

CURRICULUM VITAE

AHMAD MERAJUL HASAN INAM

Local Address: D- 83 Near Choti Masjid,
Sarwodaya Nagar, Lucknow(U.P)
Mobile : 9335967194/ 7839099391
Email : meraj.inam@gmail.com

Permanent Address: Qasba West Behind Police Station
Tanda, Ambedkar Nagar-224190
Phone-0527 3222451



Objective

For a challenging career in clinical and academic position in the department of physiotherapy and rehabilitation and to dedicate myself and my professional skills towards the organization to produce results for its betterment and growth.

Clinical Work Experience:

- Presently Working as Lecturer cum clinical Physiotherapist at Integral University, Lucknow from 10 March 2014 to till date.
- Worked as clinical Physiotherapist at my own Physiotherapy Center, Lucknow From 1 June 2013 to 9 March 2014.
- Worked as a Physiotherapist in Sports Authority of India, sub-center, Lucknow From 25th May 2007 to 26th Aug 2007.
- Worked as a Assistant Physiotherapist in Sports Authority Of India, sub-center, Lucknow From 15th Feb 2007 to 27th Mar 2007.
- Worked as a Clinical Physiotherapist in Healer's Hospital, Lucknow from 01 Feb. 2006 to 14 Feb. 2007.

Job Responsibilities:

- As a Physiotherapist at Sports Authority of India, sub-center, Lucknow on and off field Physiotherapy Management and any other related work assigned from time to time.
- As a Assistant Physiotherapist at Sports Authority Of India, sub-center, Lucknow on and off field Physiotherapy Management and any other related work assigned from time to time.
- As a Clinical Physiotherapist in Healer's Hospital, Lucknow, performed the Physiotherapy procedures as per the department protocols and to ensure comprehensive patient care, handled both outpatients and inpatient treatment.

Professional Qualification:M.P.Th/ B.P.Th/D.P.Th

| S. No | Qualification | Institute/University | Year | Max. Marks | Obta. Marks | Percentage | Division |
|-------|---------------------------|------------------------------|-----------|------------|-------------|------------|---------------------|
| 1. | Diploma in Physiotherapy | U.P State Medical Faculty | 2003-2005 | 500 | 422 | 84.40 | First |
| 2. | Bachelor of Physiotherapy | Integral University, Lucknow | 2007-2010 | 3200 | 2145 | 67.03 | First |
| 3. | Master of Physiotherapy | Integral University, Lucknow | 2011-2013 | 1200 | 968 | 80.67 | First Div with Hon. |

Educational Qualification:Graduate/10+2 (Bio) / 10th

| S.No | Qualification | Subjects | Board/University | Year | Max. Marks | Obta. Marks | Percentage | Division |
|------|---------------|----------------------------------------------|------------------|------|------------|-------------|------------|----------|
| 1. | High School | Math, Science, Social Science,Hindi, English | U.P Board | 2000 | 600 | 328 | 54.67 | Second |
| 2. | Intermediate | Physics,Chemistry, Biology,Hindi,English | U.P Board | 2002 | 500 | 278 | 55.60 | Second |

Computer skills

- Good knowledge of computer applications (MS-WORD, MS-EXCELL, MS-POWERPOINT, MS-ACCESS, INTERNET)

Workshops / Seminars / CME Attended

- Participated in Hands-on workshop titled "PROPRIOCEPTIVE NEUROMUSCULAR FACILITATION" on 24th and 25th February,2015 at Integral University,Lucknow,India.
- Participated in a Hands-on workshop titled"PHYSIOTHERAPY IN OBSTETRICS AND GYNECOLOGY" on 8thand 9th July 2014 at Uttar Pradesh Rural Institute of Medical Sciences and Research (UPRIMS&R) Saifai,Etawah,U.P.
- Participated and Served as the Co-Organising Secretary for the Hands-on workshop titled "MANUAL THERAPY AND TAPING TECHNIQUES FOR KNEE AND ANKLE DYSFUNCTIONS" on 22nd and 23rd November,2014 at Integral University,Lucknow,India.

- Participated in a Hands-on workshop titled “MANUAL THERAPY CONCEPTS IN INTEGRATED APPROACH FOR THE VERTEBRAL COLUMN AND PELVIC COMPLEX” from 24th November 2011 to 27th November 2011 at Lucknow, India.
- Participated in Continued Rehabilitation Education Program for Physiotherapists on “NEURO-PHYSIOTHERAPUTIC APPROCHES” from 21st Feb 2011 to 25th Feb 2011 organized at National Institute for the Orthopaedically Handicapped (NIOH), Kolkata.
- Participated in the hands on manual therapy workshop on “MUSCLE ENERGY TECHNIQUES” from 19th June 2010 to 20th June 2010 at Banarsidas Chandiwala Institute of Medical Sciences, New Delhi, India.
- Participated in the conference on “ADVANCE TRENDS IN PHYSIOTHERAPY” held at National Science Center Auditorium, New Delhi on 10th & 11th October 2009.
- Participated in a workshop “SPORTS FITNESS AND NUTRITION” Held at Gandhi Bhawan ,Lucknow on 1st and 2st February 2009.
- Participated in CME on “SPORTS PHYSIOTHERAPY & FIRST CONTACT INJURY MANAGEMENT” Held at C.S.J.M. University, Kanpur on 29th & 30th April 2006.
- Taken Exposure in the Field of cerebral palsy and mental retardation at Chetna, Lucknow from 15th April to 15th May 2006.
- Participated in the Annual Conference Of Physiotherapy and Occupational Therapy held at Lucknow on 13th and 14th December 2003.
- Participated in the Seminar on Preventive and Social Aspects of Disease held at Baba Hospital and Institute of Para medicals Lucknow on 30th & 31st December 2003.

Projects/Articles/Paper Presented

- “Linguistic Validation of Chronic Obstructive Pulmonary Disease Self Efficacy scale in Hindi” This paper was accepted for publication in ***Indian Journal of Occupational & Physiotherapy in 2016***
- A project report on “Effects of Shortwave Diathermy and Mobilization in management of stage II frozen shoulder” submitted to Dept. of Physiotherapy, Integral University, Lucknow in 2010 (In Final Year of BPT).
- **A Comparative Study** on “Prophylactic and Post-operative Physiotherapy(Chest & Limb) Versus Post-operative Physiotherapy Among Patients Undergoing Major Abdominal Surgery” and submitted to SGPGIMS, Lucknow during internship.
- **A Comparative Study on** “Effect of Mulligan Mobilization with Arm Movement And Neural Mobilization Technique Among Patient With Cervical Radiculopathy” submitted to Dept. of Physiotherapy, Integral University, Lucknow in 2013 (In Final Year of MPT).

Association / Council Membership

- U.P. State Medical Faculty, Lucknow
Registration No. PHY/310

Extracurricular activities

- Participated in blood donation camp organized by Lions club Lucknow at CSMM University, Lucknow on 02 Oct. 2011.
- Represented in Intra University Volley Ball tournament and three times winner.
- Represented in Intra institute High Jump competition and won the first prize.

Personal Data

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| Father's Name | : | Mr. Ahmad Hasan Inam |
| Mother's Name | : | Mrs. Najma Begum |
| Nationality | : | Indian |
| Marital status | : | Married |
| Date of Birth | : | 02 March 1983 |
| Languages known | : | English, Hindi and Urdu. |