



Integral University, Lucknow

Effective from Session: 2023-2024							
Course Code	HS409	Title of the Course	Developmental Psychology: Theory and Practice	L	T	P	C
Year	I	Semester	II	4	0	0	4
Pre-Requisite	Graduation	Co-requisite	None				
Course Objectives	The course aims to appraise the students to development of child through various stages. Also it aims at developing knowledge and skills in different aspects of Learning and Motivation as implied in Educational Settings.						

Course Outcomes	
CO1	Enable students to understand the concept of developmental psychology, Stages of Development
CO2	Help Student to understand different theories of Developmental Psychology
CO3	Help Student to undersand different developmental related Disorders and Mental Retardation
CO4	Help Student to undersand Issues related to Child and Adolescent
CO5	Help Student to undersand different Psychotherapies

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Developmental: Concept and Approaches	Meaning of developmental Changes, Period of Life Span, Individual Differences in Development Evlvement of the study of Human Development, Stages of Development	7	CO1
2	Developmental Theories	Psychodynamic Theories: Freud, Erickson Attachment Theory: Bowlby Cognitive Stage Theory: Piaget Social learning theory: Bandura Information processing theory (Klaha, Mac Whinney 1998) Learning Theories of Pavlov, Thorndike.	9	CO2
3	Development Related Disorders and Mental Retardation	Classification according to ICD 10 and DSM IV TR/ DSM V Pervasive Developmental Disorder: Autism Specific Developmental Disorders of Scholastic Skills – Specific Learning Disabilities. Behavioural Disorders: ADHD, Conduct disorders Mental Retardation : Identification, Causes, Management Education and Intervention of the disorders	11	CO3
4	Child and Adolescent Issues	Stress in children/adolescents & prevention Exceptional Children Outside influences on the adolescent psychological development, Risk taking Behaviour	8	CO4
5	Psychotherapies	Psychoanalysis, Person-centered, Gestalt, Existential, Acceptance Commitment Therapy, Behavior therapy, REBT, CBT, MBCT, Play therapy, Positive psychotherapy, Transactional Analysis, Dialectic behavior therapy, Art therapy, Performing Art Therapy, Family therapy.	10	CO5

Reference Books:

- Sigelman, C, K. (1999), Life-Span Human Development. 3rd Edition; Brooks/ Cole Publishing Company.
- Papalia, S. & Feldman, C. (2002), Adult Development and Ageing. Delhi; Tata McGraw.
- Hurlock, E. (2003), Child Growth and Development. Delhi; Tata McGraw-Hill.
- Berk, L. (2002), Child Development. Delhi; Tata McGraw-Hill.
- M Dash, Neena Dash; Fundamentals of Educational Psychology: Atlantic Publishers & Distributors, New Delhi.

e-Learning Source:

- <https://egvankosh.ac.in/bitstream/123456789/23869/3/Unit-1.pdf>
- https://youtu.be/_tpB-B8BXk0

Course Articulation Matrix: (Mapping of COs with POs and PSOs)

PO-PSO CO	Course Articulation Matrix: (Mapping of COs with POs and PSOs)															
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PSO7	PSO8	
CO1	1	2	2	1	2	3	1	2	3	2	2	2	3	3	2	
CO2	2	1	1	2	2	1	2	2	3	3	1	3	2	3	2	
CO3	2	2	1	1	2	2	3	2	1	3	3	2	1	2	3	
CO4	2	2	2	2	2	2	3	2	3	2	2	2	2	2	2	
CO5	1	1	2	2	1		1	2	2	2	2	2	3	1	3	

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	Sign & Seal of HoD
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