

**Workshop on “Muscle Energy Techniques in Spine & Pelvic Complex Dysfunction” conducted at Department of Physiotherapy, Integral University, Lucknow
26th & 27th November 2016**



Inaugural Session



Group Photo of dignitaries

Workshop on “Muscle Energy Techniques in Spine & Pelvic Complex Dysfunction” was conducted at Department of Physiotherapy, Integral University Lucknow, on 26th & 27th November 2016. The workshop was inaugurated on 26th November 2016. The Workshop was organized under the aegis of Human Resource Development Center. The inaugural event was blessed by the presence of Dean/ Director **Prof. Dr. M. Z. Idris**, **Dr. V. K. Saxena**, Vice Dean-Hospital Affairs, **Dr. M. N. Siddiqui**, Medical Superintendent, **Dr. Syed Aqeel Ahmad**, Organizing Chairman & Director ,HRDC, and **Dr. Ashfaq Khan**, Principal , IIAHS&R & HOD, Department of Physiotherapy , Integral University, Lucknow and renowned Senior faculty members from IIMS&R.

Dr. Senthil P. Kumar (PT), Professor & Head Department of Physiotherapy, Sharda University, Greater Noida, U.P. was the invited resource person Dr. Senthil P. Kumar (PT) in his workshop enlightened the students with basic concepts in MET initially followed by advanced techniques of evaluation and understanding spine related pathologies. He

demonstrated some excellent hands-on techniques in MET which can give instant beneficial results to the patients suffering from spinal and Pelvic Dysfunctions.

Dr. Senthil P. Kumar (PT) also gave some valuable suggestions to the students for increasing efficient learning. The students were provided with the certificates for their participation in workshop. The students from Bachelors of Physiotherapy and Masters of Physiotherapy were overwhelmed and confident after the completion workshop. The smooth and successful planning of the workshop was possible under the able guidance from organizing chairman, **Dr. Syed Aqeel Ahmad**. He provided vital time and suggestions to accomplish the workshop in well planned manner.

Dr. Ashfaque Khan (PT), Organizing Secretary expressed his gratitude to the speaker and all faculty members students and non-teaching staff for their contribution to make the workshop a grand success.



Practical demonstration by Recourse Person



Group Photos after certificate distribution