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Integral University

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Integral University
Sustainability Guidelines

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1. Introduction

Universities play a critical role in advancing sustainable development by integrating environmentally responsible practices into education, research, campus operations, and community engagement. As centers of knowledge creation and innovation, higher education institutions have the responsibility to promote responsible resource use, environmental stewardship, and social well-being.

In recent decades, sustainability has become a core priority for universities worldwide. Global frameworks such as the **United Nations Sustainable Development Goals (SDGs)** encourage institutions to adopt sustainable practices that protect natural resources, promote social equity, and support economic resilience.

National quality and ranking frameworks in India, including the **National Institutional Ranking Framework** and accreditation standards developed by the **National Assessment and Accreditation Council**, increasingly emphasize sustainability, environmental responsibility, and institutional social impact. International sustainability assessment frameworks such as the **UI Green Metric World University Rankings**, **QS Sustainability Rankings**, and **Times Higher Education Impact Rankings** also evaluate universities based on their contributions to environmental protection, climate action, social responsibility, and sustainable development.

These Sustainability Guidelines provide a comprehensive framework to guide environmentally responsible campus development and operations. The guidelines focus on key areas including:

- Energy management and renewable energy
- Water conservation and water reuse
- Waste minimization and recycling
- Green campus development and biodiversity protection
- Health and well-being
- Climate action and carbon management
- Sustainable communities and partnerships
- Sustainability education and research

Through the adoption of these guidelines, the university seeks to promote responsible use of natural resources, minimize environmental impacts, and foster a culture of sustainability among students, faculty, staff, and the wider community.

These guidelines also support the university's long-term commitment to sustainable development, climate responsibility, and social engagement.

1.1 Background

The concept of sustainability emerged in response to growing global concerns regarding environmental degradation, depletion of natural resources, climate change, and widening social inequalities. During the twentieth century, rapid industrialization, urbanization, and population growth led to increased pressure on natural ecosystems and a rise in environmental pollution.

A major milestone in global environmental awareness occurred during the United Nations Conference on the Human Environment held in 1972 in Stockholm, which highlighted the importance of integrating environmental protection with development planning.

Another landmark moment in the evolution of sustainability thinking was the publication of the report *Our Common Future* by the World Commission on Environment and Development in 1987. The report introduced the widely accepted definition of sustainable development as:

"Development that meets the needs of the present without compromising the ability of future generations to meet their own needs."

The concept of sustainability was further strengthened during the United Nations Conference on Environment and Development (Rio Earth Summit) in 1992, which introduced Agenda 21 and emphasized the integration of environmental protection, economic development, and social equity.

In 2015, the United Nations adopted the Sustainable Development Goals, a set of 17 global goals aimed at addressing major challenges such as poverty, inequality, climate change, environmental degradation, and sustainable economic growth.

Universities around the world are now recognized as key contributors to achieving these goals through education, research, innovation, and sustainable campus management.

1.2 Scope and Applicability

These sustainability guidelines apply to all academic, administrative, and operational activities of the university.

The scope includes:

- Campus infrastructure and building management
- Energy consumption and renewable energy generation
- Water use and wastewater management
- Waste generation, segregation, and recycling
- Biodiversity conservation and green infrastructure
- Transportation and mobility systems
- Health and well-being of campus communities
- Sustainability education and research
- Community engagement and institutional social responsibility

The guidelines apply to all stakeholders including:

- Students
- Faculty members
- Administrative staff
- Management
- Contractors and service providers
- Visitors and external collaborators

The guidelines aim to ensure that sustainability principles are integrated into all aspects of university functioning and development.

1.3 Vision and Mission for Sustainability

Vision for sustainability:

To develop a sustainable, environmentally responsible, and socially inclusive university campus that promotes efficient resource use, protects natural ecosystems, and contributes to sustainable development at local, national, and global levels.

Mission for sustainability:

- Integrate sustainability principles into education, research, and campus operations
- Reduce environmental impacts through efficient resource management
- Promote renewable energy and climate-responsible practices
- Encourage sustainability awareness among students and staff
- Collaborate with communities, industries, and government institutions to support sustainable development

1.4 Alignment with National and Global Sustainability Goals

Sustainability guidelines in university are designed to align with both national policies and global frameworks that promote environmental protection, social well-being, and economic development. By following these guidelines, universities contribute to broader efforts aimed at achieving sustainable development at local, national, and international levels.

Global Frameworks

The guidelines contribute to the **Sustainable Development Goals**, covered in three pillars namely:

- Environmental
- Social
- Economic

Integral University actively contributes to these goals through campus sustainability initiatives, renewable energy adoption, climate action programs, and community engagement.

National Frameworks

The guidelines align with key national initiatives such as:

- National Action Plan on Climate Change
- Swachh Bharat Mission
- Jal Shakti Abhiyan
- National Education Policy sustainability objectives

The framework follows Shri Narendra Modi, Prime Minister of India, motto

“Sabka Sath, Sabka Vikas, Sabka Vishwas”

Sabka Saath	(Together with Everyone)	→ Social Sustainability
Sabka Vikas	(Development for All)	→ Economic Sustainability
Sabka Vishwas	(Trust of All)	→ Environmental & Governance Sustainability

1.5 Sustainability Governance

To ensure effective implementation of sustainability initiatives, the university should establish a structured sustainability governance framework.

Key actions include:

- Establishment of a Sustainability Committee
- Development of annual sustainability action plans
- Regular monitoring of environmental indicators
- Preparation of annual sustainability reports
- Conduct of energy, water, and environmental audits
- Establishment of a Sustainability Research Centre

Regular sustainability audits and monitoring mechanisms help improve institutional sustainability performance and ensure continuous improvement

1.6 Definitions and Key Terms

Sustainability: The responsible use of natural resources to meet present needs while preserving resources for future generations.

Green Campus: A campus that implements environmentally friendly practices such as energy conservation, waste reduction, and biodiversity protection.

Renewable Energy: Energy derived from natural sources that are continuously replenished, such as solar, wind, and biomass.

Carbon Footprint: The total greenhouse gas emissions generated by institutional activities.

2. Energy Generated and Consumed

Energy management is a critical component of sustainable campus development. Universities require energy for academic buildings, laboratories, hostels, healthcare facilities, transportation systems, and residential areas.

Integral University has adopted renewable energy technologies such as **rooftop solar power plant**, contributing to reduced dependence on fossil fuels and lower greenhouse-gas emissions

2.1 Guidelines for Preventing Overuse and Misuse of Electricity

2.1.1 *Avoid Overuse and Misuse of Electricity*

- Switch off lights, fans, projectors, and computers when not in use.
- Ensure that lights and appliances are turned off when leaving.
- Avoid leaving equipment in standby mode for long periods.

2.1.2 *Responsible Use of Electrical Equipment*

- Unauthorized use of High-power appliances such as heaters, electric stoves, induction plates, or immersion rods is strictly prohibited.
- Tampering with electrical wiring or sockets is strictly prohibited.

2.1.3 *Energy-Efficient Lighting*

- Prefer natural daylight use.
- Use LED lighting in all buildings.
- Sensor-based lighting on common areas of relatively low use.
- Avoid excessive decorative lighting except during official events.

2.1.4 *Cooling and Heating Management*

a. Air Conditioner Usage

- Maintain air conditioner temperature between 24°C and 26°C for optimal energy efficiency.
- Ensure doors and windows remain closed while AC units are operating.
- Turn off AC units when rooms are unoccupied.

b. Ventilation Practices

- Encourage natural ventilation whenever possible.
- Use fans instead of air conditioning when weather conditions permit.

c. Heating Appliances

- Use heating devices only when necessary and approved by the administration.

2.1.5 *Energy Conservation Measures*

a. Infrastructure Improvements

- Stop buying less energy-efficient lights and fans. Buy energy efficient devices like LEDs, BLDC fans, at least 3-star energy rating appliances
- Replace conventional lighting with LED fixtures.
- Replace conventional fans with BLDC fans.
- Install motion sensors in corridors and common areas.
- Promote installation of energy-efficient appliances and equipment.

b. Renewable Energy Promotion

- Integrate renewable energy sources into campus infrastructure.
- Encourage the installation of rooftop solar systems where feasible.
- Install Solar powered light on street and boundaries.
- Use solar water heating in hostels and residential areas.

c. Regular Energy Monitoring

- Monitor electricity consumption in across buildings to identify areas of high usage.
- Conduct periodic energy audits.
- Departments and hostel wardens should periodically monitor electricity usage to prevent Unauthorized or wasteful use of electricity.

d. Awareness and Community Participation

- Organize energy conservation awareness programs.
- Display signage reminding users to switch off lights and appliances.
- Encourage student participation through sustainability clubs and campaigns.

3. Water Management

Water is a vital natural resource that supports academic activities, residential facilities, laboratories, sanitation, landscaping, and other campus operations. Rapid urbanization and increasing water demand have placed significant pressure on available freshwater resources. University therefore has a responsibility to promote sustainable water management practices that ensure efficient use, conservation, and protection of water resources. Effective water management on campus includes monitoring water consumption, implementing conservation practices, promoting rainwater harvesting, recycling wastewater, and maintaining water quality standards. Sustainable water management also supports environmental protection and aligns with global sustainability initiatives such as the Sustainable Development Goals of the United Nations, particularly the goal related to clean water and sanitation. The following guidelines outline strategies and practices for responsible water management within the university campus.

3.1 Guidelines for Water sustainability; Use Reduction, Wastewater recycling, Groundwater recharge

3.1.1 Water Use Reduction

a. Water Audit

- Conduct a Water audit annually to map sources, consumption points, and losses.
- Identify high-consumption areas, wastage of freshwater and leakage points.

b. Efficient Fixtures

- Replace conventional fixtures with:

- Low flow taps and aerators in taps
- Dual flush toilets
- Sensor-based faucets
- Promote water-efficient appliances in hostels and cafeterias like Pre-Rinse Spray Valves

c. Leak Detection and Maintenance

- Establish a preventive maintenance schedule for pipelines, overhead tanks, and pumps.

d. Water-Smart Landscaping

- Promote native and drought-resistant plants.
- Install drip irrigation and sprinkler systems for gardens and fields.

e. Behavioral Awareness

- Launch “Save Water Campaigns” for students and staff.
- Display water conservation messages in hostels and academic blocks.
- Encourage student-led monitoring and reporting of leaks.

3.1.2 Wastewater Recycling and Reuse

a. Strengthening Sewage Treatment

- Optimize Sewage Treatment Plant (STP) capacity to treat wastewater generated
- Maintain regular monitoring of treated water quality.

b. Reuse of Treated Water

- Utilize treated wastewater for:
 - Landscape irrigation
 - Toilet flushing in selected buildings
 - Construction and maintenance activities
- Greywater Reuse
 - Establish greywater recycling systems in hostels and residential areas.
 - Use greywater for gardening and cleaning.

3.1.3 Groundwater Recharge Strategy

a. Rainwater Harvesting

- Install rooftop rainwater harvesting systems in all major buildings.
- Connect rainwater outlets to recharge pits.

b. Recharge Structures

Construct:

- Recharge pits
- Percolation tanks
- Recharge wells

c. Stormwater Management

- Develop a campus stormwater drainage plan that directs runoff into recharge structures.
- Prevent runoff losses during heavy rainfall.

d. Water Body Development

- Create artificial ponds or recharge basins in open areas.
- These can serve both ecological and groundwater recharge functions.

3.1.4 Integration with Curriculum

- Encourage departments such as Civil Engineering, Environmental Sciences, Architecture to conduct student projects on water management and sustainability.

4. Waste Management

Waste management is an essential component of sustainable campus operations. Universities generate different types of waste, including solid waste, organic waste, plastic waste, electronic waste, laboratory waste, and hazardous materials. If not managed properly, these wastes can cause environmental pollution, health risks, and inefficient use of resources. A sustainable waste management system focuses on reducing waste generation, promoting segregation at source, encouraging recycling and reuse, and ensuring safe disposal of hazardous materials. Universities can also adopt circular economic practices that minimize resource consumption and promote responsible production and consumption. Effective waste management practices contribute to environmental protection and align with global sustainability initiatives such as the Sustainable Development Goals promoted by the United Nations, particularly the goals related to responsible consumption and production and sustainable cities. The following guidelines outline strategies for responsible waste management on campus.

4.1 Guidelines for Waste Management; Minimization, Segregation, Recycling

4.1.1 Waste Reduction

a. *Minimization of Waste Generation*

- Encourage paperless communication through digital platforms.
- Promote double-sided printing of drafts & internal reports and reuse of paper.
- Reduce the use of disposable items in meetings, events, and cafeterias.

b. *Ban on Single-Use Plastics*

- Prohibit or discourage single-use plastic items such as plastic bags, cups, straws, and cutlery.
- Encourage reusable or biodegradable alternatives.

c. *Sustainable Procurement*

- Purchase products with minimal packaging.
- Prefer recyclable and eco-friendly materials.

4.1.2 Waste Segregation at Source

a. *Segregation Categories*

Waste should be segregated at the point of generation into the following categories:

- **Green** Waste Bucket: Biodegradable waste (food waste, garden waste, organic materials)
- **Blue** Waste Bucket: Recyclable waste (paper, plastic, metal, glass)
- **Black/Grey** Waste Bucket: Non-recyclable waste
- **Red** Waste Bucket: Hazardous waste (chemicals, laboratory waste)
- Electronic waste (e-waste)

b. *Segregation Infrastructure*

- Provide clearly labeled color-coded waste bins across campus.
- Place separate bins in offices, hostels, lobby and public areas.

4.1.3 Recycling and Reuse

- Establish systems for collection and recycling of paper, plastic, glass, and metal.
- Collaborate with authorized recycling agencies for proper processing of recyclable materials.
- Encourage reuse of office supplies, containers, and packaging materials.
- Promote exchange or donation of usable materials such as books, furniture, and equipment.

4.1.4 Organic Waste Management

Composting

- Utilize food waste for Biogas generation or composting.
- Horticulture/ Garden waste into organic compost through composting units or vermicomposting.
- Use compost for campus landscaping and gardening.

4.1.5 Food Waste Reduction

- Encourage responsible food consumption in hostels and cafeterias.
- Implement measures to reduce food wastage during events and dining operations.
- Promote self-service system with availability of food directly on tables to encourage students to take only what they need, resulting in reduced food wastage.
- Create awareness about respect for food using cultural values & beliefs.
- Promote availability of packaged and fast food in varying portion sizes allowing individuals to select appropriate quantities, reducing leftover food.

4.1.6 Electronic and Hazardous Waste Management

a. E-Waste Management

- Collect discarded electronic equipment such as computers, printers, and batteries separately.
- Dispose of e-waste through authorized recycling vendors.

b. Laboratory and Hazardous Waste

- Laboratories should follow proper protocols for safe storage and disposal of chemical and hazardous waste.
- Hazardous materials should not carefully segregate and preserved for disposal.

4.1.7 Awareness and Participation

- Conduct awareness campaigns on waste management and recycling.
- Encourage participation of students through eco-clubs and sustainability initiatives.
- Display informative signage on waste segregation and recycling.

5. Green Coverage and Biodiversity

Green spaces and biodiversity are essential components of a sustainable campus environment. Vegetation and natural habitats contribute to improved air quality, climate regulation, soil conservation, and ecological balance. Universities have a unique opportunity to create green campuses that support biodiversity conservation while providing a healthy and aesthetically pleasing environment for students, faculty, staff, and visitors. Maintaining green cover on campus also helps reduce the urban heat island effect, enhances groundwater recharge, and supports wildlife habitats such as birds, butterflies, and beneficial insects. Universities can serve as living laboratories where students and researchers study ecosystems, biodiversity

conservation, and sustainable land management practices. Promoting green coverage and biodiversity also contributes to global environmental goals such as the Sustainable Development Goals of the United Nations, particularly those related to climate action, life on land, and sustainable communities. The following guidelines provide a framework for maintaining and enhancing green coverage and biodiversity on campus.

5.1 Guidelines for Green Cover Protection and Environmental Support

5.1.1 Green Cover Protection

a. Protection of Existing Trees

- Cutting or removal of trees should be strictly regulated and allowed only with proper approval from the university authorities.
- Mature trees should be protected during construction or maintenance activities.
- Tree guards and protective measures should be used where necessary.

b. Prevention of Damage

- Activities that may harm trees, lawns, or plants such as dumping waste, burning materials, or damaging bark should be prohibited.
- Parking or driving vehicles on green areas should not be allowed.

c. Tree Inventory

- Maintain a tree inventory and green cover database for the campus.
- Label the trees and periodically assess the health and growth of trees.

5.1.2 Green Cover Enhancement

a. Plantation Programs

- Organize regular tree plantation drives involving students, faculty, and staff.
- Prioritize planting native and climate-resilient species.

b. Landscaping Practices

- Promote environmentally friendly landscaping techniques.
- Reduce excessive lawn areas and increase diverse vegetation and shrubs.

c. Biodiversity Promotion

- Develop areas such as butterfly gardens, herbal gardens, vertical gardens and biodiversity parks to support local flora and fauna.

5.1.3 Sustainable Maintenance Practices

a. Water-Efficient Irrigation

- Use drip irrigation or sprinkler systems for gardens.
- Utilize treated wastewater for irrigation where feasible.

b. Organic Practices

- Encourage the use of organic compost and natural fertilizers.
- Avoid excessive use of chemical pesticides and fertilizers.

c. Waste Utilization

- Use leaf litter and organic waste for composting and soil enrichment.

5.1.4 Environmental Protection Measures

a. Pollution Control

- Prevent air, water, and soil pollution within the campus.
- Monitor air pollution.
- Encourage clean energy and eco-friendly transportation.

b. Waste Management

- Promote waste segregation and recycling practices.
- Prevent dumping of waste in green areas.

c. Climate Resilience

- Increase tree density to reduce heat island effects and improve campus microclimate.

5.1.5 Awareness and Participation

- Conduct environmental awareness campaigns and workshops.
- Encourage student participation through eco-clubs and sustainability initiatives.
- Celebrate environmental events such as *World Environment Day and *Earth Day with plantation and awareness programs.

5.1.6 Tree Plantation and Green Belt Development

- Conduct annual tree plantation drives involving students, faculty, and staff.
- Develop green belts along roads, parking areas, and boundary zones to reduce dust and noise pollution.
- Encourage adoption of trees by departments or student groups for long-term care and monitoring.

5.1.7 Biodiversity Conservation

- Maintain biodiversity gardens, herbal gardens, and medicinal plant areas on campus.
- Protect habitats for birds, butterflies, and small wildlife.
- Avoid planting invasive species and prioritize native plant varieties.

5.1.8 Water Body and Wetland Protection

- Protect and maintain campus ponds, lakes, or water recharge areas.
- Prevent dumping of waste or construction debris near water bodies.
- Use water bodies as ecological zones to promote biodiversity.

5.1.9 Soil Conservation

- Prevent soil erosion through vegetation cover and landscaping.
- Avoid excessive paving of open land to maintain natural water percolation.
- Promote the use of organic manure for soil health.

5.1.10 Energy Conservation and Renewable Energy

- Promote installation of solar panels and renewable energy systems.
- Encourage energy-efficient appliances and LED lighting across campus.
- Conduct periodic energy audits to monitor electricity consumption.

5.1.11 Noise Pollution Control

- Restrict unnecessary use of loudspeakers within the campus.
- Maintain silence zones near academic buildings, libraries, and hospitals.

- Regulate construction and maintenance activities to reduce noise.

5.1.12 Green Procurement Practices

- Encourage procurement of eco-friendly products, recycled paper, and energy-efficient equipment.
- Prefer suppliers who follow sustainable production practices.

5.1.13 Sustainable Food Practices

- Promote reduction of food waste in hostels and cafeterias.
- Encourage use of reusable utensils and biodegradable packaging.
- Compost food waste for landscaping purposes.

5.1.14 Environmental Education and Student Engagement

- Encourage environmental projects, research, and student participation in sustainability initiatives.
- Organize awareness campaigns and environmental competitions.
- Promote participation in national and international environmental observances such as World Environment Day and Earth Day.

6. Health and Well-Being

Health and well-being are fundamental components of a sustainable and inclusive campus environment. University has a responsibility to provide a safe, healthy, and supportive environment that promotes the physical, mental, and emotional well-being of students, faculty, staff, and visitors. A healthy campus contributes to improved academic performance, increased productivity, and overall quality of life. Institutions should therefore establish systems that provide healthcare services, mental health support, safe infrastructure, and opportunities for physical fitness and recreation. Universities should also ensure that campus facilities promote healthy lifestyles, hygiene, and safety. Promoting health and well-being is aligned with global sustainability efforts such as the Sustainable Development Goals promoted by the United Nations, particularly the goal focused on good health and well-being. The following guidelines provide a framework for ensuring a healthy and safe campus environment.

6.1 Guidelines for Health and Well-being Activities

6.1.1 Health Care Facilities/ Medical Support

- Access to health centers, OPD and Hospital services for basic healthcare services.
- Maintain first-aid kits in academic buildings, laboratories, hostels, and sports facilities.
- Call ambulance or quick medical transportation support when required.

6.1.2 Mental Health and Counselling

a. Counselling Services

- Provide counseling and psychological support services for students and staff.
- Encourage individuals to seek help for stress, anxiety, or personal concerns.

b. Stress Management

- Organize workshops on stress management, mindfulness, and emotional well-being.
- Promote balanced academic and work environments.

6.1.3 Physical Fitness and Sports

a. Sports and Recreation

- Encourage participation in sports, yoga, and physical fitness activities.
- Maintain adequate sports infrastructure such as playgrounds, gyms, and recreational areas.

b. Active Lifestyle

- Promote walking, cycling, and outdoor activities within the campus.
- Encourage participation in fitness programs and sports events.

6.1.4 Healthy Food and Nutrition

a. Hygienic Food Practices

- Ensure cafeterias and food outlets maintain proper hygiene and food safety standards.
- Conduct regular inspections of food preparation and storage areas.

b. Nutritious Food Options

- Encourage availability of balanced and nutritious food choices in cafeterias and hostels.
- Promote reduction of excessive sugar, salt, and unhealthy food items.

6.1.5 Sanitation and Hygiene

a. Clean Campus Environment

- Maintain clean washrooms and sanitation facilities across campus.
- Provide adequate drinking water facilities.

b. Personal Hygiene Awareness

- Encourage good hygiene practices through awareness programs.
- Promote handwashing facilities in common areas.

6.1.6 Safe and Healthy Work Environment

a. Occupational Health and Safety

- Ensure safety standards in laboratories, workshops, and workplaces.
- Provide protective equipment where necessary.

b. Safe Infrastructure

- Maintain safe buildings, pathways, and lighting across campus.
- Ensure proper ventilation and air quality in classrooms and offices.

6.1.7 Environmental Health

- Maintain green spaces and clean surroundings to promote a healthy campus environment.
- Control pollution and waste to protect community health.
- Encourage environmentally sustainable practices.

6.1.8 Awareness and Community Engagement

- Conduct regular health awareness campaigns and workshops.
- Encourage participation in national health observances such as World Health Day.
- Promote student involvement through wellness clubs and health initiatives.

7. Sustainable Communities and Partnerships

Through education, research, and outreach programs, universities can contribute to environmental protection, social development, and economic sustainability. Engagement with local communities helps institutions share

knowledge, build environmental awareness, and encourage sustainable practices in society. Partnerships with government agencies, industries, and civil society organizations further strengthen the impact of sustainability initiatives. Developing sustainable communities and partnerships also supports international sustainability initiatives such as the Sustainable Development Goals promoted by the United Nations, particularly those focused on sustainable cities, partnerships for development, and community well-being.

7.1 Community Engagement Programs

The university should actively engage with local communities to promote sustainable development practices. Community engagement programs may include environmental education, health awareness campaigns, sanitation drives, and skill development activities. Students and faculty members can participate in outreach activities such as village adoption programs, awareness workshops, and community development initiatives. These programs strengthen the relationship between the university and society while addressing local sustainability challenges. Community engagement activities also provide valuable experiential learning opportunities for students.

7.2 Environmental Awareness Campaigns

Universities should organize environmental awareness campaigns to educate students, staff, and the public about sustainability issues. These campaigns may focus on topics such as climate change, waste management, water conservation, biodiversity protection, and renewable energy. Awareness activities may include seminars, workshops, exhibitions, street plays, competitions, and social media campaigns. Observing important environmental days such as World Environment Day can further promote environmental awareness. These initiatives encourage responsible behavior and motivate individuals to adopt sustainable lifestyles.

7.3 Rural and Urban Sustainability Initiatives

The university should support sustainability initiatives in both rural and urban communities. In rural areas, universities may assist in promoting sustainable agriculture, water conservation, renewable energy use, and waste management practices. In urban communities, initiatives may focus on urban waste management, energy efficiency, green spaces, and pollution control. Universities can also provide technical guidance and research support to local authorities and community organizations working on sustainability issues. Such initiatives contribute to sustainable regional development and help address environmental challenges faced by communities.

8. Education, Research and Innovation for Sustainability

By integrating sustainability principles into teaching, research activities, and technological development, institutions can prepare students to address global environmental and social challenges. Education for sustainability helps students develop knowledge, skills, and values that support responsible decision-making and environmentally conscious behavior. Universities can promote sustainability by incorporating relevant topics into academic programs, encouraging interdisciplinary learning, and supporting research focused on sustainable development. Research and innovation in sustainability also contribute to the development of solutions for environmental protection, resource conservation, climate resilience, and sustainable economic growth. These initiatives align with global sustainability initiatives such as the Sustainable Development Goals promoted by the United Nations, which emphasize the role of education and innovation in achieving sustainable development.

Education, research, and innovation are essential components of a university's contribution to sustainable development. Universities act as important centers for generating knowledge, developing solutions to environmental challenges, and preparing students to become responsible global citizens. Integrating sustainability principles into academic programs, research activities, and innovation initiatives helps institutions promote environmental responsibility, social well-being, and sustainable economic development.

8.1 Integration of Sustainability in Curriculum

- Incorporate sustainability concepts such as environmental protection, climate change, renewable energy, biodiversity conservation, and responsible resource management into academic programs across disciplines.
- Encourage interdisciplinary learning by integrating sustainability topics into courses offered by engineering, environmental sciences, social sciences, management, architecture, and other fields.
- Promote experiential learning through student projects, field studies, internships, and case studies addressing real-world sustainability challenges.
- Encourage faculty members to include sustainability perspectives in classroom teaching, assignments, and research supervision.

8.2 Research on Sustainable Development

- Encourage faculty members, researchers, and students to undertake research related to renewable energy, water conservation, sustainable infrastructure, climate change adaptation, waste management, and biodiversity protection.
- Support research projects that address local and regional environmental challenges while contributing to national and global sustainability priorities.
- Promote collaborative research with industries, government agencies, and research institutions to develop practical solutions for sustainable development.

8.3 Innovation and Green Technologies

- Promote innovation in environmentally friendly technologies such as energy-efficient systems, water purification technologies, waste recycling systems, and sustainable building designs.
- Support innovation and entrepreneurship through incubation centres, start-up programs, and sustainability-focused competitions.
- Encourage the development of technological solutions that enhance resource efficiency and environmental protection.

Through these initiatives, universities contribute to global sustainability efforts including the UN SDG's while strengthening their role as leaders in sustainability education, research, and innovation.

9. Climate Action and Carbon Management

Climate change is one of the most pressing environmental challenges facing the world today. Rising greenhouse gas emissions from energy consumption, transportation, and industrial activities contribute significantly to global warming and environmental degradation. Universities have an important responsibility to address climate change through sustainable campus management, research initiatives, and awareness programs.

9.1 Carbon Footprint Assessment and Monitoring

- Conduct regular carbon footprint assessments to measure greenhouse gas emissions from campus activities such as electricity consumption, transportation, fuel use, and waste management.
- Develop and maintain a comprehensive greenhouse gas inventory to monitor emission trends and identify opportunities for reduction.

9.2 Carbon Reduction Strategies

- Improve energy efficiency in buildings and infrastructure through efficient lighting, appliances, and building design.

- Increase the use of renewable energy sources such as solar power to reduce dependence on fossil fuels.
- Promote sustainable transportation options including walking, cycling, and shared or low-emission transport systems.

9.3 Climate Resilience and Adaptation

- Expand green cover through tree plantation and landscape development to enhance carbon sequestration.
- Promote water conservation, climate-responsive infrastructure, and sustainable land use planning.
- Develop long-term institutional strategies aimed at reducing emissions and strengthening climate resilience.

Integral University has aimed to be a carbon-neutral campus by 2047 in conjunction with India Government target of becoming a developed nation by 2047 and net zero emission country by 2070, and is progressing through solar power generation, electric vehicles, and integrated waste management systems.

10. Monitoring and Continuous Improvement

Effective sustainability implementation requires systematic monitoring and evaluation.

Key measures include:

- Annual sustainability audits
- Environmental performance indicators
- Periodic sustainability reporting
- Stakeholder participation in sustainability initiatives

Continuous monitoring ensures that sustainability initiatives remain effective and aligned with institutional goals and global sustainability standards.



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