Attributes & SDGs

Course Code	Course Title	Attributes							SDGs No.
ND112	MEDICAL LAW & ETHICS	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics	3,4,6



Integral University, Lucknow

Effective from Session: 2023-2024							
CourseCode	LN131	TitleoftheCourse	EFFECTIVECOMMUNICATIONANDMEDIASTUDIESINE NGLISH	L	T	P	C
Year	I	Semester	II	2	1	0	3
Pre-Requisite	10+2	Co-requisite	UG				
CourseOb jectives	Thestudentswillbeableto: • Developingtheartofcommunicationandlearningbasicskillsofconversation. • KnowledgeofProfessionalandMediaSkillDevelopment,Careerenhancementtipsandgoal-orientedlearning. • BasicconceptofPhonetics,VoiceandAccent. • Studentswilllearnacademiclearninganddescriptivewriting.						
	CourseOutcomes						
CO1	StudentswillbeabletodevelopFormalandInformalSpokenskills,learncareerdevelopmentskillsandlearntohaveclearideaofgoalsetting.						
CO2	Studentswilllearnabouttheimportanceandusageofmassmediaandwaystodeveloptheirmediaskills.						
CO3	AcademicWritingwillhelpstudentstoformatandstructurethecontenttheycreatewhichwillhelpthemtobeprofessionalwritersandbloggers.						
CO4	Theunitwillhelpstudentstolearnanddevelopbetterconversationskillsinformalandinformalsetup.Theywilllearntheproperusageandpronun ciationinvariousaccentenablin gthemtoconverseincompetitiveenvironment.						
CO5	Theunitenablesstudentstoputallthetheoreticalknowledge topractice,assuringcompletelearningandimplementation.						

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	COMMUNICATION IN PRACTICE	Dos and Don'ts of Formal and Informal Communication Tips on Career Management- Setting Clear Goals, Skill Development, Network Building and Professional Relationship Etiquette, Knowing Aptitude and Values. Classroom Practice- JAM (Just A Minute) Extempore, Rebuttal, Forum, Role Play.	7hrs	CO1
2	MASS COMMUNICATION AND JOURNALISM	Introduction to Mass Communication. Types of Mass Communication/Mass Media Impact of Globalization on Mass Media Socio Political Impact of Digital Media. Advertisement- Ethical and Unethical Advertisement, Jingles, Tag Lines, Punch Lines, Media Writing.	7hrs	CO2
3	FUNDAMENTALS OF ACADEMIC WRITING	The four main types of academic writing- Descriptive, Analytical, Persuasive and Critical. Writing Book Review, Introduction to Descriptive Writing Techniques and Features of Descriptive Writing- Character, Place and Travel Description, Event, Movie and Food description.	7hrs	CO3
4	CONVERSATION SKILLS	Phonetics- Learning Speech Mechanism (Voice and Accent) • Introduction- Self and Other- Guest Speaker/Colleague • Polite Conversational Etiquette • Varieties of English Language; their difference in terms of Pronunciation, Vocabulary and Spelling: - British - American	7hrs	CO4
5	ACADEMIC PROJECT	- Creating News Bytes - Writing News Report - Creating Jingles and Tag Lines for Famous Brands. - Writing Editorial on a Topical Subject - Writing Film Reviews - Travelogue	4hrs	CO5

Reference Books:

- Kumar, Sanjay and Pushp Lata. Communication Skills. Oxford University Press, Oxford 2011.
- Raman, Meenakshi, and Sangeeta Sharma. *Technical Communication: Principles and Practice*. Second Edition, Oxford University Press, 2012.
- Raina, Roshan Lal, Iftikhar Alam, and Faizia Siddiqui. *Professional Communication*. Himalaya Publication House 2012.
- Agarwal, Malti. Professional Communication. Krishna's Educational Publishers. 2016.
- Carnegie, Dale. *How to Win Friends and Influence People in the Digital Age*. Simon and Schuster. 2012.
- Covey, Stephen R. *The Seven Habits of Highly Successful People*. Free Press. 1989.
- Verma, K.C. The Art of Communication. Kalpaz. 2013.
- Alred, G.J., Brusaw, C.T., & Oliu, W.E. (2011). Handbook of Technical Writing, Tenth Edition (10th ed.) St. Martin's Press
- Sherman, Barbara. (2014). Skimming and Scanning Techniques. Liberty University Press.
- Barker, Alan. (2011). Improve Your Communication Skills. Kogan Page Pub. [later edited version]
- To be added if any]
- Seely, John. (1998). The Oxford Guide to Effective Writing and Speaking. Oxford UP.

e-Learning Source:

- <http://www.uptunotes.com/notes-professional-communication-unit-i-nas-104...>
- <https://www.docsity.com/en/subjects/professional-communication/>
- <https://lecturenotes.in/download/note/22690-note-for-communication-skills-for-profession...>
- https://www.files.ethz.ch/isn/125396/1154_trystnehu.pdf
- <https://kr.usembassy.gov/martin-luther-king-jr-dream-speech-1963/#:~:text=I%20have%20a%20dream%20that,skin%20but%20by%20their%20>

	CourseArticulationMatrix:(MappingofCoswithPosandPSOs)																	
PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO4	PSO5	PSO6	PSO7
CO1	3	1	1	2	2	1	2	3	3	1	2	2	3	2	2	3	2	3
CO2	3	3	2	2	2	2	2	1	2	2	2	3	2	2	3	3	3	3
CO3	3	2	2	3	2	3	3	2	2	3	2	3	2	3	3	3	3	3
CO4	2	3	1	2	3	1	2	2	3	3	3	3	3	3	2	2	2	2
CO5	3	2	2	1	2	3	3	3	2	3	2	2	3	2	2	3	3	2

1-LowCorrelation;2-ModerateCorrelation;3-SubstantialCorrelation
Attributes&SDGs

CourseCode	CourseTitle	Attributes							SDGs	
LN131	EffectiveCommunicationandMediaStudiesinEnglish	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment& Sustainability	Human Value	Professional Ethics	No.	
		√	√	√				√	3,4,6	



Integral University, Lucknow

Effective from Session: 2023-24							
Course Code	ND113	Title of the Course	HUMANANATOMY-IILAB	L	T	P	C
Year	I	Semester	II	0	0	2	1
Pre-Requisite	Nil	Co-requisite	Nil				
Course Objectives	The curriculum aims to prepare students in basic understanding of Human anatomy of practical aspects.						

Course Outcomes	
CO1	Students are able to learn about human thorax.
CO2	Students are able to learn about human Abdomen.
CO3	Students are able to learn about human Urinary system.
CO4	Students are able to learn about human Head.
CO5	Students are able to learn about human Practical aspect of Visceral Anatomy

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	RESPIRATORY SYSTEM DIGESTIVE SYSTEM URINARY SYSTEM ENDOCRINE GLAND LYMPHATIC SYSTEM	1. Sternum 2. Ribs 3. Vertebrae 4. Demonstration of Lungs 5. Demonstration of Chest X-ray	30	CO1-CO5
2		1. Lumbar vertebrae 2. Stomach 3. Liver, Gall bladder and Pancreas 4. Intestine		
3		1. Sacrum 2. Articulated Pelvis 3. Kidney & Urinary bladder		
4		1. Pituitary gland - location, parts. 2. Thyroid gland - location, parts, features & blood supply. 3. Parathyroid gland - location 4. Adrenal gland locations, shape.		
5		1. Lymph nodes - structure 2. Spleen - location, surfaces, borders, poles, hilum. 3. Thymus - location, structure. 4. Tonsil - types according to location.		

Reference Books:

- Ross & Wilson, (2014), Anatomy & Physiology in health & illness, 11th edition, Elsevier Publications
- Chaurasia BD, (2016), Human Anatomy, 7th edition, CBS publishers
- Gerard J. Tortora and Bryan H. Derrickson, (Principles of Anatomy and Physiology, 14th edition, Wiley publications.

e-Learning Source:

- <https://youtu.be/X5RUFXXZBH4>
- https://youtu.be/06o_XNKwuOE
- <https://youtu.be/4Sab-2E4ZDI>

	CourseArticulationMatrix:(MappingofCoswithPosandPSOs)																
PO-PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO																	
CO1	1	3	1	2	-	-	-	1	2	-	-	2	2	1	-	1	1
CO2	1	3	1	3	-	-	-	1	3	-	-	3	3	2	-	1	1
CO3	1	3	1	2	-	-	-	1	2	-	-	2	3	1	-	1	1
CO4	1	3	1	2	-	-	-	1	3	-	-	3	2	1	-	1	1
CO5	1	3	1	2	-	-	-	1	2	-	-	2	2	1	-	1	1

1-Low Correlation; 2-Moderate Correlation; 3-Substantial Correlation

Attributes & SDGs

Course Code	Course Title	Attributes							SDGs No.
ND113	HUMANANATOMY-IILAB	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics	3,4
		√	√	√			√	√	



Integral University, Lucknow

Effective from Session: 2023-24

EffectivefromSession:2023-24							
CourseCode	ND114	TitleoftheCourse	HUMANPHYSIOLOGY-IILAB	L	T	P	C
Year	I	Semester	II	0	0	2	1
Pre-Requisite	Nil	Co-requisite	Nil				
CourseObjectives	ThecurriculumaimstopreparestudentsinbasicunderstandingofHumanPhysiologyofpracticalaspects.						

Course Outcomes: After the successful course completion, learners will develop following attributes:

CO1	To learn about patient history, pulse rate, blood pressure.
CO2	To learn about respiratory sound
CO3	To learn about IUD
CO4	To learn about body temperature.
CO5	To learn about nutritional balance

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	DIGESTIVE SYSTEM CENTRAL NERVOUS SYSTEM ENDOCRINE SYSTEM REPRODUCTIVE SYSTEM EXCRETORY SYSTEM	1. History taking and general examination.	30	CO1- CO5
2		2. Examination of Pulse.		
3		3. Measurement of Blood Pressure.		
4		4. Auscultation for heart sounds and normal respiratory sounds.		
5		5. To study about intrauterine contraceptive devices.		
6		6. To measure temperature.		
7		7. Calculation & evaluation of daily energy & nutrient intake.		

Reference Books:

1. Guyton and Hall, (2011) Textbook of Medical Physiology, 12th Edition, Saunders/Elsevier.
2. Sujit Chaudhury, (2011), Concise Medical Physiology, 6th edition, NCBA.
3. Sembulingam, (2012), Essentials of Medical Physiology, 6th edition, Jaypee Publications.
4. Gerard J. Tortora and Bryan H. Derrickson, (Principles of Anatomy and Physiology, 14th edition, Wiley publications.
5. Sujit Chaudhury, (2011), Concise Medical Physiology, 6th edition, NCBA.

e-Learning Source:

1. <https://youtu.be/JuhDx9hQAx8>
2. https://youtu.be/Ta_vWU5rjho
3. <https://youtu.be/h1qSFZ9aw94>

Course Articulation Matrix: (Mapping of COs with POs and PSOs)

PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	2	3	-	2	1	-	-	-	1	1	-	1	2	1	3	2	1
CO2	1	3	-	2	-	-	-	-	1	-	-	1	2	1	3	2	1
CO3	2	3	-	2	-	-	-	-	1	1	-	1	2	1	3	2	1
CO4	1	3	-	1	-	-	-	-	1	-	-	1	2	1	3	2	1
CO5	2	3	-	1	-	-	-	-	1	-	-	1	2	1	3	2	1

1- Low Correlation; 2-Moderate Correlation; 3-Substantial Correlation

Attributes & SDGs

Course Code	Course Title	Attributes							SDGs No.
ND114	HUMAN PHYSIOLOGY-IILAB	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics	3,4
		√	√	√			√	√	



Integral University, Lucknow

Effective from Session: 2023-24							
Course Code	ND115	Title of the Course	MEDICAL BIOCHEMISTRY-ILAB	L	T	P	C
Year	I	Semester	II	0	0	2	1
Pre-Requisite	Nil	Co-requisite	Nil				
Course Objectives	The curriculum aims to prepare students in basic understanding of medical biochemistry of practical aspects.						

Course Outcomes: After the successful course completion, learners will develop following attributes:	
CO1	Students are able to learn about lab safety rules, lab apparatus & colorimeter.
CO2	Students are able to learn about spectrophotometer, pH meter & incubator.
CO3	Students are able to learn about centrifuge machine, weight machine & blood collection
CO4	Students are able to learn about sample separation, solution preparation of different cons.
CO5	Students are able to learn about normal and abnormal constituents of urine.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	INTRODUCTION OF CLINICAL BIOCHEMISTRY INSTRUMENT & APPARATUS USE IN BIOCHEMISTRY. PREPARATION OF SOLUTION AND REAGENT. SPECIMEN COLLECTION AND PROCESSING. URINE ANALYSIS	1. To Study General Laboratory Safety Rules.	30	CO1-CO5
2		2. To Demonstrate Glassware, Apparatus and Plastic wares used in Laboratory.		
3		3. Demonstration of Working of Colorimeter.		
4		4. Demonstration of Working of Spectrophotometer.		
5		5. Demonstration of Working of pH meter.		
6		6. Demonstration of Working of Incubator.		
7		7. Demonstration of Working of Cyclomixer.		
8		8. Demonstration of Working of Centrifuge, Weight Balance.		
9		9. Collection of Blood sample.		
10		10. Deproteinization of Blood sample.		
11		11. To separate Serum and Plasma.		
12		12. Preparation of Saturated solutions, Percent solutions, Buffer solutions.		
13		13. Preparation of Normal and Molar solutions (0.1N NaOH, 0.2N HCl, 0.1M H ₂ SO ₄).		
14		14. Analysis of Normal Constituents of Urine.		
15		15. Analysis of Abnormal Constituents of Urine.		

Reference Books:

1. Bishop, Fody and Schoeff, Clinical Chemistry, techniques, principles and correlations.
2. Dr Ramnik Sood, Medical Laboratory Technology: Methods and Interpretations.
3. Singh & Sahni, Introductory Practical Biochemistry.
4. Praful B. Godkar, Darshan P. Godkar, Textbook of Medical Laboratory Technology.
5. Ranjna Chawla, Practical Clinical Biochemistry: Methods and Interpretations.

e-Learning Source:

1. <https://youtu.be/t5DvF5OVr1Y>
2. <https://youtu.be/gggC9vctvBQ>
3. <https://youtu.be/ufvZ8bYtyO8>

PO-PSO CO	Course Articulation Matrix: (Mapping of Cos with Pos and PSOs)																
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	2	3	-	2	1	-	-	-	1	1	-	1	2	1	3	2	1
CO2	1	3	-	2	-	-	-	-	1	-	-	1	2	1	3	2	1
CO3	2	3	-	2	-	-	-	-	1	1	-	1	2	1	3	2	1
CO4	1	3	-	1	-	-	-	-	1	-	-	1	2	1	3	2	1
CO5	2	3	-	1	-	-	-	-	1	-	-	1	2	1	3	2	1

1-Low Correlation; 2-Moderate Correlation; 3-Substantial Correlation

Attributes & SDGs

Course Code	Course Title	Attributes							SDGs No.
ND115	MEDICAL BIOCHEMISTRY-ILAB	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics	3,4
		√	√	√			√	√	



Integral University, Lucknow

Effective from Session: 2023-24

Course Code	ND116	Title of the Course	FUNDAMENTALS OF FOOD AND NUTRITION-I LAB	L	T	P	C
Year	I	Semester	II	0	0	2	1
Pre-Requisite	Nil	Co-requisite	Nil				
Course Objectives	The course "Fundamentals of Food and Nutrition" aims at developing basic understanding about nutrition, its effect on human health and newer advances in food technology. This course encompasses physiological, biochemical and social aspects of food and discusses relationship between metabolites and human health. Moreover, the course is focused on the advances in the most emerging area of applied science of Nutraceuticals (where food is the medicine). The knowledge of nutrition under extreme climate conditions, space nutrition, and sports nutrition empowers students' knowledge and skills to utilize food as a powerful tool for physical, mental, and social wellbeing.						

Course Outcomes: After the successful course completion, learners will develop following attributes:

CO1	Understand the use and care of kitchen equipment
CO2	Understand the methods of food preparation for LIG
CO3	Understand the methods of food preparation for MIG
CO4	Understand the methods of food preparation for 1--110
CO5	Understand the use of nutritional educational amulets

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	INTRODUCTION TO NUTRITION	Practical aspect of Introduction to nutrition -Food as source of nutrients, functions of food, definition of nutrition, nutrients & energy, adequate, optimum & good nutrition, malnutrition.	30	CO1-5
	FOOD GUIDE	Practical aspect of Food guide - Basic five food groups. How to use food guide (according to R.D.A.) Interrelationship between nutrition & health: - Visible symptoms of goods health, Use of food in body-Digestion, absorption, transport and utilization. Role of enzymes and hormones in digestion.		
	NUTRITION VALUES	Practical aspect of Nutrition Values of different food Items.		
	NUTRITION EDUCATION	1. Pamphlets 2. PEM 3. Anemia		

Reference Books:

1. Srinivasan, A.V. (ed), Managing a Modern Hospital, Response Books, New Delhi, 2000
2. Wiley Blackwell, Improving Patient Care BMJ Books

e-Learning Source:

1. <https://www.slideshare.net/peddanasunilkumar/introduction-to-pathology-ppt>
2. <https://www.ucsfhealth.org/medical-tests/semen-analysis#:~:text=Semen%20analysis%20is%20one%20of,have%20a%20male%20>
3. <https://www.youtube.com/watch?v=wZCKrseSIOE>

PO-PSO CO	Course Articulation Matrix: (Mapping of Cos with Pos and PSOs)																
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	2	3	-	2	1	-	-	-	1	1	-	1	2	1	3	2	1
CO2	1	3	-	2	-	-	-	-	1	-	-	1	2	1	3	2	1
CO3	2	3	-	2	-	-	-	-	1	1	-	1	2	1	3	2	1
CO4	1	3	-	1	-	-	-	-	1	-	-	1	2	1	3	2	1
CO5	2	3	-	1	-	-	-	-	1	-	-	1	2	1	3	2	1

1-Low Correlation; 2-Moderate Correlation; 3-Substantial Correlation

Attributes & SDGs

Course Code	Course Title	Attributes							SDGs No.
ND116	FUNDAMENTALS OF FOOD AND NUTRITION-I LAB	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics	3,4
		√	√	√			√	√	