



Integral University, Lucknow

<b>Effective from Session: 2023-24</b>							
<b>Course Code</b>	<b>DHS404</b>	<b>Title of the Course</b>	<b>Practicum-I</b>	<b>L</b>	<b>T</b>	<b>P</b>	<b>C</b>
<b>Year</b>	<b>I</b>	<b>Semester</b>	<b>I</b>	<b>0</b>	<b>0</b>	<b>4</b>	<b>4</b>
<b>Pre-Requisite</b>	<b>Graduation</b>	<b>Co-requisite</b>	<b>None</b>				
<b>Course Objectives</b>	This course will equip students in administering different inventories to provide better guidance and counseling services.						

<b>Course Outcomes</b>	
<b>CO1</b>	Enable students assess personality using projective techniques
<b>CO2</b>	Enable them to Assess Anxiety test using STAI
<b>CO3</b>	Enable students to administer and interpret Bell’s adjustment inventory
<b>CO4</b>	Train students for sensitivity.
<b>CO5</b>	Enable and train them to practice and maintain mental health

<b>Unit No.</b>	<b>Title of the Unit</b>	<b>Content of Unit</b>	<b>Contact Hrs.</b>	<b>Mapped CO</b>
1	<b>Projective Tests</b>	Rorschach Test/Thematic Apperception Test	10	CO1
2	<b>Anxiety Test</b>	The State-Trait Anxiety Inventory (STAI)	8	CO2
3.	<b>Adjustment Test</b>	Bell’s Adjustment Inventory	6	CO3
4	<b>Sensitivity Training</b>	Reaction time for auditory and visual stimuli	8	CO4
5	<b>Yoga and Mental Health</b>	Practicing to maintain mental Health (Yoga, Exercise, Music Therapy)	8	CO5

<b>Reference Books:</b>	
1.	Anne Anastasi (1968). Psychological Testing
2.	K.K Srivastav (2003) Principles of guidance and counseling
3.	Kinra, Asha, K (2008) Guidance and Counselling
<b>e-Learning Source:</b>	
<ul style="list-style-type: none"> <li>Egyankosh, NCERT, ePathshala,</li> <li><a href="https://prasadpsycho.com/product">https://prasadpsycho.com/product</a></li> </ul>	

2- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

CO	PO- PSO	PO1	PO2	PO3	PO4	PO5	PSO1	PSO2	PSO3	PSO4	PSO5
CO1		2	3	1	2	5	3	2	4	3	3
CO2		1	5	3	4	3	2	3	3	2	1
CO3		3	3	5	3	2	4	3	5	3	3
CO4		5	3	4	3	3	1	3	1	2	5
CO5		3	2	3	4	2	3	2	2	3	3

Name & Sign of Program Coordinator	Sign & Seal of HoD
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