



**INTEGRAL INSTITUTE OF MEDICAL SCIENCES & RESEARCH, INTEGRAL UNIVERSITY, LUCKNOW**  
**(Revised) ORIENTATION PROGRAM OF FOUNDATION COURSE - MBBS BATCH 2023**

Date	Day	9-10 AM	10-11 AM	11-12 AM	12-1 PM	1-2 PM	2-3 PM	3-4 PM	4-5 PM
01-09-23	Friday	INDUCTION PROGRAM			FC 1.7 MBBS Curriculum & Foundation Course details Dr. Rubie Malhotra (Coordinator, MEU)	LUNCH	FC. 1.5 Welcome and Introduction by institutional heads (HODs, Phase-1) (Anatomy, Biochemistry, Physiology & Community Medicine)		--
02-09-23	Saturday	Assembling of students in Lecture Theater with Attendance	FC. 1.6 - Academic ambience Prof. (Dr.) Monowar Alam Khalid	FC 1.6 - Future Career opportunities , post MBBS Dr. B.S. Arora (Medical Suptd.)	FC 1.8 Health care system Dr. Syed Belal Hassan (Dy. Medical Suptd.)	LUNCH	FC 1.9 Principal of Family practice Dr. Saurabh Shukla (CM)		FC 1.8- Healthy Lifestyle Dr. Jaya Gupta (ENT)
03-09-23	Sunday	Sunday							
04-09-23	Monday	FC 1.8, Blood donation Dr. Juhi Chauhan (Pathology)	FC 1.8 Principle of primary care Dr. Siraj Ahmad (CM)	FC 1.8 Organ donation Dr. Pankaj Kumar / Dr. S.K. Singh (Surgery)		LUNCH	FC 1.10- History of medicine Dr. Mukhtar Ahmad (Medicine)		FC 1.5 Virtual tour of IIMSR (Video) Dr. Kamil Khan / Dr. Roshan Alam
05-09-23	Tuesday	FC 1.1 Physician's role in society Dr. R.K Khare (Medicine)	FC 1.4 Introduction to various committees Prof. T. Usmani, (Proctor, IU)	FC 1.5 -Introduction to administrative staff & non-teaching staff Dr. B.S. Arora / Dr. Syed Belal Hassan (Medical Suptd / Dy. Medical Suptd.)		LUNCH	FC 1.3 Expectation of the students from Nation, Society, Institutions, colleagues and peers Dr. Megha (Pathology)	FC 1.8, Importance of nutrition Dr. Mohd. Tauseef Khan (Medicine)	F.1 .1 Reason for spread Pandemic Management Dr. Pradeep Kumar Tiwari (CM)
06-09-23	Wednesday	HOLIDAY							
07-09-23	Thursday	HOLIDAY							
08-09-23	Friday	FC 1.2 Roles of an Indian Medical Graduate Dr. Vishal Parmar (Medicine)		FC 1.3 Introduction to Medical Profession Prof. Abha Chandra (Dean, IIMSR)		LUNCH	FC 2.4 Concepts of Biohazards and Infection control programs Dr. Noor Jahan (Microbiology)		FC2.3 Types of infection – air water vector borne, hospital. / Bio-safety and universal precautions Dr. Siraj Ahmad (CM)
09-09-23	Saturday	FC 2.5 Hand wash & sanitation (Role play) Dr. Abhishek Tiwari (Anesthesiology)		FC 5.4 literature search and accessing online resources (Ms. Atiqa Khurshid, Librarian)		LUNCH	Sport & Extracurricular activities Dr. Zafar, Sports Incharge		
10-09-23	Sunday	Sunday							

Date	Day	9-10 AM	10-11 AM	11-12 AM	12-1 PM	1-2 PM	2-3 PM	3-4 PM	4-5 PM
11-09-23	Monday	FC 3.3, 3.4 & 3.5 Visit to CHC (Dept. of Community Medicine)				LUNCH	FC 5.4 Computer Skills Introduction to MS office & - Creating Animations, Using Special Transition Effects in Presentation- (Dept. of Computer Science & Engineering)	F.1 .1 History of Pandemic Management Dr. Sandeepika Dubey (Microbiology)	
12-09-23	Tuesday	FC 2.2 FIRSTAID (Principal Nursing School)			FC 2.9 Research Methodology & its Ethical Aspects Dr. Siraj Ahmad (CM)	LUNCH	FC 5.3 Demonstrate ability to learn and communicate in English, Confidence Building- (HOD, Dept. of language)		--
13-09-23	Wednesday	FC 2.7 Waste treatment plant (Videos) Dr. Meenakshi Sharma (Microbiology)		FC 2.8 Immunization requirements of Health care professionals Dr. Aditi Mohta (CM)		LUNCH	FC 5.2 Demonstrate use of <b>local language (Hindi)</b> in patient and peer interactions, / (Techno Teacher)		--
14-09-23	Thursday	FC 2.7 Definition of biomedical wastes / Segregation and disposal of waste and different types of waste generated in a health care facility Dr. Aena Hoda Siddiqui (Microbiology)		FC 5.5 A study of search engines for medical sciences. Trusted medical Journals and books search. Dr. Ausaf Ahmad (CM)		LUNCH	FC 5.5 Introduction to Search engines and its different flavors, keyword specific searches. Searching of medical Databases. Dr. Ausaf Ahmad (CM)	FC 2.6 needle stick injury Dr. Kapil Rastogi (Anesthesiology)	--
15-09-23	Friday	FC 2.9 Documentation of Medical Records (in six batches) (Incharge MRD)				LUNCH	FC 2.9 Visit to Hospital (in six batches) (Medical Superintendent / Dy. Medical Suptd.)		--
16-09-23	Saturday	FC 3.1 National health goals & policies FC 3.2 national health scenario, demographic, socio-cultural and epidemiological issues Dr. Bhanu Pratap Singh (CM)		FC4.3 Doctor Patient relationship Dr. Amitesh Pathak (Anaesthesiology)		LUNCH	Sports Dr. Zafar, Sport Incharge		
17-09-23	Sunday	Sunday							

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18-09-23	Monday	FC 2.1 BLS/ALS (Dept. of Anesthesiology)			FC2.4 Infective and non-infective body fluids Dr. Neha Khurana (Microbiology)	LUNCH	FC 5.4 Computer Skills Introduction to Information Technology its impact in the field of Medical Sciences. & - E-World – Pros & Cons on cybercrime (Dept. of Computer Science & Engineering)	--	
19-09-23	Tuesday	FC4.2 Youth Psychology Dr. Adnan K. Lodi (Head, Dept. of Education)	FC 2.5 Use of personal protective equipment for Hygiene Dr. Meenakshi Srivastava (OBG)	FC4.2 Healthy life style, Proper sleep Dr. Pankaj Kr. Verma (ENT)	FC 4.11 MENTOR and Mentee Program & Distribution of Mentors to Students Dr. Neelesh Shakya (Forensic Medicine)	LUNCH	FC 5.3 Ability to communicate with patients and their family with preferred language (HOD, Dept. of language)	--	
20-09-23	Wednesday	FC 4.3 Value of seniors and faculty Dr. Bhavna Gupta (OBG)	FC 3.6 Interaction with patients and families and communities. Dr. Kuldeep Srivastava (CM)	FC 3.4, 3.5 Basic principles of community health and its impact on health and disease Dr. Qasim Huda (CM)	FC 4.2 Movie on Professional Behavior Dr. Syed Fiza Mustaqueem (Pathology)	LUNCH	FC 5.2 Demonstrate use of local language (Hindi) in patient and peer interactions, / (Techno Teacher)	--	
21-09-23	Thursday	FC 4.4 Working in a health care team Dr. Vivek Katiyar (Medicine)	FC 4.5 Define disabilities & its various types, Emphasis on Blindness Dr. S.M. Akram/Dr. Khalida (Ophthalmology)	FC 4.5 Disability act & etiquettes Emphasis on Hearing disability Dr. Ranveer Singh (ENT)	LUNCH	FC 5.4 Computer Skills Working with Hyperlinks, and incorporating audio and video in presentation (Dept. of Computer Science & Engineering)	--		
22-09-23	Friday	FC. 4.1 consequences of unethical behavior Dr. Vishal Arora (Anaesthesiology)		FC 4.1, Concept of Professionalism and Ethics & consequences of unethical behavior Dr. Nasim Akhter (Forensic Medicine)	LUNCH	FC 5.4 Presentation skills, Group Presentations by students Dr. Kauser Sayedda (Pharmacology)	--		
23-09-23	Saturday	FC 2.7 Handling biomedical waste management Dr. Mohd. Saquib (Microbiology)		FC 2.5 Personal hygiene and health hazards Dr. Priyanka Thapa (Biochemistry)	LUNCH	Sport & Extracurricular activities Dr. Zafar, Sport Incharge			
24-09-23	Sunday	Sunday							


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25-09-23	Monday	FC 4.6 understanding and respect of interact with those with different cultural values Dr. Karuna Katiya (Microbiology)		FC 4.5 Communication with people having disabilities – Non discrimination - Accessible healthcare settings for disabilities, Emphasis on Locomotor Disability Dr. Anuj Rastogi (orthopedics)		LUNCH	FC 5.4 Computer Skills Data Analysis with Charts and Filtering Techniques & Spell Check Features, Thesaurus, Mail Merge with Envelopes and Labels	Sport & Extracurricular activities Dr. Zafar, Sports Incharge	--
26-09-23	Tuesday	FC 4.8 role of YOGA/ Meditation role in balancing health and its proper way Dr. Khaleel Ahmed Manik (HOD, Physiology)		FC 4.7 Introduction to stress and its effects Dr. Azhar Mahmood (Psychiatry)		LUNCH	FC 5.3 A. Elements of communication B. VOCALS: Tonality, speed, tenor (HOD, Dept. of language)	Sport & Extracurricular activities Dr. Zafar, Sports Incharge	--
27-09-23	Wednesday	FC 4.9 Time management- significance in medical field Dr. Amir Faiz (Pathology)		FC4.3 Rights of the patients and What can a Medical Student expect?--Society & Nation, Institution, teachers, peers and colleagues & Patients Dr. Shameem Ahmad (Emergency Medicine)		LUNCH	FC 5.2 Demonstrate ability to learn and communicate in Hindi, Confidence Building (Techno Teacher)	Sport & Extracurricular activities Dr. Zafar, Sports Incharge	--
28-09-23	Thursday	HOLIDAY							
29-09-23	Friday	FC 4.11 ROLE AS A MENTOR Dr. Neelesh Shakya (Forensic Medicine)		FC 4.14 different methods of self-directed learning Dr. Shweta Agarwal (Medicine)		LUNCH	FC 5.1 - Listening skills, body language & importance of empathy Dr. Sara Siddiqui (Physiology)	Sport & Extracurricular activities Dr. Zafar, Sports Incharge	--
30-09-23	Saturday	FC 4.13 learning pedagogy and its role in learning skill Dr. Roshan Alam (Biochemistry)		FC 4.10 understanding of importance of interpersonal relationship while working in a health care team Dr. Faraz Ahmad Khan (Pediatrics)		LUNCH	--		
01-10-23	Sunday	Sunday							

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02-10-23	Monday	HOLIDAY							
03-10-23	Tuesday	FC 4.15 Collaborative learning (Skill Lab) Dr. Kamil Khan (Anatomy)	FC 4.8 Discuss with students for skill on yoga & diet planning Dr. Guahar Hussain (Physiology)	FC 4.7 Feedback by students for stress and its effects Dr. Anurag Agarwal (Psychiatry)	LUNCH	FC 5.3 Demonstrate ability to communicate and learn in English (HOD, Dept. of language)	(Yoga & Meditation) (Yoga Instructor)	--	
04-10-23	Wednesday	FC 4.2, Value of integrity honesty Dr. Asma Nigar (OBG)	FC2.6 Techniques of Hand washing, gloving/degloving, disinfection, handling sharps & waste disposal Dr. Nidhi Shukla (Anaesthesiology)	FC 2.4 Demonstrate handling and safe disposal of Bio hazardous materials in a simulated environment Dr. Pooja Jaiswal (Pathology)	LUNCH	FC 5.2 Demonstrate use of local language (Hindi) in patient and peer interactions, / (Techno Teacher)	Extracurricular activities (dance/drama) Dr. Mah Paiker (Anatomy)	--	
05-10-23	Thursday	FC 5.1 Communication skills (students Interaction) Dr. Kutubuddin (Medicine)		FC 5.1 Basic Communication Skills Dr. Lavan Saxena (Radiology)		LUNCH	FC 5.4 literature search and accessing online resources (Ms. Atiqa Khurshid, Librarian)	Extracurricular activities (acting music and poetry) Dr. Ankita Bist (Pharmacology)	--

#### Foundation Course Hours

Subjects	Hours
Orientation	30
Skills Module	34
Field visit to Community health centre	8
Professional development including ethics	40
Enhancement of language / Computer Skills	32
Sports and Extra Curricular Activities	16
<b>Pandemic Module</b>	<b>2</b>
<b>Total</b>	<b>162</b>

  
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