



## Integral University, Lucknow

<b>Effective from Session: 2019-20</b>							
<b>Course Code</b>	HS301	<b>Title of the Course</b>	UNDERSTANDING AND DEALING WITH PSYCHOLOGICAL DISORDERS	<b>L</b>	<b>T</b>	<b>P</b>	<b>C</b>
<b>Year</b>	III	<b>Semester</b>	V	<b>5</b>	<b>1</b>	<b>0</b>	<b>6</b>
<b>Pre-Requisite</b>	Intermediate (10+2)	<b>Co-requisite</b>	None				
<b>Course Objectives</b>	1. To introduce the etiological understanding and therapeutic interventions for the various psychological disorders. 2. Help students develop and understanding of how to deal with moderate to severe psychopathology						

Course Outcomes	
<b>CO1</b>	Students will be able to define Schizophrenia.
<b>CO2</b>	Students will be able to define Psychoanalytic perspective.
<b>CO3</b>	Students will be able to understand concept of Humanistic Perspective.
<b>CO4</b>	Students will be able to understand different types of Phobias.
<b>CO5</b>	Students will be able to define group therapies.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	<b>Biological Etiology-Explanations and Interventions for Mood Disorders and Schizophrenia</b>	Application in case of mood disorders and schizophrenia.	18 hrs	CO1
2	<b>Insight Oriented Explanations and Interventions</b>	Psychoanalytic perspective – Conversion disorder, OCD, Dissociative disorder.	18 hrs	CO2
3	<b>Humanistic and Existential Perspective</b>	Application in case of crises intervention.	18 hrs	CO3
4	<b>Behavioural and Cognitive Explanations and Interventions</b>	Application in case of any two from phobias/panic disorder, depression/eating disorders	18 hrs	CO4
5	<b>Going Beyond The Individual and Singular Approaches</b>	Family therapy and group therapies, Efforts towards integration of approaches.	18 hrs	CO5

<b>Reference Books:</b>	
1. Bennett, P. (2011) Abnormal and Clinical Psychology: An introductory Textbook, McGraw Hill. 2. Carson,R.C., Butcher,J.N., Mineka,S.&Hooley,J.M. (2008). Abnormal Psychology. New Delhi: Pearson. 3. Plante, T.G. () Contemporary Clinical Psychology John Wiley & Sons. 4. Riskind, J.H., Manos,M.J. and Alloy,L.B. (2004) Abnormal Psychology : Current Perspectives. McGraw Hill	
<b>e-Learning Source:</b>	
<a href="https://swayam.gov.in/">https://swayam.gov.in/</a> <a href="https://egyankosh.ac.in/handle/123456789/1">https://egyankosh.ac.in/handle/123456789/1</a>	

PO-PSO CO	Course Articulation Matrix: (Mapping of COs with POs and PSOs)												
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6
CO1	1	3	3	3	2	2	2	3	3	3	3	3	3
CO2	1	3	3	1	3	3	2	2	3	3	3	3	3
CO3	1	3	2	1	3	3	3	1	3	3	3	3	3
CO4	1	2	2	1	3	3	3	1	3	3	3	3	3
CO5	1	2	2	1	3	3	3	1	3	3	1	3	3

**1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation**

(Name & Sign of Program Coordinator)	(Sign & Seal of HoD)
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